



Duathlon Sprint di Manerba - Femminile

Manerba del Garda (BS), 18/03/2012



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	BATTISTONI, ELISA	S3	1	FREEZONE	01:08:32.40	00.17.52	1	3m 34s/Km	00.40.31	2	29.61 Km/h	00.10.09	1	4m 3 s/Km
2	ROSSI, NADIA	S4	1	T.D. RIMINI	01:09:12.20	00.18.52	2	3m 46s/Km	00.39.30	1	30.37 Km/h	00.10.50	2	4m 19s/Km
3	GOLDONI, PAOLA	M2	1	DESENZANO TRIATHLON	01:12:39.00	00.19.30	5	3m 53s/Km	00.41.59	3	28.58 Km/h	00.11.10	3	4m 28s/Km
4	LAZZARO, ILENIA	S3	2	PADOVANUOTO DYNAMICA	01:14:26.50	00.20.36	7	4m 7 s/Km	00.42.23	6	28.31 Km/h	00.11.27	6	4m 34s/Km
5	COLETTI, IRENE	S3	3	POLISPORTIVA FOSSALT	01:14:52.10	00.20.58	9	4m 11s/Km	00.42.05	5	28.51 Km/h	00.11.49	8	4m 43s/Km
6	SIRONI, CRISTINA	S4	2	ROAD RUNNERS	01:15:16.80	00.19.21	3	3m 52s/Km	00.44.34	7	26.92 Km/h	00.11.21	5	4m 32s/Km
7	GABRIEL, GUNDULA	M2	2	FERRARA TRIATH	01:18:42.20	00.20.30	6	4m 5 s/Km	00.45.56	8	26.12 Km/h	00.12.16	12	4m 54s/Km
8	BARONCHELLI, VALENTINA	JU	1	PIANETA ACQUA	01:18:49.40	00.21.24	13	4m 16s/Km	00.46.11	9	25.98 Km/h	00.11.14	4	4m 29s/Km
9	MAIR, KATHIA	JU	2	ALTA PUSTERIA	01:19:56.60	00.21.19	10	4m 15s/Km	00.46.17	10	25.92 Km/h	00.12.20	13	4m 56s/Km
10	RAMPONI, GIULIA	S3	4	PADOVANUOTO DYNAMICA	01:20:51.20	00.21.19	11	4m 15s/Km	00.46.56	13	25.56 Km/h	00.12.36	15	5m 2 s/Km
11	SAVORANI, GIACINTA	M2	3	TRIATHLON FAENZA	01:22:25.20	00.22.04	15	4m 24s/Km	00.48.16	17	24.86 Km/h	00.12.05	11	4m 49s/Km
12	SECCO, MARIA	S3	5	G.S. MANERBA	01:22:38.60	00.22.07	17	4m 25s/Km	00.48.01	16	24.99 Km/h	00.12.30	14	5m 0 s/Km
13	MAULE, ROBERTA	S3	6	PESCHIERA TRI	01:23:26.40	00.21.24	12	4m 16s/Km	00.49.03	18	24.46 Km/h	00.12.59	16	5m 11s/Km
14	FERRARI, MONICA	M2	4	IRONWOMAN	01:24:49.20	00.23.28	21	4m 41s/Km	00.46.55	12	25.57 Km/h	00.14.26	21	5m 46s/Km
15	SALEMI, ANTONELLA	M2	5	IRONWOMAN	01:24:49.40	00.23.29	22	4m 41s/Km	00.46.54	11	25.58 Km/h	00.14.26	22	5m 46s/Km
16	MILEO, SARA	S4	3	RHO TRIATHLON CLUB	01:25:23.90	00.21.34	14	4m 18s/Km	00.51.49	20	23.15 Km/h	00.12.00	10	4m 47s/Km
17	DAVOLIO, MARIAGRAZIA	M3	1	GALILEO TRIATHLON	01:28:42.40	00.23.05	19	4m 36s/Km	00.52.31	21	22.84 Km/h	00.13.06	17	5m 14s/Km
18	CARFAGNA, ELVIRA	M3	2	DDS	01:30:03.30	00.23.16	20	4m 39s/Km	00.53.12	22	22.55 Km/h	00.13.35	18	5m 26s/Km
19	DI IORIO, FILOMENA MIL	S4	4	RHO TRIATHLON CLUB	01:36:05.10	00.25.07	24	5m 1 s/Km	00.56.20	25	21.30 Km/h	00.14.38	23	5m 51s/Km
20	SEMPREBON, LUISA	S4	5	IRONWOMAN	01:39:53.50	00.28.11	26	5m 38s/Km	00.54.45	23	21.91 Km/h	00.16.57	25	6m 46s/Km
21	PEDERZOLI, LAURA	S4	6	IRONWOMAN	01:39:54.50	00.28.08	25	5m 37s/Km	00.55.35	24	21.58 Km/h	00.16.11	24	6m 28s/Km
DNF	OLIVARI, NICOLE	-	0	A.S.D. TORINO TRIATH	DNF	00.22.05	16	--	-	-1	--	-	-1	--
DNS	PANZIRONI, PIA	-	0	PADOVANUOTO DYNAMICA	DNS	-	-1	--	-	-1	--	-	-1	--
Sq.	VALOTI, CRISTINA CAR	M1	0	PESCHIERA TRI	01:24:52.40	00.23.04	18	4m 36s/Km	00.47.41	15	25.16 Km/h	00.14.07	20	5m 38s/Km
Sq.	PIVETTA, DANIELA	M3	0	BRESSANONE NUOTO	01:18:00.70	00.19.30	4	3m 53s/Km	00.47.01	14	25.52 Km/h	00.11.29	7	4m 35s/Km
Sq.	AMBROSIO, LARA	M1	0	DESENZANO TRIATHLON	01:14:54.00	00.20.58	8	4m 11s/Km	00.42.00	4	28.57 Km/h	00.11.56	9	4m 46s/Km
Sq.	FAIDUTTI, CAMILLA	YB	0	UDINE TRIATHLON	01:28:36.70	00.24.32	23	4m 54s/Km	00.50.12	19	23.90 Km/h	00.13.52	19	5m 32s/Km