



Triathlon Sprint di Roma Eur - Femminile

Roma (RM), 05/06/2011



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	ASCOLI, MANUELA	S4	1	A.S.MINERVA ROMA	01:05:18.60	00:11:58.02	12	1m 35s/100m	00:33:50.30	30	35.46 Km/h	00:18:23.40	40	3m 40s/Km
2	ROSSI, FRANCESCA	EL	1	FORHANS TEAM	01:05:30.70	00:10:40.12	12	1m 25s/100m	00:33:02.40	40	36.32 Km/h	00:20:43.80	30	4m 8 s/Km
3	INGLETTO, CHIARA	EL	2	FIRENZE TRI	01:07:16.60	00:12:13.02	02	1m 37s/100m	00:34:02.50	50	35.25 Km/h	00:19:35.10	10	3m 54s/Km
4	DE QUARTO, CHIARA	YB	1	A.S.MINERVA ROMA	01:08:17.10	00:12:00.56	56	1m 36s/100m	00:33:43.50	50	35.59 Km/h	00:21:25.70	00	4m 16s/Km
5	CASCIOTTI, MARIA	S2	1	A.S.MINERVA ROMA	01:09:01.10	00:11:58.78	78	1m 35s/100m	00:35:53.90	90	33.44 Km/h	00:20:04.70	70	4m 0 s/Km
6	FIORAVANTI, ILARIA	YB	2	LA FENICE TRI	01:09:20.50	00:12:06.26	26	1m 36s/100m	00:35:44.50	50	33.58 Km/h	00:20:17.30	30	4m 3 s/Km
7	BUGGINI, IRENE	S3	1	A.S. TRIATH OSTIA	01:09:45.40	00:12:26.08	08	1m 39s/100m	00:35:21.06	06	33.94 Km/h	00:20:48.30	30	4m 9 s/Km
8	VITALI, CLEMENTINA	YB	3	GREEN HILL	01:10:05.50	00:12:02.59	59	1m 36s/100m	00:36:15.20	00	33.10 Km/h	00:20:47.20	20	4m 9 s/Km
9	BRAMBILLE, VERONICA	S3	2	OLIMPIA TRIATHLON AS	01:11:59.80	00:13:22.10	10	1m 46s/100m	00:35:35.10	10	33.72 Km/h	00:21:41.90	02	4m 20s/Km
10	SILEI, LAURA	S3	3	TRIATHLON TRASIMENO	01:12:54.40	00:15:59.46	5	2m 7.s/100m	00:34:39.56	56	34.63 Km/h	00:20:48.00	00	4m 9 s/Km
11	FALASCHI, ROBERTA	M1	1	OLIMPIA TRIATHLON AS	01:15:20.40	00:13:55.40	1	1m 51s/100m	00:38:19.90	03	31.31 Km/h	00:20:57.30	30	4m 11s/Km
12	CAPANNINI, CHIARA	S2	2	FIRENZE TRI	01:16:36.40	00:13:52.08	08	1m 50s/100m	00:36:56.00	1	32.49 Km/h	00:23:58.30	04	4m 47s/Km
13	SOSSI, RAFFAELLA	M1	2	S.S.LAZIO	01:18:19.20	00:15:00.55	52	2m 0.s/100m	00:37:12.10	02	32.25 Km/h	00:23:54.10	03	4m 46s/Km
14	SERVADEI, NADIA	S3	4	A.S. TRIATH OSTIA	01:21:40.80	00:17:33.74	7	2m 20s/100m	00:40:23.50	04	29.71 Km/h	00:21:32.90	01	4m 18s/Km
15	CESARINI, NICOLETTA	M2	1	A.S. TRIATH OSTIA	01:22:14.80	00:15:01.54	4	2m 0.s/100m	00:41:18.70	07	29.05 Km/h	00:24:14.20	06	4m 50s/Km
16	PIZZI, MARIA ALESSANDRA	M2	2	DUE PONTI	01:22:17.60	00:15:01.42	3	2m 0.s/100m	00:40:57.30	06	29.30 Km/h	00:24:10.90	05	4m 49s/Km
17	TIEZZI, SILVIA	S3	5	FIRENZE TRI	01:27:59.50	00:17:31.12	6	2m 20s/100m	00:40:36.20	05	29.55 Km/h	00:27:57.50	07	5m 35s/Km
18	FIorentini, PATRIZIA	M2	3	A.S. TRIATH OSTIA	01:36:36.70	00:21:35.39	8	2m 52s/100m	00:44:27.50	08	26.99 Km/h	00:28:12.70	08	5m 38s/Km
DNS	PUGLIESE, CECILIA	-	0	TORRINO TRI TEAM	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CAPPUCCINI, VALENTINA	-	0	DUE PONTI	DNS	-	-1	--	-	-1	--	-	-1	--