



Triathlon Sprint Città di Capalbìo - Femminile
Capalbìo (GR), 17/04/2011



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	OLIVARI, NICOLE	YB	1	A.S.D. TORINO TRIATH	01:08:27.10	00.10.32	2	1m 24s/100m	00.35.25	2	33.88 Km/h	00.20.38	4	4m 7 s/Km
2	FASCETTI, SVEVA	YB	2	A.S.MINERVA ROMA	01:09:01.30	00.11.24	3	1m 31s/100m	00.36.05	5	33.25 Km/h	00.19.24	1	3m 52s/Km
3	CONTORNI, MARTINA	S1	1	FORHANS TEAM	01:09:44.40	00.11.41	5	1m 33s/100m	00.35.59	3	33.34 Km/h	00.19.57	3	3m 59s/Km
4	DE QUARTO, CHIARA	YB	3	A.S.MINERVA ROMA	01:10:29.10	00.11.36	4	1m 32s/100m	00.36.05	4	33.25 Km/h	00.20.40	5	4m 8 s/Km
5	BUGGINI, IRENE	S3	1	A.S. TRIATH OSTIA	01:10:42.90	00.12.37	8	1m 40s/100m	00.36.20	6	33.02 Km/h	00.19.38	2	3m 55s/Km
6	GIORGETTI, AMBRA	JU	1	LA FENICE TRI	01:14:19.50	00.10.27	1	1m 23s/100m	00.38.48	11	30.92 Km/h	00.22.46	9	4m 33s/Km
7	BALLONI, SARA	S2	1	TEAM MARBLEMAN	01:14:36.70	00.12.00	6	1m 36s/100m	00.36.59	7	32.44 Km/h	00.22.57	10	4m 35s/Km
8	FIORAVANTI, ILARIA	YB	4	LA FENICE TRI	01:14:44.40	00.12.05	7	1m 36s/100m	00.38.54	12	30.84 Km/h	00.21.17	7	4m 15s/Km
9	BRAMBILLE, VERONICA	S3	2	OLIMPIA TRIATHLON AS	01:16:12.80	00.12.45	9	1m 42s/100m	00.37.23	8	32.09 Km/h	00.23.25	11	4m 41s/Km
10	SILEI, LAURA	S3	3	TRIATHLON TRASIMENO	01:17:05.10	00.17.10	16	2m 17s/100m	00.34.35	1	34.69 Km/h	00.22.02	8	4m 24s/Km
11	BALDASSARI, FRANCESCA	S3	4	TRIATHLON GROSSETO A	01:17:25.10	00.14.13	11	1m 53s/100m	00.38.41	10	31.02 Km/h	00.21.17	6	4m 15s/Km
12	POLI, FRANCESCA	S2	2	SOCIETA NUOTO CASTI	01:19:52.20	00.14.12	10	1m 53s/100m	00.38.30	9	31.16 Km/h	00.23.29	12	4m 41s/Km
13	CESARINI, NICOLETTA	M2	1	A.S. TRIATH OSTIA	01:22:54.30	00.14.29	12	1m 55s/100m	00.40.08	13	29.90 Km/h	00.24.36	13	4m 55s/Km
14	MINUCCI, SERENA	S2	3	ASD PROMOSPORT G.S.	01:27:05.90	00.16.38	14	2m 13s/100m	00.41.58	16	28.59 Km/h	00.25.20	14	5m 3 s/Km
15	DE PRETO, ELENA MARIA ADELAIDE	M2	2	TRIATHLONLECCO	01:27:35.70	00.16.44	15	2m 13s/100m	00.40.18	14	29.77 Km/h	00.26.20	15	5m 15s/Km
16	BOTTONI, ROSANNA	M3	1	1A MISTRAL TRIATHLON	01:29:01.70	00.16.37	13	2m 12s/100m	00.40.46	15	29.43 Km/h	00.27.39	16	5m 31s/Km
17	FIorentini, PATRIZIA	M2	3	A.S. TRIATH OSTIA	01:46:48.60	00.21.53	17	2m 55s/100m	00.47.34	17	25.22 Km/h	00.31.29	17	6m 17s/Km
DNS	INGROSSO, MARIA RAFFAELLA	-	0	SOCIETA NUOTO CASTI	DNS	-	-1	--	-	-1	--	-	-1	--