



Duathlon Sprint di Arcugnano - Femminile

Arcugnano (VI), 13/03/2011



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	SIMIC, MATEJA	S3	1	TRIATHLON CREMONA ST	01:04:12.10	00:17.29	1	3m 29s/Km	00:36.31	3	32.86 Km/h	00:09.18	1	3m 43s/Km
2	SELLA, MARIA ALFONS	S3	2	T.D. RIMINI	01:04:26.10	00:17.29	2	3m 29s/Km	00:36.27	2	32.92 Km/h	00:09.36	2	3m 50s/Km
3	SANTIMARIA, MARGIE	S1	1	G.S. FF.OO.	01:05:26.50	00:18.42	9	3m 44s/Km	00:35.21	1	33.94 Km/h	00:10.27	8	4m 10s/Km
4	CAPONE, ALICE	S1	2	FORHANS TEAM	01:06:17.30	00:17.34	3	3m 30s/Km	00:38.06	6	31.49 Km/h	00:09.41	4	3m 52s/Km
5	PETRINI, ELENA MARIA	JU	1	T.D. RIMINI	01:06:18.70	00:18.08	7	3m 37s/Km	00:37.34	5	31.94 Km/h	00:09.36	3	3m 50s/Km
6	PRIARONE, GIORGIA	JU	2	A.S. VIRTUS	01:06:20.70	00:18.08	6	3m 37s/Km	00:37.32	4	31.97 Km/h	00:09.45	5	3m 53s/Km
7	GRASSI, MYRIAM	YB	1	LA FENICE TRI	01:08:42.50	00:18.50	10	3m 46s/Km	00:38.25	7	31.23 Km/h	00:10.33	10	4m 13s/Km
8	DOSSENA, SARA	S2	1	PEPERONCINO TEAM	01:09:20.00	00:18.06	4	3m 37s/Km	00:40.14	18	29.82 Km/h	00:10.01	6	4m 0 s/Km
9	GIUSSANI, ALEXA	S1	3	ATLBELLINZAGO	01:09:28.30	00:18.26	8	3m 41s/Km	00:39.51	13	30.11 Km/h	00:10.10	7	4m 3 s/Km
10	CIBIN, MONICA	S4	1	FORHANS TEAM	01:10:16.60	00:18.08	5	3m 37s/Km	00:39.51	12	30.11 Km/h	00:10.43	13	4m 17s/Km
11	BATTISTONI, ELISA	S3	3	FREEZONE	01:10:23.60	00:18.52	12	3m 46s/Km	00:39.58	14	30.02 Km/h	00:10.32	9	4m 12s/Km
12	CURRIDORI, ELISABETTA	S1	4	FORHANS TEAM	01:10:43.20	00:19.25	13	3m 52s/Km	00:39.28	9	30.40 Km/h	00:10.40	12	4m 15s/Km
13	VENTURA, IRMA	S3	4	FREEZONE	01:11:07.40	00:19.44	14	3m 56s/Km	00:39.28	11	30.40 Km/h	00:10.49	14	4m 19s/Km
14	TITONE, ILARIA	JU	3	A.S.D. TORINO TRIATH	01:11:08.40	00:19.50	17	3m 58s/Km	00:39.28	8	30.40 Km/h	00:10.54	17	4m 21s/Km
15	ROSSI, NADIA	S4	2	T.D. RIMINI	01:11:21.50	00:19.47	16	3m 57s/Km	00:39.28	10	30.40 Km/h	00:11.00	20	4m 24s/Km
16	DORSI, PATRIZIA	S4	3	PIACENZA TRI VIVO	01:13:01.20	00:20.08	19	4m 1 s/Km	00:40.28	19	29.65 Km/h	00:10.55	18	4m 21s/Km
17	GELMINI, LILLI	YB	2	ALTA PUSTERIA	01:13:40.90	00:20.27	22	4m 5 s/Km	00:41.11	21	29.13 Km/h	00:11.02	21	4m 24s/Km
18	SERENA, ANGELA	S3	5	FREEZONE	01:13:46.90	00:19.45	15	3m 57s/Km	00:42.18	27	28.36 Km/h	00:10.35	11	4m 14s/Km
