



Triathlon Sprint di Roma Labaro - Age Group Maschile

Roma Labaro (RM), 30/05/2010



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	STATEFF, DELIAN	YB	1	A.S.MINERVA ROMA	01:04:00.00	00.09.41	3	1m 17s/100m	00.35.06	6	34.18 Km/h	00.19.13	4	3m 50s/Km
2	PERA, MAURO	S3	1	FORHANS TEAM	01:04:08.10	00.10.04	6	1m 20s/100m	00.35.27	8	33.85 Km/h	00.18.37	3	3m 43s/Km
3	CROCELLI, SANDRO MARIA	S2	1	GALAXY ROMA	01:04:11.90	00.09.40	2	1m 17s/100m	00.35.10	7	34.12 Km/h	00.19.21	5	3m 52s/Km
4	ROZZA, CARMINE	S1	1	CANOTTIERI NAPOLI	01:04:56.90	00.09.46	4	1m 18s/100m	00.35.00	3	34.28 Km/h	00.20.10	8	4m 1 s/Km
5	CIUTI, LORENZO	YB	2	A.S.MINERVA ROMA	01:05:53.20	00.10.29	9	1m 23s/100m	00.35.02	5	34.25 Km/h	00.20.22	9	4m 4 s/Km
6	BENTIVEGNA, ENRICO	JU	1	NEW GREEN HILL	01:06:46.30	00.11.26	12	1m 31s/100m	00.35.50	9	33.48 Km/h	00.19.30	6	3m 53s/Km
7	PISANO, FRANCESCO	S1	2	CANOTTIERI NAPOLI	01:09:05.70	00.12.29	23	1m 39s/100m	00.36.49	15	32.59 Km/h	00.19.47	7	3m 57s/Km
8	MARINI, MARCO	S2	2	ATL TRIATHL M ROTOND	01:09:13.70	00.12.14	16	1m 37s/100m	00.36.03	10	33.28 Km/h	00.20.56	10	4m 11s/Km
9	PISANO, GIOVAMBATTIS	S1	3	CANOTTIERI NAPOLI	01:09:18.00	00.10.50	10	1m 26s/100m	00.36.29	12	32.89 Km/h	00.21.59	13	4m 23s/Km
10	SPINA, STEFANO	M1	1	GALAXY ROMA	01:09:48.90	00.12.16	19	1m 38s/100m	00.36.08	11	33.21 Km/h	00.21.24	12	4m 16s/Km
11	DI GENNARO, EMILIANO	S2	3	TERAMO TRIATHLON	01:10:39.90	00.13.50	32	1m 50s/100m	00.38.34	21	31.11 Km/h	00.18.15	2	3m 38s/Km
12	LODI, JACOPO	YB	3	MILLENNIUM	01:10:52.90	00.10.12	7	1m 21s/100m	00.37.23	18	32.09 Km/h	00.23.17	23	4m 39s/Km
13	PERUSINI, SIMONE	YB	4	TORRINO TRI TEAM	01:11:54.40	00.12.08	15	1m 37s/100m	00.37.10	17	32.28 Km/h	00.22.36	17	4m 31s/Km
14	PUGGINI, MATTEO	YB	5	A.S.MINERVA ROMA	01:12:43.40	00.12.25	21	1m 39s/100m	00.36.56	16	32.49 Km/h	00.23.22	24	4m 40s/Km
15	FIORAVANTI, ALESSIO	YB	6	MILLENNIUM	01:13:09.50	00.11.02	11	1m 28s/100m	00.39.20	28	30.50 Km/h	00.22.47	19	4m 33s/Km
16	BELARDINELLI, FABRIZIO	M1	2	OLIMPIA TRIATHLON AS	01:13:09.90	-	-1	--	-	-1	--	01.13.09	48	--
17	GUGLIELMETTI, MARCO	S4	1	S.S.LAZIO	01:13:10.60	00.12.30	24	--	-	-1	--	01.00.40	47	--
18	MANARA, MASSIMO	S4	2	INUIT	01:13:32.40	00.13.42	29	1m 49s/100m	00.36.39	14	32.74 Km/h	00.23.11	22	4m 38s/Km
19	UDERZO, GIORGIO	YB	7	A.S.MINERVA ROMA	01:13:45.30	00.11.32	13	1m 32s/100m	00.39.53	30	30.08 Km/h	00.22.20	14	4m 28s/Km
20	PISANI, LUCA	S4	3	NEW GREEN HILL	01:14:15.30	00.13.31	28	1m 48s/100m	00.37.54	20	31.66 Km/h	00.22.50	20	4m 33s/Km
21	COMINI, ANDREA	S3	2	TORRINO TRI TEAM	01:14:30.10	00.13.47	30	1m 50s/100m	00.36.38	13	32.75 Km/h	00.24.05	28	4m 48s/Km
22	BALDI, MARCO	M2	1	FORHANS TEAM	01:14:50.90	00.13.48	31	1m 50s/100m	00.37.53	19	31.67 Km/h	00.23.09	21	4m 37s/Km
23	CASTELLANO, MARCO	M2	2	NEW GREEN HILL	01:14:51.00	00.13.26	27	1m 47s/100m	00.38.55	23	30.83 Km/h	00.22.30	16	4m 30s/Km
24	DE CAROLIS, IVO	S4	4	A.S.MINERVA ROMA	01:15:39.70	00.14.05	33	1m 52s/100m	00.39.05	25	30.70 Km/h	00.22.29	15	4m 29s/Km
25	GRASSUCCI, ALESSIO	M1	3	A.S.MINERVA ROMA	01:16:11.10	00.12.32	25	1m 40s/100m	00.38.57	24	30.80 Km/h	00.24.42	29	4m 56s/Km
26	SURICO, FABIO	S3	3	A.S.MINERVA ROMA	01:16:59.20	00.10.02	5	1m 20s/100m	00.41.37	35	28.83 Km/h	00.25.20	31	5m 3 s/Km
27	SORMANI, GIANFRANCO	M2	3	TORRINO TRI TEAM	01:20:33.30	00.13.11	26	1m 45s/100m	00.40.27	32	29.66 Km/h	00.26.55	32	5m 23s/Km
28	CAPPUCCINI, MASSIMO	M5	1	DUE PONTI	01:22:20.00	00.14.19	35	1m 54s/100m	00.44.12	37	27.14 Km/h	00.23.49	27	4m 45s/Km
29	CESARE, CASTALDI	M1	4	TORRINO TRI TEAM	01:22:28.80	00.14.17	34	1m 54s/100m	00.39.46	29	30.17 Km/h	00.28.25	35	5m 41s/Km
30	BOMBINI, GIANCARLO	S4	5	FORHANS TEAM	01:24:02.50	00.18.49	44	2m 30s/100m	00.40.08	31	29.90 Km/h	00.25.05	30	5m 0 s/Km
31	CLEMENZI, FEDERICO	S4	6	A.S. TRIATH OSTIA	01:24:02.70	00.12.21	20	1m 38s/100m	00.42.43	36	28.09 Km/h	00.28.58	37	5m 47s/Km
32	NARDI, STEFANO	M3	1	DUE PONTI	01:30:46.90	00.16.31	41	2m 12s/100m	00.45.24	38	26.43 Km/h	00.28.51	36	5m 46s/Km
33	GIORDANI, ALFREDO	M2	4	PETERPAN TRIATHL	01:30:52.40	-	-1	--	-	-1	--	01.30.52	49	--
34	FIORDISPINI, FERRUCCIO	M2	5	TRIATHLON TRASIMENO	01:31:04.80	00.14.50	38	1m 58s/100m	00.41.13	33	29.11 Km/h	00.35.01	43	7m 0 s/Km
35	TORREGROSSA, MARCELLO	M2	6	FORHANS TEAM	01:32:06.40	00.14.35	37	1m 56s/100m	00.41.32	34	28.89 Km/h	00.35.59	45	7m 11s/Km
36	SEVERINO, FABRIZIO	M4	1	S.S.LAZIO	01:33:08.20	00.15.59	40	2m 7 s/100m	00.47.32	40	25.24 Km/h	00.29.37	38	5m 55s/Km
37	BRUNO, MARCO	M3	2	FORHANS TEAM	01:34:02.50	00.17.31	42	2m 20s/100m	00.49.05	43	24.44 Km/h	00.27.26	33	5m 29s/Km
38	PERILLO, ERICO	M1	5	CANOTTIERI NAPOLI	01:34:10.40	00.12.15	18	1m 37s/100m	00.47.02	39	25.51 Km/h	00.34.53	42	6m 58s/Km



