



# Triathlon Sprint di Tirrenia - Femminile

Tirrenia (PI), 29/04/2012



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	GRASSI, MYRIAM	JU	1	LA FENICE TRI	01:07:07.60	00:11:01	8	1m 28s/100m	00:35:31	9	33.78 Km/h	00:19:05	2	3m 49s/Km
2	GEMIGNANI, SILVIA	M1	1	DDS	01:07:30.80	00:10:28	1	1m 23s/100m	00:34:13	4	35.07 Km/h	00:21:21	10	4m 16s/Km
3	GIORGETTI, AMBRA	JU	2	LA FENICE TRI	01:07:45.10	00:10:47	6	1m 26s/100m	00:33:56	3	35.36 Km/h	00:21:36	11	4m 19s/Km
4	MENEGON, MICHELA	S4	1	FIRENZE TRI	01:08:15.10	00:10:46	5	1m 26s/100m	00:33:28	1	35.85 Km/h	00:21:53	12	4m 22s/Km
5	CAPONE, ALICE	S1	1	TRI TEAM SASSARI	01:08:17.50	00:13:06	16	1m 44s/100m	00:35:17	6	34.01 Km/h	00:18:17	1	3m 39s/Km
6	FINCATO, ALESSANDRA	YB	1	NUOTO LIVORNO 3	01:09:05.10	00:10:50	7	1m 26s/100m	00:35:42	11	33.61 Km/h	00:20:57	8	4m 11s/Km
7	INGLETTO, CHIARA	S2	1	FIRENZE TRI	01:09:27.70	00:11:18	11	1m 30s/100m	00:37:26	14	32.05 Km/h	00:19:06	3	3m 49s/Km
8	DE QUARTO, CHIARA	YB	2	A.S.MINERVA ROMA	01:10:00.80	-	-1	--	-	-1	--	01:10:00	36	--
9	ASCOLI, MANUELA	S4	2	A.S.MINERVA ROMA	01:10:23.60	00:12:17	13	1m 38s/100m	00:36:12	13	33.14 Km/h	00:20:12	5	4m 2 s/Km
10	BORSARI, MONICA	S2	2	G.S.PASTA GRANAROLO	01:11:03.60	00:12:45	14	1m 42s/100m	00:35:45	12	33.56 Km/h	00:20:53	7	4m 10s/Km
11	OLIVARI, NICOLE	YB	3	A.S.D. TORINO TRIATH	01:11:45.40	00:11:14	10	1m 29s/100m	00:35:29	8	33.81 Km/h	00:23:33	16	4m 42s/Km
12	MURA, MARIA ELENA	S3	1	TRI TEAM SASSARI	01:12:03.30	00:13:09	17	1m 45s/100m	00:35:21	7	33.94 Km/h	00:22:01	13	4m 24s/Km
13	BALESTRI, LINDA	JU	3	NUOTO LIVORNO 3	01:14:05.90	00:11:05	9	1m 28s/100m	00:37:42	15	31.83 Km/h	00:23:19	15	4m 39s/Km
14	GIGONI, ARIANNA	S2	3	FREESTYLE TRIATHLON	01:15:23.50	00:14:33	20	1m 56s/100m	00:38:08	19	31.46 Km/h	00:20:45	6	4m 9 s/Km
15	PAPINI, SARA	S3	2	ASD SPEZIA TRIATHLO	01:16:18.10	00:14:08	18	1m 53s/100m	00:38:14	20	31.38 Km/h	00:21:21	9	4m 16s/Km
16	SILEI, LAURA	S4	3	PERUGIA TRIATHLON	01:17:07.70	00:15:27	24	2m 3.s/100m	00:37:56	16	31.63 Km/h	00:22:09	14	4m 25s/Km
17	MARTINELLI, CAMILLA	S3	3	A.S. TRIATH OSTIA	01:18:20.50	00:12:47	15	1m 42s/100m	00:39:50	24	30.12 Km/h	00:23:56	17	4m 47s/Km
18	NURRA, VANIA	S4	4	FREE TRIATHLON	01:19:25.70	00:14:29	19	1m 55s/100m	00:38:04	18	31.52 Km/h	00:24:50	19	4m 58s/Km
19	CHESSA, ELEONORA	S3	4	TRI TEAM SASSARI	01:21:28.20	00:15:01	23	2m 0.s/100m	00:38:03	17	31.53 Km/h	00:26:13	24	5m 14s/Km
20	GENTILE, NELITA	M1	2	A.S. TRIATH OSTIA	01:23:15.10	00:16:40	30	2m 13s/100m	00:38:16	21	31.35 Km/h	00:26:00	22	5m 12s/Km
