



XtriM Triathlon - Femminile
Lago dei 3 Comuni (UD), 17/07/2011



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	FEDELI, ROBERTA	M1	1	TRI.RN.MAROSTICA	03:02:43.40	00.24.01	1	1m 36s/100m	01.45.35	2	22.73 Km/h	00.53.07	2	5m 18s/Km
2	OBLAK, KARLA	S2	1	TK LJUBLJANA	03:05:40.90	00.28.12	9	1m 52s/100m	01.43.48	1	23.12 Km/h	00.53.40	3	5m 21s/Km
3	INGLETTO, CHIARA	EL	1	FIRENZE TRI	03:07:49.80	00.24.27	2	1m 37s/100m	01.48.30	3	22.11 Km/h	00.54.52	5	5m 29s/Km
4	NONINO, ANNA	S3	1	UDINE TRIATHLON	03:10:00.80	00.30.04	10	2m 0.s/100m	01.48.32	4	22.11 Km/h	00.51.24	1	5m 8 s/Km
5	GIAMPIERETTI, FEDERICA	S2	2	UDINE TRIATHLON	03:17:08.10	00.24.54	3	1m 39s/100m	01.57.57	7	20.34 Km/h	00.54.17	4	5m 25s/Km
6	PETRI, ELISA	S4	1	CSA GORIZIA	03:23:59.30	00.27.16	7	1m 49s/100m	01.54.12	5	21.01 Km/h	01.02.31	8	6m 15s/Km
7	BONFRESCHI, PAOLA	M1	2	AVIA PERVIA	03:26:24.40	00.26.03	4	1m 44s/100m	02.00.21	9	19.94 Km/h	01.00.00	6	6m 0 s/Km
8	ASSIRELLI, CLAUDIA	M2	1	SURFING SHOP TRIATHL	03:31:49.10	00.27.25	8	1m 49s/100m	02.00.17	8	19.95 Km/h	01.04.07	9	6m 24s/Km
9	SECCO, MARIA	S3	2	A3	03:40:19.00	00.31.42	11	2m 6.s/100m	02.08.12	10	18.72 Km/h	01.00.25	7	6m 2 s/Km
10	BORGHESE, ELENA	M2	2	UDINE TRIATHLON	03:48:27.50	00.27.12	6	1m 48s/100m	02.10.12	11	18.43 Km/h	01.11.03	10	7m 6 s/Km
11	SFRISO, CLAUDIA	S3	3	A.S. DELFINO	04:20:24.40	00.41.55	13	2m 47s/100m	02.22.14	12	16.87 Km/h	01.16.15	12	7m 37s/Km
12	CAVEZZALI, ANNA	M1	3	CUS UDINE	04:20:49.00	00.32.14	12	2m 8.s/100m	02.33.31	13	15.63 Km/h	01.15.04	11	7m 30s/Km
DNF	BOIFAVA, ALESSANDRA	-	0	TRI.RN.MAROSTICA	DNF	00.26.42	5	--	01.56.18	6	--	-	-1	--