



Aquathlon Super Sprint Vallecrosia - Giovani Femminile

Vallecrosia (IM), 03/09/2011



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Swim	Pos	Media	Run	Pos	Media
1	CAPROTTI, SOFIA	CU	1	TRIATHLON TEAM BRIANZA	00:04:11.10	00.00.35	1	0m 23s/Km	00.02.19	1	0m 18s/100m	00.00.47	1	0m 47s/Km
2	PASSERINI, ARIANNA	CU	2	ASD CNM TRIATHLON	00:04:45.30	00.00.37	2	0m 24s/Km	00.02.34	2	0m 20s/100m	00.01.04	2	1m 3 s/Km
3	PITONZO, VERONICA	ES	1	ASD CNM TRIATHLON	00:06:54.90	00.01.21	4	0m 54s/Km	00.03.28	3	0m 27s/100m	00.01.35	3	1m 34s/Km
4	VAGHI, VALERIA	ES	2	FRIESIAN TEAM	00:06:59.30	00.01.19	3	0m 52s/Km	00.03.37	7	0m 28s/100m	00.01.40	4	1m 40s/Km
5	MAFFIO, MARIAGIULIA	ES	3	ASD CNM TRIATHLON	00:07:48.00	00.01.35	6	1m 3 s/Km	00.03.36	6	0m 28s/100m	00.01.53	5	1m 52s/Km
6	PRATO, LORENZA	ES	4	TRIATHLON BORDIGHERA	00:07:55.10	00.01.38	7	1m 5 s/Km	00.03.34	5	0m 28s/100m	00.01.58	6	1m 57s/Km
7	TAVERNA, BEATRICE	RA	1	FRIESIAN TEAM	00:10:08.50	00.02.58	8	1m 58s/Km	00.03.28	4	0m 27s/100m	00.03.11	7	3m 10s/Km
8	REVELLI, VERONICA	RA	2	RIVTRI92	00:11:17.70	00.02.59	9	1m 59s/Km	00.03.59	9	0m 31s/100m	00.03.46	8	3m 46s/Km
9	ROLLO, ELIZABETH	RA	3	RIVTRI92	00:11:44.10	00.03.11	11	2m 7 s/Km	00.04.05	10	0m 32s/100m	00.04.11	11	4m 11s/Km
10	BOERI, ELISA	RA	4	FRIESIAN TEAM	00:12:02.50	00.03.21	13	2m 14s/Km	00.04.07	11	0m 32s/100m	00.04.04	10	4m 3 s/Km
11	D'URBANO, VALERIA	RA	5	DORIA NUOTO LOANO	00:13:09.30	00.03.07	10	2m 4 s/Km	00.03.51	8	0m 30s/100m	00.05.39	17	5m 39s/Km
12	BISESI, JENNY	RA	6	DORIA NUOTO LOANO	00:13:42.30	00.03.20	12	2m 13s/Km	00.04.15	12	0m 34s/100m	00.05.14	15	5m 14s/Km
13	CANNEVA, CECILIA	YA	1	DORIA NUOTO LOANO	00:13:58.10	00.03.32	14	2m 21s/Km	00.05.53	14	0m 47s/100m	00.04.02	9	4m 1 s/Km
14	CAPOZUCCA, LARA	YA	2	RIVTRI92	00:16:12.20	00.03.48	17	2m 31s/Km	00.07.23	15	0m 59s/100m	00.04.48	13	4m 47s/Km
15	LENZI, VALENTINA	YB	1	DORIA NUOTO LOANO	00:17:05.40	00.03.47	16	2m 31s/Km	00.07.32	16	1m 0 s/100m	00.05.03	14	5m 2 s/Km
16	ADAMI, GIORGIA	YA	3	RIVTRI92	00:17:26.20	00.03.37	15	2m 24s/Km	00.09.03	18	1m 12s/100m	00.04.18	12	4m 17s/Km
17	GIANGOLINI, MARTINA	YA	4	FRIESIAN TEAM	00:18:19.40	00.04.09	18	2m 46s/Km	00.08.11	17	1m 5 s/100m	00.05.26	16	5m 26s/Km
DNF	PROTA, VERONICA	-	0	DORIA NUOTO LOANO	DNF	00.01.35	5	--	00.04.16	13	--	-	-1	--
DNS	GIRARDI, FABIANA	-	0	TRIATHLON BORDIGHERA	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	VAGHI, VALERIA	-	0	FRIESIAN TEAM	DNS	-	-1	--	-	-1	--	-	-1	--