21	CASENTINI, SIMONA	M1	3	LUCCA TRIATHLON ASD	01:23:19.30	00:16:30	29	2m 12s/100m	00:38:23	22	31.26 Km/h	00:25:52	21	5m 10s/Km
22	GIUSTI, PAOLA	M4	1	LA FENICE TRI	01:24:09.80	00:15:56	26	2m 7.s/100m	00:38:28	23	31.19 Km/h	00:26:35	25	5m 18s/Km
23	CESARINI, NICOLETTA	M2	1	A.S. TRIATH OSTIA	01:24:52.30	00:15:39	25	2m 5.s/100m	00:40:32	25	29.60 Km/h	00:25:45	20	5m 9 s/Km
24	BIENTINESI, FRANCESCA	S1	2	FREESTYLE TRIATHLON	01:28:18.40	00:14:44	21	1m 57s/100m	00:41:41	26	28.78 Km/h	00:29:16	31	5m 51s/Km
25	MURA, SILVIA RITA	S3	5	TRI TEAM SASSARI	01:28:42.90	00:14:50	22	1m 58s/100m	00:43:37	29	27.51 Km/h	00:27:40	30	5m 31s/Km
26	SCHIAVINA, ELENA	S2	4	TRI TEAM SASSARI	01:28:49.40	00:15:58	27	2m 7.s/100m	00:42:57	28	27.93 Km/h	00:27:34	29	5m 30s/Km
27	MICHELINI, LAURA	S2	5	TRI GENOVA	01:28:49.80	00:16:10	28	2m 9.s/100m	00:42:43	27	28.09 Km/h	00:27:13	27	5m 26s/Km
28	BUFFOLINO, GIULIA	S1	3	FREESTYLE TRIATHLON	01:31:16.10	00:18:17	33	2m 26s/100m	00:44:56	36	26.70 Km/h	00:26:12	23	5m 14s/Km
29	PETRACCHI, LAURA	M2	2	FREESTYLE TRIATHLON	01:32:43.10	00:19:15	35	2m 34s/100m	00:44:13	32	27.13 Km/h	00:27:13	28	5m 26s/Km
30	TOSI, FRANCA	M2	3	LUCCA TRIATHLON ASD	01:32:57.40	00:20:56	37	2m 47s/100m	00:44:53	35	26.73 Km/h	00:24:09	18	4m 49s/Km
31	DELLA TORRE, CLAUDIA	M2	4	RHO TRIATHLON CLUB	01:33:21.60	00:20:22	36	2m 42s/100m	00:43:59	31	27.28 Km/h	00:26:38	26	5m 19s/Km
32	BOTTONI, ROSANNA	M3	1	1A MISTRAL TRIATHLON	01:33:30.40	00:16:59	31	2m 15s/100m	00:43:46	30	27.41 Km/h	00:30:08	32	6m 1 s/Km
33	VIERI, YLENIA	S4	5	VIS CORTONA	01:38:08.00	00:17:23	32	2m 19s/100m	00:44:52	34	26.74 Km/h	00:32:18	35	6m 27s/Km
34	CODA, LOREDANA	M1	4	SBR 3	01:38:46.60	00:18:49	34	2m 30s/100m	00:44:50	33	26.76 Km/h	00:32:04	33	6m 24s/Km
35	BENDINELLI, MARIA	M4	2	FIRENZE TRI	01:57:42.00	00:26:49	38	3m 34s/100m	00:51:32	37	23.28 Km/h	00:32:15	34	6m 27s/Km
DNF	ROSSI, FRANCESCA	-	0	FORHANS TEAM	DNF	00:10:45	3	--	00:34:44	5	--	-	-1	--
DNF	FIORAVANTI, ILARIA	-	0	A.S.MINERVA ROMA	DNF	00:11:25	12	--	-	-1	--	-	-1	--
DNS	GOLLINI, PATRIZIA	-	0	SURFING SHOP TRIATHL	DNS	-	-1	--	-	-1	--	-	-1	--



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DNS	BERRETTA, LAURA	-	0	FORHANS TEAM	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	MORI, SIMONETTA	-	0	ASD SPEZIA TRIATHLO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	ARPINELLI, LAVINIA	-	0	A.S.MINERVA ROMA	DNS	-	-1	--	-	-1	--	-	-1	--
Sq.	LITWIN, AGATA	S1	0	POL	01:05:21.50	00:10:44	2	1m 25s/100m	00:33:55	2	35.38 Km/h	00:19:11	4	3m 50s/Km
Sq.	KRZEMINSKA, MARIOLA	-	0	POL	DNF	00:10:46	4	--	00:35:35	10	--	-	-1	--