



Duathlon Sprint di Marina di Pisa - Femminile

Marina di Pisa (PI), 26/03/2011



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	SELLA, MARIA ALFONS	EL	1	T.D. RIMINI	01:00:38.20	00:17.55	4	3m 35s/Km	00:32.38	3	36.77 Km/h	00:08.46	1	3m 30s/Km
2	CHMET, DANIELA	EL	2	G.S. FF.OO.	01:00:41.00	00:17.53	1	3m 34s/Km	00:32.41	4	36.71 Km/h	00:08.47	2	3m 30s/Km
3	DUDAS, ESZTER	JU	1	PEPERONCINO TEAM	01:00:55.80	00:17.55	3	3m 35s/Km	00:32.42	5	36.69 Km/h	00:08.55	3	3m 34s/Km
4	CAPONE, ALICE	EL	3	FORHANS TEAM	01:01:25.60	00:17.54	2	3m 34s/Km	00:32.37	2	36.79 Km/h	00:09.26	4	3m 46s/Km
5	SANTIMARIA, MARGIE	EL	4	G.S. FF.OO.	01:02:36.20	00:18.47	5	3m 45s/Km	00:32.16	1	37.19 Km/h	00:10.03	10	4m 1 s/Km
6	GRASSI, MYRIAM	YB	1	LA FENICE TRI	01:03:31.90	00:18.51	7	3m 46s/Km	00:33.39	19	35.66 Km/h	00:09.35	5	3m 50s/Km
7	ORLA, ALESSIA	JU	2	A.S.D. TORINO TRIATH	01:03:38.60	00:19.13	8	3m 50s/Km	00:33.10	9	36.18 Km/h	00:09.42	6	3m 52s/Km
8	FASCETTI, SVEVA	YB	2	A.S.MINERVA ROMA	01:03:47.80	00:18.49	6	3m 45s/Km	00:33.42	20	35.60 Km/h	00:09.49	8	3m 55s/Km
9	ROSSI, NADIA	S4	1	T.D. RIMINI	01:04:14.60	00:19.35	9	3m 54s/Km	00:32.53	6	36.49 Km/h	00:10.17	13	4m 6 s/Km
10	BARUCCI, LARA	EL	5	T.D. RIMINI	01:04:55.10	00:20.08	14	4m 1 s/Km	00:33.11	10	36.16 Km/h	00:10.03	9	4m 1 s/Km
11	DORSI, PATRIZIA	S4	2	PIACENZA TRI VIVO	01:05:10.30	00:20.00	11	4m 0 s/Km	00:33.21	14	35.98 Km/h	00:10.14	11	4m 5 s/Km
12	SERENA, ANGELA	EL	6	FREEZONE	01:05:19.00	00:20.41	21	4m 8 s/Km	00:33.14	11	36.10 Km/h	00:09.45	7	3m 53s/Km
13	INGLETTO, CHIARA	EL	7	FIRENZE TRI	01:05:36.40	00:19.53	10	3m 58s/Km	00:33.15	13	36.09 Km/h	00:10.24	14	4m 9 s/Km
14	CONTORNI, MARTINA	EL	8	FORHANS TEAM	01:06:13.70	00:20.09	15	4m 1 s/Km	00:33.54	23	35.39 Km/h	00:10.29	15	4m 11s/Km
15	RINALDI, MANUELA	S2	1	OLIMPIA TRIATHLON AS	01:06:16.60	00:20.13	16	4m 2 s/Km	00:33.51	22	35.45 Km/h	00:10.36	18	4m 14s/Km
16	VITALI, CLEMENTINA	YB	3	GREEN HILL	01:06:19.70	00:20.58	24	4m 11s/Km	00:33.03	8	36.30 Km/h	00:10.40	19	4m 15s/Km
17	GELMINI, LILLI	YB	4	ALTA PUSTERIA	01:06:25.40	00:20.30	19	4m 5 s/Km	00:33.27	15	35.87 Km/h	00:10.48	21	4m 19s/Km
18	FINCATO, ALESSANDRA	YB	5	NUOTO LIVORNO 3	01:06:25.50	00:20.26	17	4m 5 s/Km	00:33.38	18	35.67 Km/h	00:10.46	20	4m 18s/Km
19	ZACCARDI, SIMONA	EL	9	T.D. RIMINI	01:06:29.90	00:20.08	13	4m 1 s/Km	00:34.03	26	35.24 Km/h	00:10.34	17	4m 13s/Km