19	MURA, MARIA ELENA	S2	2	TRI TEAM SASSARI	01:13:58.20	00:20.53	28	4m 10s/Km	00:40.30	20	29.62 Km/h	00:11.18	24	4m 31s/Km
20	BARUCCI, LARA	S1	5	T.D. RIMINI	01:14:16.90	00:20.58	29	4m 11s/Km	00:41.30	23	28.91 Km/h	00:10.51	16	4m 20s/Km
21	DESIDERA', LISA	S4	4	LIGER TEAM KEYLINE	01:14:22.30	00:21.53	38	4m 22s/Km	00:40.13	16	29.83 Km/h	00:10.59	19	4m 23s/Km
22	BESENZON, RAFFAELLA	M1	1	PADOVANUOTO TRI	01:14:27.60	00:20.25	21	4m 4 s/Km	00:41.27	22	28.95 Km/h	00:11.13	23	4m 29s/Km
23	CAMERA, TEODOLINDA	JU	4	A.S. VIRTUS	01:14:37.60	00:20.24	20	4m 4 s/Km	00:42.11	26	28.44 Km/h	00:11.09	22	4m 27s/Km
24	PAPAI, SARA	YB	3	CUS UDINE	01:15:13.20	00:20.28	23	4m 5 s/Km	00:41.56	25	28.61 Km/h	00:11.49	30	4m 43s/Km
25	CAVALLINI, ELENA	S1	6	T.D. RIMINI	01:15:21.10	00:20.36	26	4m 7 s/Km	00:42.49	30	28.02 Km/h	00:11.23	25	4m 33s/Km
26	LAZZARO, ILENIA	S3	6	PADOVANUOTO TRI	01:15:40.30	00:21.55	40	4m 23s/Km	00:40.03	15	29.96 Km/h	00:12.04	34	4m 49s/Km
27	ZACCARDI, SIMONA	M1	2	T.D. RIMINI	01:15:54.90	00:20.31	24	4m 6 s/Km	00:42.20	28	28.34 Km/h	00:11.40	29	4m 40s/Km
28	CRETU, ANA MARIA	S2	3	ATLBELLINZAGO	01:16:02.80	00:19.51	18	3m 58s/Km	00:43.58	34	27.29 Km/h	00:10.50	15	4m 19s/Km
29	CAUZ, FRANCESCA	JU	5	FREETIME TRIATHLON	01:16:10.00	00:21.30	37	4m 17s/Km	00:40.14	17	29.82 Km/h	00:12.54	47	5m 9 s/Km
30	ROSI, STEFANIA	S3	7	TRIATHLON PAVESE	01:17:09.10	00:21.29	33	4m 17s/Km	00:41.53	24	28.65 Km/h	00:12.00	33	4m 47s/Km
31	NONINO, ANNA	S3	8	UDINE TRIATHLON	01:18:04.00	00:20.53	27	4m 10s/Km	00:44.08	36	27.19 Km/h	00:11.35	28	4m 38s/Km
32	STOLFI, SILVIA	S1	7	CUS PARMA MEDEL	01:18:32.40	00:21.29	34	4m 17s/Km	00:42.42	29	28.10 Km/h	00:12.30	43	5m 0 s/Km
33	TOLLUMI, ANA	S3	9	T.D. RIMINI	01:18:47.60	00:21.30	35	4m 17s/Km	00:43.21	31	27.68 Km/h	00:11.31	27	4m 36s/Km
34	OLIVARI, NICOLE	YB	4	A.S.D. TORINO TRIATH	01:19:05.80	00:22.15	44	4m 27s/Km	00:43.33	32	27.55 Km/h	00:12.12	36	4m 52s/Km
35	OROPEZA, MARIELA	M1	3	PROTEKTRIATHRHO	01:19:13.50	00:22.13	43	4m 26s/Km	00:43.37	33	27.51 Km/h	00:12.19	40	4m 55s/Km
36	CARULLO, PAMELA	S2	4	ASD POLETTI	01:19:27.90	00:21.29	32	4m 17s/Km	00:44.16	38	27.10 Km/h	00:12.11	35	4m 52s/Km
