



ITU Valsesia Winter Triathlon Cup - Women
Scopello (VC), 23/01/2011



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Ski	Pos	Media
1	LAMASTRA, GIULIANA	S4	1	TRISPORTS.IT TEAM	01:18:29.10	00.24.23	2	3047m 54s/Km	00.30.16	1	29.73 Km/h	00.23.50	1	1191m 40s/Km
2	MAZZUCCO, LAURA	M1	1	ALBA TRI	01:22:30.40	00.24.24	3	3049m 59s/Km	00.31.30	3	28.57 Km/h	00.26.36	3	1330m 0 s/Km
3	PERICO, ENRICA	S4	2	TRISPORTS.IT TEAM	01:23:03.70	00.24.16	1	3033m 19s/Km	00.34.48	4	25.86 Km/h	00.23.59	2	1199m 10s/Km
4	ZAVANONE, ILARIA	S3	1	A.S.D. TORINO TRIATH	01:28:55.20	00.25.28	6	3183m 19s/Km	00.30.53	2	29.14 Km/h	00.32.34	11	1628m 20s/Km
5	FERRARI, FEDERICA	S2	1	FRIESIAN TEAM	01:32:16.40	00.27.45	8	3468m 44s/Km	00.37.43	7	23.86 Km/h	00.26.48	4	1340m 0 s/Km
6	ORLA, ALESSIA	JU	1	A.S.D. TORINO TRIATH	01:32:38.40	00.25.14	5	3154m 9 s/Km	00.34.48	5	25.86 Km/h	00.32.36	12	1630m 0 s/Km
7	TITONE, ILARIA	JU	2	A.S.D. TORINO TRIATH	01:34:14.90	00.25.13	4	3152m 4 s/Km	00.35.49	6	25.12 Km/h	00.33.12	13	1660m 0 s/Km
8	GIBSON, BEVERLEY	M1	2	ALBA TRI	01:39:43.70	00.27.49	9	3477m 4 s/Km	00.41.30	10	21.68 Km/h	00.30.24	9	1520m 0 s/Km
9	VERGURA, CARMELA	M2	1	TRISPORTS.IT TEAM	01:41:05.50	00.27.54	10	3487m 29s/Km	00.45.01	14	19.99 Km/h	00.28.10	5	1408m 20s/Km
10	ANGIONI, MARIA	S4	3	A.S.D. TORINO TRIATH	01:42:42.60	00.27.32	7	3441m 39s/Km	00.46.05	16	19.52 Km/h	00.29.05	6	1454m 10s/Km
11	VACCARI, CLAUDIA	M2	2	FRIESIAN TEAM	01:44:06.20	00.30.47	16	3847m 54s/Km	00.43.34	13	20.65 Km/h	00.29.45	7	1487m 30s/Km
12	BOTTIGELLI, PAOLA	M2	3	ARC BUSTO ARSIZIO	01:44:46.70	00.30.24	15	3799m 59s/Km	00.39.56	8	22.53 Km/h	00.34.26	14	1721m 40s/Km
13	GUARCELLO, DOMENICA	S4	4	ALBA TRI	01:46:07.60	00.30.20	14	3791m 39s/Km	00.41.08	9	21.88 Km/h	00.34.39	15	1732m 30s/Km
14	IABICHELLA, LUISELLA	M4	1	ROAD RUNNERS	01:50:49.00	00.33.00	18	4124m 59s/Km	00.42.32	12	21.15 Km/h	00.35.17	16	1764m 10s/Km
15	DAL BEN, NADIA	M5	1	CUNEO TRI	01:51:29.70	00.28.13	12	3527m 4 s/Km	00.51.29	17	17.48 Km/h	00.31.47	10	1589m 10s/Km
16	PORETTI, MARTA	S4	5	FRIESIAN TEAM	01:53:58.10	00.27.57	11	3493m 44s/Km	00.45.57	15	19.58 Km/h	00.40.04	17	2003m 20s/Km
17	LATO, ANNAMARIA	M1	3	A.S.D. TORINO TRIATH	01:55:32.60	00.33.32	20	4191m 39s/Km	00.51.52	18	17.35 Km/h	00.30.08	8	1506m 40s/Km
18	GALLI, GIULIANA	M2	4	ARC BUSTO ARSIZIO	01:57:11.90	00.32.02	17	4004m 9 s/Km	00.42.20	11	21.25 Km/h	00.42.49	18	2140m 50s/Km
19	FRACASSI, FRANCESCA	S3	2	ROAD RUNNERS	02:08:47.20	00.28.44	13	3591m 39s/Km	00.53.39	19	16.77 Km/h	00.46.24	19	2320m 0 s/Km
20	CARDONE, SANDRA	S4	6	ROAD RUNNERS	02:36:59.30	00.33.01	19	4127m 4 s/Km	00.55.57	20	16.08 Km/h	01.08.01	20	3400m 50s/Km
DNS	FRIGERI, ROBERTA	-	0	ARC BUSTO ARSIZIO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	PIOVANO, SARA	-	0	SAVONA TRIATHLON	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	BOIS, GABRIELLA	-	0	CUNEO TRI	DNS	-	-1	--	-	-1	--	-	-1	--