20	SERAFINI, SILVIA	EL	10	T.D. RIMINI	01:06:36.10	00:21.04	25	4m 12s/Km	00:32.55	7	36.45 Km/h	00:10.53	24	4m 21s/Km
21	TAZZIOLI, MARTINA	S2	2	LA FENICE TRI	01:06:58.30	00:20.48	22	4m 9 s/Km	00:33.14	12	36.10 Km/h	00:11.07	28	4m 26s/Km
22	ZAGHI, PAOLA	M1	1	TRIATHLON PAVESE	01:07:48.60	00:20.53	23	4m 10s/Km	00:34.18	31	34.98 Km/h	00:10.52	22	4m 20s/Km
23	GIGONI, ARIANNA	S2	3	LA FENICE TRI	01:07:51.90	00:20.40	20	4m 8 s/Km	00:34.40	36	34.61 Km/h	00:10.52	23	4m 20s/Km
24	DE QUARTO, CHIARA	YB	6	A.S.MINERVA ROMA	01:07:55.50	00:21.29	31	4m 17s/Km	00:33.43	21	35.59 Km/h	00:10.56	25	4m 22s/Km
25	CHIAVACCINI, MARCELLA	S3	1	4 MORI TRIATHLON	01:07:59.20	00:21.31	32	4m 18s/Km	00:33.31	17	35.80 Km/h	00:11.03	26	4m 25s/Km
26	MURA, MARIA ELENA	S2	4	TRI TEAM SASSARI	01:08:04.60	00:21.16	26	4m 15s/Km	00:34.03	27	35.24 Km/h	00:11.06	27	4m 26s/Km
27	WHITE, JACQUELINE	M2	1	A.S.D. TORINO TRIATH	01:08:29.80	00:21.24	28	4m 16s/Km	00:33.55	24	35.38 Km/h	00:11.17	31	4m 30s/Km
28	ROSI, STEFANIA	S3	2	TRIATHLON PAVESE	01:08:46.60	00:21.28	29	4m 17s/Km	00:33.30	16	35.82 Km/h	00:11.35	40	4m 38s/Km
29	CARNIGLIA, ENRICA	M1	2	T.D. RIMINI	01:09:08.50	00:21.57	39	4m 23s/Km	00:34.10	29	35.12 Km/h	00:11.15	30	4m 30s/Km
30	STOLFI, SILVIA	S1	1	CUS PARMA MEDEL	01:09:11.00	00:21.38	34	4m 19s/Km	00:34.05	28	35.20 Km/h	00:11.15	29	4m 30s/Km
31	CAGGIATI, LUISA	S4	3	T.D. RIMINI	01:09:33.80	00:21.56	38	4m 23s/Km	00:34.02	25	35.25 Km/h	00:11.36	41	4m 38s/Km
32	SILEI, LAURA	S3	3	TRIATHLON TRASIMENO	01:10:05.90	00:22.05	41	4m 25s/Km	00:34.37	34	34.66 Km/h	00:11.42	44	4m 40s/Km
33	LUNARDINI, ALICE	S2	5	LA FENICE TRI	01:10:13.50	00:22.17	44	4m 27s/Km	00:34.15	30	35.03 Km/h	00:11.34	38	4m 37s/Km
34	CARULLO, PAMELA	S2	6	ASD POLETTI	01:10:14.20	00:21.48	36	4m 21s/Km	00:34.59	37	34.30 Km/h	00:11.27	34	4m 34s/Km
35	GATTI, GESSICA	S4	4	TEAM MARBLEMAN	01:10:15.10	00:20.07	12	4m 1 s/Km	00:36.07	51	33.22 Km/h	00:11.23	32	4m 33s/Km
36	MAZZA, GABRIELLA	S4	5	MULTISPORT CATANIA	01:10:25.70	00:22.20	45	4m 28s/Km	00:34.28	32	34.81 Km/h	00:11.38	42	4m 39s/Km
37	SOLINAS, ANNA RITA	S3	4	TRI TEAM SASSARI	01:11:03.70	00:21.29	30	4m 17s/Km	00:35.20	41	33.96 Km/h	00:12.11	53	4m 52s/Km
38	TEDESCO, CLAUDIA	S4	6	CUS PARMA MEDEL	01:11:14.10	00:21.55	37	4m 23s/Km	00:35.44	45	33.58 Km/h	00:11.50	45	4m 44s/Km