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39	DI LORETO, SERGIO	S4	7	TORRINO TRI TEAM	01:37:34.20	00.18.53	45	2m 31s/100m	00.50.17	44	23.86 Km/h	00.28.24	34	5m 40s/Km
40	MANNOCCHI, MASSIMO	M5	2	A.S. TRIATH OSTIA	01:39:23.30	00.14.25	36	1m 55s/100m	00.52.47	45	22.73 Km/h	00.32.11	39	6m 26s/Km
41	BRUNETTI, FABRIZIO	M2	7	PETERPAN TRIATHL	01:41:54.60	00.19.52	46	2m 38s/100m	00.48.47	42	24.59 Km/h	00.33.15	40	6m 39s/Km
42	FULLONI, ALESSANDRO	M1	6	A.S. TRIATH OSTIA	01:48:12.80	00.21.23	48	2m 51s/100m	00.47.37	41	25.20 Km/h	00.39.12	46	7m 50s/Km
43	BOTTI, MAURO	M4	2	FORHANS TEAM	01:48:23.70	00.20.10	47	2m 41s/100m	00.54.43	46	21.93 Km/h	00.33.30	41	6m 42s/Km
44	PICCHIANI, FLAVIO	S3	4	S.S.LAZIO	01:52:49.70	00.18.13	43	2m 25s/100m	00.59.05	47	20.31 Km/h	00.35.31	44	7m 6 s/Km
DNF	PUGLIESE, GIULIO	-	0	TORRINO TRI TEAM	DNF	00.10.27	8	--	00.35.01	4	--	-	-1	--
Sq.	MARTELLUZZI, ALESSANDRO	S3	0	FIORDA	01:08:34.40	00.11.47	14	1m 34s/100m	00.33.10	2	36.18 Km/h	00.23.37	26	4m 43s/Km
Sq.	GRENGA, VINCENZO	M4	0	DUE PONTI	01:17:06.70	00.15.03	39	2m 0.s/100m	00.39.18	27	30.53 Km/h	00.22.45	18	4m 32s/Km
Sq.	SURICO, GIUSEPPE	S4	0	A.S.MINERVA ROMA	01:07:56.30	00.12.14	17	1m 37s/100m	00.39.06	26	30.69 Km/h	00.16.36	1	3m 19s/Km
Sq.	DE PALMA, RICCARDO	YB	0	A.S.MINERVA ROMA	01:09:14.80	00.09.30	1	1m 15s/100m	00.38.43	22	30.99 Km/h	00.21.01	11	4m 12s/Km
Sq.	CASTELLI, CLAUDIO	M1	0	NEW GREEN HILL	01:08:31.90	00.12.26	22	1m 39s/100m	00.32.32	1	36.88 Km/h	00.23.33	25	4m 42s/Km