37	BERARDINO, DORIS	M1	4	ASD POLETTI	01:21:07.90	00:22.35	46	4m 30s/Km	00:44.17	39	27.09 Km/h	00:12.14	37	4m 53s/Km
38	CHURCH, GENEVIEVE	M3	1	A.S.D. TORINO TRIATH	01:21:18.40	00:23.12	50	4m 38s/Km	00:44.14	37	27.12 Km/h	00:12.35	44	5m 1 s/Km



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39	ZENAROLLA, MONICA	M1	5	UDINE TRIATHLON	01:21:24.60	00:20.32	25	4m 6 s/Km	00.46.47	50	25.65 Km/h	00:11.28	26	4m 35s/Km
40	FATTORI, VALENTINA	S4	5	PADOVANUOTO TRI	01:21:36.10	00:22.56	48	4m 35s/Km	00.44.25	40	27.01 Km/h	00:13.07	50	5m 14s/Km
41	CARNIGLIA, ENRICA	M1	6	T.D. RIMINI	01:21:45.00	00:21.56	42	4m 23s/Km	00.45.10	42	26.56 Km/h	00:12.16	39	4m 54s/Km
42	ZAMPIGHI, ALESSANDRA	M2	1	SURFING SHOP TRIATHL	01:21:54.40	00:21.19	30	4m 15s/Km	00.46.23	47	25.87 Km/h	00:11.49	31	4m 43s/Km
43	GABRIEL, GUNDULA	M2	2	FERRARA TRIATH	01:22:32.00	00:21.54	39	4m 22s/Km	00.46.25	48	25.85 Km/h	00:12.25	41	4m 58s/Km
44	GUGOLE, CLAUDIA	M1	7	A.S.D. VICENZA TRIAT	01:22:45.90	00:22.34	45	4m 30s/Km	00.45.38	45	26.29 Km/h	00:12.15	38	4m 54s/Km
45	CAGGIATI, LUISA	S4	6	T.D. RIMINI	01:22:48.00	00:22.49	47	4m 33s/Km	00.45.24	43	26.43 Km/h	00:12.51	46	5m 8 s/Km
46	STAVLA, VIRNA	M2	3	PADOVA TRIATHLON	01:23:02.30	00:21.56	41	4m 23s/Km	00.46.30	49	25.80 Km/h	00:12.27	42	4m 58s/Km
47	FRIGERI, ROBERTA	S4	7	ARC BUSTO ARSIZIO	01:23:33.00	00:24.32	60	4m 54s/Km	00.44.03	35	27.24 Km/h	00:13.37	55	5m 26s/Km
48	SCUPILLITI, LORENA	M1	8	FREEZONE	01:23:43.30	00:23.51	56	4m 46s/Km	00.45.04	41	26.62 Km/h	00:13.26	54	5m 22s/Km
49	RECENTI, SARA	M1	9	FREEZONE	01:24:37.90	00:23.16	52	4m 39s/Km	00.46.05	46	26.03 Km/h	00:13.12	51	5m 16s/Km
50	MARCON, ELISA	YB	5	TRI.RN.MAROSTICA	01:24:49.90	00:21.26	31	4m 17s/Km	00.50.05	57	23.96 Km/h	00:11.51	32	4m 44s/Km
51	GUALENI, VIRGINIA	S4	8	FREEZONE	01:24:54.90	00:23.29	54	4m 41s/Km	00.45.25	44	26.42 Km/h	00:13.43	57	5m 29s/Km
52	MOSSOLANI, SARA	S4	9	TRIATHLON PAVESE	01:25:15.70	00:23.09	49	4m 37s/Km	00.46.50	51	25.62 Km/h	00:13.01	49	5m 12s/Km
53	PELLINI, KATIA	M1	10	PIACENZA TRI VIVO	01:25:49.70	00:23.16	51	4m 39s/Km	00.47.31	52	25.25 Km/h	00:13.18	53	5m 19s/Km
54	SALENTO, ALESSANDRA	M1	11	PIACENZA TRI VIVO	01:29:04.20	00:24.19	59	4m 51s/Km	00.49.28	56	24.25 Km/h	00:13.17	52	5m 18s/Km
