



Triathlon Sprint di Trevignano - Femminile

Trevignano Romano (RM), 08/05/2011



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	PETRINI, ELENA MARIA	JU	1	T.D. RIMINI	00:55:59.20	00.08.36	1	1m 8.s/100m	00.29.59	1	40.02 Km/h	00.17.24	1	3m 28s/Km
2	CIBIN, MONICA	S4	1	FORHANS TEAM	00:58:41.10	00.09.29	4	1m 15s/100m	00.31.33	3	38.03 Km/h	00.17.39	2	3m 31s/Km
3	ROSSI, FRANCESCA	S3	1	FORHANS TEAM	00:59:31.50	00.08.37	2	1m 8.s/100m	00.30.02	2	39.95 Km/h	00.20.52	15	4m 10s/Km
4	GRASSI, MYRIAM	YB	1	LA FENICE TRI	01:00:16.20	00.09.35	6	1m 16s/100m	00.31.39	4	37.91 Km/h	00.19.02	5	3m 48s/Km
5	ASCOLI, MANUELA	S4	2	A.S.MINERVA ROMA	01:02:10.70	00.10.15	10	1m 22s/100m	00.33.01	6	36.34 Km/h	00.18.54	4	3m 46s/Km
6	MARINELLI, FRANCESCA	JU	2	GREEN HILL	01:02:36.50	00.09.31	5	1m 16s/100m	00.33.30	7	35.82 Km/h	00.19.35	8	3m 54s/Km
7	VITALI, CLEMENTINA	YB	2	GREEN HILL	01:02:50.40	00.10.24	12	1m 23s/100m	00.32.46	5	36.62 Km/h	00.19.40	9	3m 55s/Km
8	INGLETTO, CHIARA	S2	1	FIRENZE TRI	01:03:23.40	00.10.25	14	1m 23s/100m	00.34.08	10	35.15 Km/h	00.18.50	3	3m 46s/Km
9	OLIVARI, NICOLE	YB	3	A.S.D. TORINO TRIATH	01:04:50.20	00.09.07	3	1m 12s/100m	00.34.00	9	35.29 Km/h	00.21.43	20	4m 20s/Km
10	BUGGINI, IRENE	S3	2	A.S. TRIATH OSTIA	01:04:53.50	00.11.12	17	1m 29s/100m	00.34.20	12	34.95 Km/h	00.19.21	7	3m 52s/Km
11	FIORAVANTI, ILARIA	YB	4	LA FENICE TRI	01:05:20.30	00.10.24	13	1m 23s/100m	00.35.09	14	34.13 Km/h	00.19.47	10	3m 57s/Km
12	CALVETTI, FRANCESCA	S2	2	FORHANS TEAM	01:05:42.70	00.10.16	11	1m 22s/100m	00.34.20	11	34.95 Km/h	00.21.06	17	4m 13s/Km
13	BRUNELLI, ALESSANDRA	M2	1	FORHANS TEAM	01:05:54.50	00.11.40	18	1m 33s/100m	00.33.53	8	35.41 Km/h	00.20.21	13	4m 4 s/Km
14	CASCIOTTI, MARIA	S2	3	A.S.MINERVA ROMA	01:06:46.00	00.10.14	9	1m 21s/100m	00.36.04	16	33.27 Km/h	00.20.28	14	4m 5 s/Km
15	FALASCHI, ROBERTA	M1	1	OLIMPIA TRIATHLON AS	01:07:53.20	00.10.55	16	1m 27s/100m	00.37.09	20	32.30 Km/h	00.19.49	11	3m 57s/Km
16	PACCA, STEFANIA	M2	2	S.S.LAZIO	01:08:20.00	00.12.55	23	1m 43s/100m	00.35.25	15	33.88 Km/h	00.20.00	12	4m 0 s/Km
17	BRAMBILLE, VERONICA	S3	3	OLIMPIA TRIATHLON AS	01:09:12.40	00.10.54	15	1m 27s/100m	00.34.40	13	34.61 Km/h	00.23.38	25	4m 43s/Km
18	DI VITA, LUISA	M1	2	C.C. ANIENE	01:09:46.00	00.11.42	19	1m 33s/100m	00.38.58	25	30.79 Km/h	00.19.06	6	3m 49s/Km
19	MARTELLA, COSTANZA	JU	3	A.S.MINERVA ROMA	01:11:23.50	00.09.45	7	1m 18s/100m	00.36.34	18	32.81 Km/h	00.25.04	31	5m 0 s/Km
