



Triathlon Sprint di Roma Eur - Femminile
Roma Eur (RM), 01/08/2010



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	ASCOLI, MANUELA	S4	1	A.S.MINERVA ROMA	01:08:33.70	00.12.02	2	1m 36s/100m	00.36.08	2	33.21 Km/h	00.20.23	1	4m 4 s/Km
2	BUGGINI, IRENE	S3	1	A.S. TRIATH OSTIA	01:08:57.70	00.12.13	3	1m 37s/100m	00.35.56	1	33.39 Km/h	00.20.48	2	4m 9 s/Km
3	SORBINO, ERICA	S1	1	PEPERONCINO TEAM	01:12:52.20	00.11.13	1	1m 29s/100m	00.38.26	3	31.22 Km/h	00.23.13	4	4m 38s/Km
4	NIELSEN, ENOLE MARIE	M1	1	FORHANS TEAM	01:16:29.90	00.14.28	7	1m 55s/100m	00.39.22	4	30.48 Km/h	00.22.39	3	4m 31s/Km
5	GENTILE, NELITA	S4	2	FORHANS TEAM	01:19:41.00	00.15.22	8	2m 2.s/100m	00.39.48	6	30.15 Km/h	00.24.31	5	4m 54s/Km
6	SOSSI, RAFFAELLA	M1	2	S.S.LAZIO	01:21:43.90	00.15.23	9	2m 3.s/100m	00.39.36	5	30.30 Km/h	00.26.44	8	5m 20s/Km
7	MELE, SIMONA	M2	1	A.S. TRIATH OSTIA	01:22:46.10	00.15.35	10	2m 4.s/100m	00.40.28	7	29.65 Km/h	00.26.43	7	5m 20s/Km
8	MATTIA, STEFANIA	S4	3	CUS BARI	01:24:07.80	00.12.31	4	1m 40s/100m	00.44.57	8	26.69 Km/h	00.26.39	6	5m 19s/Km
9	SURIANI, ALESSANDRA	S3	2	MGP TRIATHLON	01:29:23.30	00.14.13	6	1m 53s/100m	00.46.34	9	25.76 Km/h	00.28.36	10	5m 43s/Km
10	TICCONI, CRISTINA	M1	3	ASD 3.4 FUN	01:30:56.70	00.13.56	5	1m 51s/100m	00.48.44	10	24.62 Km/h	00.28.16	9	5m 39s/Km
DNS	TRIBUZIO, ROSA	-	0	CUS BARI	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	AMERICANO, DEBORAH	-	0	MGP TRIATHLON	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	GRASSI, MYRIAM	-	0	LA FENICE TRI	DNS	-	-1	--	-	-1	--	-	-1	--