



Triathlon Sprint Insieme a Gianluca - Femminile
Udine (UD), 25/07/2010



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	SCHANUNG, LISA	YB	1	ASV SCHWIMMCLUB BRIXEN - ASD BRESSANONE NUOTO	01:13:58.30	00.10.05	2	1m 20s/100m	00.37.15	2	32.21 Km/h	00.26.38	7	5m 19s/Km
2	IANESI, MANUELA	M2	1	LAUFERCLUB BOZEN - SEZ. TRIATHLON	01:14:19.90	00.10.44	5	1m 25s/100m	00.37.02	1	32.40 Km/h	00.26.33	6	5m 18s/Km
3	GELMINI, LILLI	YB	2	ASV TRIATHLON HOCHPUSTERTAL - ALTA P. ASD	01:15:19.20	00.09.52	1	1m 18s/100m	00.38.48	5	30.92 Km/h	00.26.39	8	5m 19s/Km
4	PAPAI, SARA	YB	3	INDIVIDUALE	01:16:16.60	00.10.06	3	1m 20s/100m	00.39.45	9	30.18 Km/h	00.26.25	5	5m 16s/Km
5	SERAFINI, SILVIA	S4	1	INDIVIDUALE	01:16:33.20	00.13.04	8	1m 44s/100m	00.37.20	3	32.14 Km/h	00.26.09	1	5m 13s/Km
6	BARUCCI, LARA	S1	1	TRIATHLON DUATHLON RIMINI A.S.D.	01:17:10.60	00.10.22	4	1m 22s/100m	00.40.23	14	29.71 Km/h	00.26.25	4	5m 16s/Km
7	WATSCHINGER, LISA	JU	1	ASV TRIATHLON HOCHPUSTERTAL - ALTA P. ASD	01:18:53.40	00.10.45	6	1m 26s/100m	00.39.20	7	30.50 Km/h	00.28.48	11	5m 45s/Km
8	NONINO, ANNA	S3	1	TEAM UDINE TRIATHLON A.S.D.	01:20:11.60	00.14.48	19	1m 58s/100m	00.39.14	6	30.58 Km/h	00.26.09	2	5m 13s/Km
9	AVERSA, CINZIA	S3	2	ASD POOL SPORT TRIESTE	01:21:25.20	00.11.31	7	1m 32s/100m	00.39.26	8	30.43 Km/h	00.30.28	14	6m 5 s/Km
10	GABRIEL, GUNDULA	M2	2	FERRARA TRIATHLON CLUB A.S.D.	01:22:17.20	00.14.05	12	1m 52s/100m	00.38.19	4	31.31 Km/h	00.29.53	13	5m 58s/Km
11	HAJDINJAK, MELITA	S3	3	SLOVENIJA	01:22:21.40	00.14.25	17	1m 55s/100m	00.40.03	12	29.96 Km/h	00.27.53	10	5m 34s/Km
12	BERTELLE, ANNALISA	S1	2	G.P. TRIATHLON	01:23:21.70	00.14.23	16	1m 55s/100m	00.39.50	10	30.12 Km/h	00.29.08	12	5m 49s/Km
13	VIDOZ, SUSANNA	M1	1	CIRCOLO SPORT.VO ADRIA GORIZIA TRIATH.	01:24:27.30	00.17.06	22	2m 16s/100m	00.41.10	15	29.14 Km/h	00.26.11	3	5m 14s/Km
14	IANESI, DANIELA	M2	3	LAUFERCLUB BOZEN - SEZ. TRIATHLON	01:25:06.00	00.14.03	11	1m 52s/100m	00.40.01	11	29.98 Km/h	00.31.02	16	6m 12s/Km
15	ZENAROLLA, MONICA	S4	2	TEAM UDINE TRIATHLON A.S.D.	01:25:17.60	00.16.32	21	2m 12s/100m	00.41.14	16	29.10 Km/h	00.27.31	9	5m 30s/Km
16	PARUZZI, CRISTINA	M1	2	CIRCOLO SPORT.VO ADRIA GORIZIA TRIATH.	01:25:30.40	00.14.11	13	1m 53s/100m	00.40.12	13	29.85 Km/h	00.31.07	18	6m 13s/Km
17	PENZO, MADDALENA	S4	3	FERRARA TRIATHLON CLUB A.S.D.	01:27:34.10	00.14.13	14	1m 53s/100m	00.42.29	18	28.24 Km/h	00.30.52	15	6m 10s/Km
18	SNIDERO, SILVIA	S3	4	TEAM UDINE TRIATHLON A.S.D.	01:30:57.20	00.14.30	18	1m 55s/100m	00.45.22	21	26.45 Km/h	00.31.05	17	6m 13s/Km
19	BORGHESE, ELENA	M2	4	TEAM UDINE TRIATHLON A.S.D.	01:31:01.10	00.13.57	10	1m 51s/100m	00.41.26	17	28.96 Km/h	00.35.38	22	7m 7 s/Km
20	ROSSI, LINDA	S1	3	C.U.S. FERRARA	01:31:34.30	00.13.17	9	1m 46s/100m	00.46.34	22	25.76 Km/h	00.31.43	19	6m 20s/Km
21	BATTAGIN, MARA	S2	1	PADOVA TRIATHLON DUATHLON A.S.D.	01:35:46.00	00.14.16	15	1m 54s/100m	00.44.41	19	26.85 Km/h	00.36.49	23	7m 21s/Km
22	CHIARELLI, GIULIA	S4	4	ASD TRIIRON	01:39:44.20	00.19.22	23	2m 34s/100m	00.44.53	20	26.73 Km/h	00.35.29	21	7m 5 s/Km
23	BORELLA, MARCELLA	S4	5	PADOVA TRIATHLON DUATHLON A.S.D.	01:43:53.40	00.20.38	24	2m 45s/100m	00.49.07	23	24.43 Km/h	00.34.08	20	6m 49s/Km
24	STRNAD VOLKAR, POLONA	M1	3	SLOVENIJA	01:45:39.70	00.15.36	20	2m 4.s/100m	00.52.51	24	22.70 Km/h	00.37.12	24	7m 26s/Km