55	COLAUTTI, GIGLIOLA	M4	1	PADOVA TRIATHLON	01:29:09.80	00:24.40	61	4m 56s/Km	00.49.09	55	24.41 Km/h	00:13.45	58	5m 30s/Km
56	MAZZARO, LAURA	S1	8	A.S. DELFINO	01:29:47.10	00:25.56	65	5m 11s/Km	00.48.02	53	24.98 Km/h	00:14.17	62	5m 42s/Km
57	GHISLOTTI, ALESSIA	S4	10	FREEZONE	01:29:52.70	00:23.49	55	4m 45s/Km	00.50.57	60	23.55 Km/h	00:13.52	60	5m 32s/Km
58	SIMONETTO, VALENTINA	S4	11	PADOVA TRIATHLON	01:30:00.00	00:24.12	58	4m 50s/Km	00.50.59	61	23.53 Km/h	00:13.01	48	5m 12s/Km
59	SAVORELLI, VALENTINA	S3	10	SURFING SHOP TRIATHL	01:30:23.10	00:24.50	62	4m 58s/Km	00.48.32	54	24.72 Km/h	00:14.34	63	5m 49s/Km
60	MILIOLI, GIORGIA	S4	12	CUS PARMA MEDEL	01:31:08.20	00:23.25	53	4m 41s/Km	00.52.05	63	23.04 Km/h	00:13.41	56	5m 28s/Km
61	PARISI, CATERINA	M2	4	FRIESIAN TEAM	01:31:24.70	00:23.59	57	4m 47s/Km	00.53.13	64	22.54 Km/h	00:12.47	45	5m 6 s/Km
62	SFRISO, CLAUDIA	S3	11	A.S. DELFINO	01:32:02.20	00:25.57	66	5m 11s/Km	00.50.34	59	23.73 Km/h	00:13.55	61	5m 33s/Km
63	BRUGNETTI, MARINA	S4	13	ARC BUSTO ARSIZIO	01:33:00.90	00:26.22	67	5m 16s/Km	00.50.08	58	23.93 Km/h	00:14.39	64	5m 51s/Km
64	CORUZZI, VIVIANA	M1	12	CUS PARMA MEDEL	01:36:31.90	00:25.30	63	5m 5 s/Km	00.54.11	65	22.14 Km/h	00:13.50	59	5m 31s/Km
65	BENEVENIA, LAURA	S3	12	FREEZONE	01:39:09.80	00:27.33	68	5m 30s/Km	00.54.20	66	22.08 Km/h	00:15.44	66	6m 17s/Km
66	ZANOLA, MICHELA	M1	13	FREEZONE	01:39:10.10	00:25.49	64	5m 9 s/Km	00.55.57	67	21.44 Km/h	00:15.21	65	6m 8 s/Km
67	LANEY, HEATHER	S3	13	U.S.A.	01:39:47.90	00:29.43	69	5m 56s/Km	00.52.00	62	23.07 Km/h	00:15.52	67	6m 20s/Km
68	SFRISO, PAOLA	M1	14	A.S. DELFINO	01:50:02.20	00:30.18	70	6m 3 s/Km	01.00.28	68	19.84 Km/h	00:17.27	68	6m 58s/Km
DNF	VISAGGI, SILVIA	-	0	A.S.D. TORINO TRIATH	DNF	00.18.51	11	--	-	-1	--	-	-1	--
DNF	CAROSI, SASHA	-	0	ASD POLETTI	DNF	00.21.30	36	--	-	-1	--	-	-1	--
DNS	CONTORNI, MARTINA	-	0	FORHANS TEAM	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	SCHANUNG, LISA	-	0	BRESSANONE NUOTO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	BORTOLOTTI, MONICA	-	0	TREVISI TRI	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	DE ROSSI, AGNESE	-	0	LIGER TEAM KEYLINE	DNS	-	-1	--	-	-1	--	-	-1	--