



Triathlon Sprint di Santa Marinella - Staffetta
Santa Marinella (RM), 10/10/2010



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	DÀ'ERCOLE MILLEFIORINI, NAZIAZENO	SM	1	STAFFETTA 8	00:53:27.10	00.10.38	1	1m 25s/100m	00.27.40	3	43.37 Km/h	00.15.09	1	3m 1 s/Km
2	PAGNI COSTANTINI, CINOTTI	SM	2	C.C. ANIENE 4	00:55:16.60	00.11.31	2	1m 32s/100m	00.26.37	2	45.08 Km/h	00.17.08	2	3m 25s/Km
3	TRABUCCO GRECO, FREGUGLIA	SMIX	1	FORHANS TEAM 1	01:00:14.40	00.13.56	7	1m 51s/100m	00.28.17	4	42.42 Km/h	00.18.01	4	3m 36s/Km
4	GIORGIO LEONARDO, RISI	SMIX	2	C.C. ANIENE 1	01:00:48.00	00.14.04	8	1m 52s/100m	00.26.31	1	45.25 Km/h	00.20.13	5	4m 2 s/Km
5	MELANDRI CARBOTTI, MISITI	SMIX	3	C.C. ANIENE 2	01:01:27.10	00.13.04	3	1m 44s/100m	00.30.35	5	39.23 Km/h	00.17.48	3	3m 33s/Km
6	PORRU MAZZI, SESSA	SM	3	C.C. ANIENE 3	01:02:58.40	00.13.47	6	--	-	-1	--	00.49.11	8	--
7	GIANNI VON FREYMANN, IMPERIALE	SMIX	4	C.C. ANIENE 5	01:04:47.90	00.13.28	5	1m 47s/100m	00.31.06	6	38.58 Km/h	00.20.13	6	4m 2 s/Km
8	VECCHIA SGRECCIA, DI BONAVENTURA	SMIX	5	STAFFETTA 7	01:11:41.30	00.13.21	4	1m 46s/100m	00.35.25	7	33.88 Km/h	00.22.55	7	4m 34s/Km