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39	CORRIAS, BARBARA	M1	3	ARC BUSTO ARSIZIO	01:11:19.20	00:21.37	33	4m 19s/Km	00.35.45	46	33.56 Km/h	00.11.26	33	4m 34s/Km
40	STAVLA, VIRNA	M2	2	PADOVA TRIATHLON	01:11:22.60	00:22.12	43	4m 26s/Km	00.35.25	42	33.88 Km/h	00.11.57	46	4m 46s/Km
41	GUALENI, VIRGINIA	S4	7	FREEZONE	01:11:51.60	00:22.57	50	4m 35s/Km	00.34.37	35	34.66 Km/h	00.12.03	48	4m 49s/Km
42	MOSSOLANI, SARA	S4	8	TRIATHLON PAVESE	01:11:57.50	00:22.44	49	4m 32s/Km	00.34.33	33	34.73 Km/h	00.12.10	51	4m 51s/Km
43	BUFFOLINO, GIADA	S1	2	LA FENICE TRI	01:12:01.80	00:22.04	40	4m 24s/Km	00.36.44	56	32.66 Km/h	00.11.30	36	4m 35s/Km
44	GIORGETTI, AMBRA	JU	3	LA FENICE TRI	01:12:14.00	00:22.28	46	4m 29s/Km	00.36.22	54	32.99 Km/h	00.11.28	35	4m 35s/Km
45	CHURCH, GENEVIEVE	M3	1	A.S.D. TORINO TRIATH	01:12:16.30	00:23.26	54	4m 41s/Km	00.35.19	39	33.97 Km/h	00.11.35	39	4m 38s/Km
46	BERNARDINI, SIMONETTA	M2	3	LIVORNO TRIATHLON	01:12:19.00	00:21.43	35	4m 20s/Km	00.37.00	58	32.43 Km/h	00.11.31	37	4m 36s/Km
47	FRIGERI, ROBERTA	S4	9	ARC BUSTO ARSIZIO	01:12:29.50	00:23.28	55	4m 41s/Km	00.35.20	40	33.96 Km/h	00.12.02	47	4m 48s/Km
48	GHISLOTTI, ALESSIA	S4	10	FREEZONE	01:12:31.10	00:22.35	47	4m 30s/Km	00.36.07	52	33.22 Km/h	00.12.05	49	4m 49s/Km
49	ZAMPIGHI, ALESSANDRA	M2	4	SURFING SHOP TRIATHL	01:12:59.90	00:21.23	27	4m 16s/Km	00.38.19	62	31.31 Km/h	00.10.32	16	4m 12s/Km
50	MASALA, GRAZIA	M2	5	TRI TEAM SASSARI	01:13:05.40	00:22.09	42	4m 25s/Km	00.36.32	55	32.84 Km/h	00.12.06	50	4m 50s/Km
51	ALIKUO', DANIELA	M2	6	MULTISPORT CATANIA	01:13:07.60	00:20.28	18	4m 5 s/Km	00.40.07	67	29.91 Km/h	00.10.17	12	4m 6 s/Km
52	MILIOLI, GIORGIA	S4	11	CUS PARMA MEDEL	01:13:18.90	00:23.20	53	4m 40s/Km	00.35.27	43	33.85 Km/h	00.12.32	56	5m 0 s/Km
53	LA MONACA, GIORGIA	S4	12	PIACENZA TRI VIVO	01:13:40.40	00:23.19	52	4m 39s/Km	00.35.13	38	34.07 Km/h	00.12.48	59	5m 7 s/Km
54	SCUPILLITI, LORENA	M1	4	FREEZONE	01:13:43.10	00:23.36	57	4m 43s/Km	00.35.55	49	33.41 Km/h	00.12.11	52	4m 52s/Km
55	FASSORRA, CHIARA	S4	13	LA FENICE TRI	01:14:20.40	00:23.50	58	4m 46s/Km	00.35.48	47	33.51 Km/h	00.12.47	58	5m 6 s/Km
56	FIORAVANTI, ILARIA	YB	7	LA FENICE TRI	01:14:21.20	00:22.38	48	4m 31s/Km	00.38.14	61	31.38 Km/h	00.11.41	43	4m 40s/Km
57	PIDATELLA, DELIA	M2	7	FIRENZE TRI	01:14:43.30	00:23.33	56	4m 42s/Km	00.36.58	57	32.46 Km/h	00.12.14	55	4m 53s/Km
