



Triathlon Sprint di Santa Marinella - Femminile

Santa Marinella (RM), 10/10/2010



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	DESIDERI, SARA	S1	1	FORHANS TEAM	00:58:56.20	00.11.48	2	1m 34s/100m	00.29.10	3	41.14 Km/h	00.17.58	1	3m 35s/Km
2	SCHLEMMER, VANESSA	S2	1	PETERPAN TRIATHL	01:00:07.30	00.12.25	4	1m 39s/100m	00.29.03	2	41.30 Km/h	00.18.39	2	3m 43s/Km
3	ASCOLI, MANUELA	S4	1	A.S.MINERVA ROMA	01:01:30.30	00.12.45	5	1m 42s/100m	00.29.30	4	40.67 Km/h	00.19.15	5	3m 51s/Km
4	MARINELLI, FRANCESCA	JU	1	NEW GREEN HILL	01:02:18.60	00.11.48	3	1m 34s/100m	00.29.02	1	41.33 Km/h	00.21.28	10	4m 17s/Km
5	BUGGINI, IRENE	S3	1	A.S. TRIATH OSTIA	01:02:50.90	00.13.46	11	1m 50s/100m	00.29.55	6	40.11 Km/h	00.19.09	4	3m 49s/Km
6	MARTELLA, COSTANZA	JU	2	A.S.MINERVA ROMA	01:03:05.20	00.11.22	1	1m 30s/100m	00.29.39	5	40.47 Km/h	00.22.04	12	4m 24s/Km
7	FERRAGINA, CONSUELO	S2	2	CANOTTIERI NAPOLI	01:04:17.10	00.14.06	12	1m 52s/100m	00.31.13	11	38.44 Km/h	00.18.58	3	3m 47s/Km
8	KACZKO, SARA	S3	2	TORRINO TRI TEAM	01:04:53.50	00.14.43	13	1m 57s/100m	00.30.07	8	39.84 Km/h	00.20.03	7	4m 0 s/Km
9	PACCA, STEFANIA	M1	1	S.S.LAZIO	01:05:48.30	00.16.13	18	2m 9.s/100m	00.29.56	7	40.08 Km/h	00.19.39	6	3m 55s/Km
10	MARTINELLI, CAMILLA	S2	3	A.S.MINERVA ROMA	01:06:33.60	00.12.59	6	1m 43s/100m	00.30.41	10	39.10 Km/h	00.22.53	14	4m 34s/Km
11	DE VITO, MANUELA	S3	3	ERMES CAMPANIA	01:08:50.50	00.13.45	10	1m 49s/100m	00.33.02	13	36.32 Km/h	00.22.03	11	4m 24s/Km
12	GENTILE, NELITA	S4	2	FORHANS TEAM	01:09:39.30	00.15.07	15	2m 0.s/100m	00.31.24	12	38.21 Km/h	00.23.08	15	4m 37s/Km
13	BALDASSARI, FRANCESCA	S3	4	TRIATHLON GROSSETO	01:10:41.30	00.15.00	14	2m 0.s/100m	00.33.10	14	36.18 Km/h	00.22.31	13	4m 30s/Km
14	MELE, RAFFAELLA	M1	2	FORHANS TEAM	01:10:47.50	00.16.03	17	2m 8.s/100m	00.33.34	17	35.74 Km/h	00.21.10	9	4m 14s/Km
15	TOTI, ISABELLA	M1	3	ATOMICA TRIATHLON	01:10:58.70	00.13.35	7	1m 48s/100m	00.33.31	16	35.80 Km/h	00.23.52	17	4m 46s/Km
16	AZZARO, FRANCESCA	S4	3	FORHANS TEAM	01:13:36.10	00.19.05	21	2m 32s/100m	00.34.00	19	35.29 Km/h	00.20.31	8	4m 6 s/Km
17	FROSINA, ROBERTA	S1	2	CENTRO ESTER TT	01:16:06.80	00.15.42	16	2m 5.s/100m	00.35.52	21	33.45 Km/h	00.24.32	19	4m 54s/Km
18	PAOLI, DEBORA	M1	4	ASD IL DELFINO SPOLE	01:16:07.10	00.19.28	23	2m 35s/100m	00.33.22	15	35.96 Km/h	00.23.17	16	4m 39s/Km
19	MELE, SIMONA	M2	1	A.S. TRIATH OSTIA	01:18:20.70	00.18.00	19	2m 23s/100m	00.33.36	18	35.71 Km/h	00.26.44	21	5m 20s/Km
20	MARUCCI, ANTONIA	M3	1	ASD IL DELFINO SPOLE	01:20:44.90	00.19.06	22	2m 32s/100m	00.35.16	20	34.02 Km/h	00.26.22	20	5m 16s/Km
21	CESARINI, NICOLETTA	M2	2	A.S. TRIATH OSTIA	01:20:46.50	00.18.25	20	2m 27s/100m	00.37.52	22	31.69 Km/h	00.24.29	18	4m 53s/Km
22	GIANNICO, ILARIA	JU	3	A.S.MINERVA ROMA	01:22:03.30	00.13.41	9	1m 49s/100m	00.39.50	23	30.12 Km/h	00.28.32	22	5m 42s/Km
23	FIorentini, PATRIZIA	M1	5	A.S. TRIATH OSTIA	01:38:51.70	00.28.19	24	3m 46s/100m	00.40.55	24	29.32 Km/h	00.29.37	23	5m 55s/Km
DNF	BRAMBILLE, VERONICA	-	0	OLIMPIA TRIATHLON AS	DNF	00.13.39	8	--	00.30.14	9	--	-	-1	--
DNS	FASCETTI, SVEVA	-	0	A.S.MINERVA ROMA	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	ROSSI, FRANCESCA	-	0	FORHANS TEAM	DNS	-	-1	--	-	-1	--	-	-1	--