



Triathlon Sprint Insieme a Gianluca - AF  
Udine (UD), 22/07/2012



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	FATTORINI, SILVIA	S4	1	BRESSANONE NUOTO	01:21:35.20	00:13:56	1	1m 51s/100m	00:35:24	2	33.89 Km/h	00:32:15	4	6m 27s/Km
2	POLES, ORIETTA	M2	1	SILCA ULTRALITE	01:24:51.50	00:17:18	5	2m 18s/100m	00:38:17	6	31.34 Km/h	00:29:16	1	5m 51s/Km
3	ROSEANO, VANESSA	NC	1	CUS UDINE	01:25:53.90	00:14:54	2	1m 59s/100m	00:36:05	3	33.25 Km/h	00:34:54	8	6m 58s/Km
4	TOMAT, ERICA	S2	1	CUS UDINE	01:27:09.50	00:17:16	3	2m 18s/100m	00:38:14	5	31.38 Km/h	00:31:39	3	6m 19s/Km
5	FRESCHI, DEBORA	S4	2	CSA GORIZIA	01:28:08.70	00:23:40	9	3m 9.s/100m	00:34:56	1	34.35 Km/h	00:29:32	2	5m 54s/Km
6	TALOTTI, MARINA	M3	1	CUS UDINE	01:30:37.70	00:20:41	8	2m 45s/100m	00:37:17	4	32.18 Km/h	00:32:39	5	6m 31s/Km
7	DA ROS, FRANCESCA	M1	1	CUS UDINE	01:32:32.00	00:17:43	6	2m 21s/100m	00:42:03	8	28.53 Km/h	00:32:46	6	6m 33s/Km
8	NEGRI, LIANA	M1	2	CUS UDINE	01:36:41.40	00:17:17	4	2m 18s/100m	00:41:52	7	28.66 Km/h	00:37:32	9	7m 30s/Km
9	SIMONUTTI, LORENA	S3	1	CUS UDINE	01:37:27.80	00:17:43	7	2m 21s/100m	00:45:43	9	26.24 Km/h	00:34:01	7	6m 48s/Km