58	MOSSA, PAOLA	M1	5	TRI TEAM SASSARI	01:15:02.50	00:23.16	51	4m 39s/Km	00.37.07	59	32.33 Km/h	00.12.11	54	4m 52s/Km
59	COLAUTTI, GIGLIOLA	M4	1	PADOVA TRIATHLON	01:15:05.10	00:24.30	62	4m 54s/Km	00.36.01	50	33.31 Km/h	00.12.32	57	5m 0 s/Km
60	CAPANNINI, CHIARA	S2	7	FIRENZE TRI	01:15:30.80	00:24.54	67	4m 58s/Km	00.35.39	44	33.66 Km/h	00.13.04	62	5m 13s/Km
61	SILANOS, ROSSANA	M1	6	TRI TEAM SASSARI	01:16:07.00	00:24.41	64	4m 56s/Km	00.35.50	48	33.48 Km/h	00.13.15	63	5m 17s/Km
62	CASENTINI, SIMONA	S4	14	LUCCA TRIATHLON ASD	01:16:10.20	00:24.01	59	4m 48s/Km	00.36.12	53	33.14 Km/h	00.13.23	65	5m 21s/Km
63	LATO, ANNAMARIA	M1	7	A.S.D. TORINO TRIATH	01:18:54.30	00:24.31	63	4m 54s/Km	00.39.28	65	30.40 Km/h	00.12.50	60	5m 8 s/Km
64	ZANOLA, MICHELA	M1	8	FREEZONE	01:19:12.90	00:24.51	66	4m 58s/Km	00.39.04	63	30.71 Km/h	00.13.15	64	5m 17s/Km
65	DAL MOLIN, CHIARA	JU	4	LOS TIGRES	01:20:56.80	00:24.26	61	4m 53s/Km	00.40.35	68	29.56 Km/h	00.13.53	66	5m 33s/Km
66	LIDESTRI, ANGELA	M3	2	MULTISPORT CATANIA	01:21:17.50	00:27.18	69	5m 27s/Km	00.37.13	60	32.24 Km/h	00.14.15	68	5m 42s/Km
67	DI PIRRO, ELENA	M2	8	PADOVA TRIATHLON	01:21:38.60	00:24.45	65	4m 57s/Km	00.39.34	66	30.32 Km/h	00.14.03	67	5m 37s/Km
68	CANALI, SARA	S4	15	CUS PARMA MEDEL	01:22:55.90	00:26.47	68	5m 21s/Km	00.39.28	64	30.40 Km/h	00.14.40	69	5m 51s/Km
69	PEZZICA, RITA	M5	1	TEAM MARBLEMAN	01:23:14.50	00:24.11	60	4m 50s/Km	00.43.38	69	27.50 Km/h	00.12.51	61	5m 8 s/Km
DNS	BENEVENIA, LAURA	-	0	FREEZONE	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	BALLONI, SARA	-	0	TEAM MARBLEMAN	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	POLTRONIERI, VALERIA	-	0	CUS PARMA MEDEL	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CATAUDELLA, FEDERICA	-	0	CNM TRIATHLON	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CODAZZI, ELEONORA	-	0	LOS TIGRES	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	RECENTI, SARA	-	0	FREEZONE	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	MARSALA, SILVIA	-	0	LA FENICE TRI	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	MONALDINI, NADIA	-	0	T.D. RIMINI	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	PUGLIESE, CECILIA	-	0	TORRINO TRI TEAM	DNS	-	-1	--	-	-1	--	-	-1	--



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DNS	DE MATTIA, EDVIGE	-	0	MULTISPORT CATANIA	DNS	-	-1	--	-	-1	--	-	-1	--
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