20	CARBOTTI, SABINA	M2	3	C.C. ANIENE	01:12:43.20	00.13.57	27	1m 51s/100m	00.36.16	17	33.08 Km/h	00.22.30	23	4m 30s/Km
21	TIEZZI, SILVIA	S3	4	FIRENZE TRI	01:12:54.60	00.14.31	29	1m 56s/100m	00.36.59	19	32.44 Km/h	00.21.24	19	4m 16s/Km
22	BALDASSARI, FRANCESCA	S3	5	TRIATHLON GROSSETO A	01:12:58.00	00.12.08	20	1m 37s/100m	00.39.32	27	30.35 Km/h	00.21.18	18	4m 15s/Km
23	MELE, RAFFAELLA	M1	3	FORHANS TEAM	01:13:20.60	00.13.16	24	1m 46s/100m	00.38.12	22	31.41 Km/h	00.21.52	21	4m 22s/Km
24	CAPANNINI, CHIARA	S2	4	FIRENZE TRI	01:14:39.40	00.12.14	21	1m 37s/100m	00.38.06	21	31.49 Km/h	00.24.19	28	4m 51s/Km
25	SOSSI, RAFFAELLA	M1	4	S.S.LAZIO	01:15:08.40	00.13.25	25	1m 47s/100m	00.38.27	24	31.20 Km/h	00.23.16	24	4m 39s/Km
26	AZZARO, FRANCESCA	S4	3	FORHANS TEAM	01:15:23.00	00.15.04	30	2m 0.s/100m	00.39.19	26	30.52 Km/h	00.21.00	16	4m 12s/Km
27	CESARINI, NICOLETTA	M2	4	A.S. TRIATH OSTIA	01:15:41.50	00.12.16	22	1m 38s/100m	00.39.33	28	30.34 Km/h	00.23.52	26	4m 46s/Km
28	VERDE, DARIA	S3	6	ERMES CAMPANIA	01:17:16.40	00.14.22	28	1m 54s/100m	00.38.18	23	31.33 Km/h	00.24.36	29	4m 55s/Km
29	MIGNOGNA, MARIA GRAZIA	M2	5	FORHANS TEAM	01:18:27.20	00.15.52	31	2m 6.s/100m	00.40.30	30	29.62 Km/h	00.22.05	22	4m 25s/Km
30	PIZZI, MARIA ALESSANDRA	M2	6	DUE PONTI	01:20:13.30	00.13.34	26	1m 48s/100m	00.42.41	31	28.11 Km/h	00.23.58	27	4m 47s/Km
31	MORESCHINI, CHIARA	S2	5	METALROOF	01:24:45.50	00.16.50	32	2m 14s/100m	00.40.20	29	29.75 Km/h	00.27.35	33	5m 30s/Km
32	SAPIENZA, ANNA	M1	5	MULTISPORT CATANIA	01:27:35.90	00.18.10	33	2m 25s/100m	00.44.18	33	27.08 Km/h	00.25.07	32	5m 1 s/Km
33	CAPPUCCINI, VALENTINA	S4	4	DUE PONTI	01:27:35.90	00.18.51	35	2m 30s/100m	00.43.45	32	27.42 Km/h	00.24.59	30	4m 59s/Km
34	FIorentini, PATRIZIA	M2	7	A.S. TRIATH OSTIA	01:35:13.00	00.18.18	34	2m 26s/100m	00.47.28	34	25.28 Km/h	00.29.27	34	5m 53s/Km
DNF	DE QUARTO, CHIARA	-	0	A.S.MINERVA ROMA	DNF	00.10.08	8	--	00.51.33	35	--	-	-1	--
DNS	PAPALINI, ALESSIA	-	0	CUS PARMA MEDEL	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	BENDINELLI, MARIA	-	0	FIRENZE TRI	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	LAMELZA, MARINA	-	0	FORHANS TEAM	DNS	-	-1	--	-	-1	--	-	-1	--



Triathlon Sprint di Trevignano - Femminile
Trevignano Romano (RM), 08/05/2011



DNS	D'ALOI, TIZIANA	-	0	FORHANS TEAM	DNS	-	-1	--	-	-1	--	-	-1	--
-----	-----------------	---	---	--------------	-----	---	----	----	---	----	----	---	----	----