



Duathlon Super Sprint a squadre di Platamona Lido - Maschile
Platamona Lido (SS), 28/03/2010



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	PIRODDI, ROBERTO	J	1	TRI TEAM SASSARI	00:31:36.00	00:07.27	3	2m 58s/Km	00.16.35	7	36.18 Km/h	00.06.25	2	6m 25s/Km
2	BARRA, SIMONE	J	2	TRI TEAM SASSARI	00:31:36.40	00:07.27	1	2m 58s/Km	00.16.28	5	36.43 Km/h	00.06.25	1	6m 25s/Km
3	CASSESE, PASQUALE	J	3	TRI TEAM SASSARI	00:31:36.60	00:07.28	4	2m 59s/Km	00.16.22	4	36.65 Km/h	00.06.26	4	6m 26s/Km
4	USAI, NICOLA	J	4	TRI TEAM SASSARI	00:31:36.70	00:07.27	2	2m 58s/Km	00.16.31	6	36.32 Km/h	00.06.25	3	6m 25s/Km
5	SANNA, ANTONIO	E	1	TRI TEAM SASSARI	00:33:26.20	00:08.17	22	3m 18s/Km	00.16.17	1	36.84 Km/h	00.07.12	17	7m 12s/Km
6	LURANI, PAOLO	E	2	TRI TEAM SASSARI	00:33:26.30	00:08.18	23	3m 19s/Km	00.16.17	2	36.84 Km/h	00.07.13	18	7m 13s/Km
7	PAZZOLA, STEFANO	E	3	TRI TEAM SASSARI	00:33:26.60	00:08.16	21	3m 18s/Km	00.16.18	3	36.80 Km/h	00.07.12	16	7m 12s/Km
8	CASU, ANTONELLO	H	1	TRI TEAM SASSARI	00:33:31.80	00:07.41	7	3m 4 s/Km	00.17.34	15	34.15 Km/h	00.06.45	7	6m 44s/Km
9	SPINA, ANDREA	H	2	TRI TEAM SASSARI	00:33:31.90	00:07.40	5	3m 4 s/Km	00.17.33	13	34.18 Km/h	00.06.54	9	6m 54s/Km
10	MEDDE, ROBERTO	H	3	TRI TEAM SASSARI	00:33:32.40	00:07.40	6	3m 4 s/Km	00.17.34	14	34.15 Km/h	00.06.47	8	6m 46s/Km
11	CASU, MATTEO	K	1	CIR	00:33:41.70	00:08.00	13	3m 12s/Km	00.18.31	20	32.40 Km/h	00.06.40	6	6m 40s/Km
12	SESSINI, NICOLA	K	2	CIR	00:33:53.10	00:07.59	11	3m 11s/Km	00.18.37	22	32.22 Km/h	00.06.39	5	6m 39s/Km
13	SAIU, DAVIDE	G	1	VILLACIDRO TRIATHLON	00:34:03.50	00:08.05	20	3m 14s/Km	00.17.19	10	34.64 Km/h	00.07.07	10	7m 6 s/Km
14	ERBIÀ, MARCO	G	2	VILLACIDRO TRIATHLON	00:34:03.50	00:08.04	15	3m 13s/Km	00.17.07	8	35.05 Km/h	00.07.08	11	7m 8 s/Km
15	DESSI, BRUNO	G	3	VILLACIDRO TRIATHLON	00:34:04.00	00:08.04	16	3m 13s/Km	00.17.09	9	34.98 Km/h	00.07.11	15	7m 11s/Km
16	SCANU, GIUSEPPE	F	1	TRI TEAM SASSARI	00:34:21.40	00:07.50	8	3m 7 s/Km	00.17.54	19	33.51 Km/h	00.07.13	20	7m 13s/Km
17	CONGIATU, UMBERTO	F	2	TRI TEAM SASSARI	00:34:21.90	00:07.50	9	3m 7 s/Km	00.17.52	18	33.58 Km/h	00.07.13	19	7m 13s/Km
18	SCANU, MARCO	F	3	TRI TEAM SASSARI	00:34:21.90	00:07.51	10	3m 8 s/Km	00.17.52	17	33.58 Km/h	00.07.13	21	7m 13s/Km
19	SPANU, ANTONIO	I	1	TRI TEAM SASSARI	00:34:22.30	00:08.05	17	3m 14s/Km	00.17.35	16	34.12 Km/h	00.07.18	22	7m 17s/Km
20	PATITUCCI, FRANCESCO	I	2	TRI TEAM SASSARI	00:34:22.50	00:08.05	19	3m 14s/Km	00.17.33	12	34.18 Km/h	00.07.19	24	7m 18s/Km
21	PINNA, PIERGIANNI	I	3	TRI TEAM SASSARI	00:34:22.80	00:08.05	18	3m 14s/Km	00.17.25	11	34.44 Km/h	00.07.18	23	7m 17s/Km
22	DOLCEZZA, MARCO	K	3	CIR	00:34:43.10	00:08.00	12	3m 12s/Km	00.18.41	23	32.11 Km/h	00.07.26	25	7m 26s/Km
23	PIRASTRU, GIOVANNI	I	4	TRI TEAM SASSARI	00:35:53.80	00:08.04	14	3m 13s/Km	00.18.35	21	32.28 Km/h	00.07.31	26	7m 30s/Km
24	SCHIAVINO, ANDREA ROSARIO	C	1	MULTISPORT CATANIA	00:36:10.10	00:08.26	26	3m 22s/Km	00.19.06	27	31.41 Km/h	00.07.10	14	7m 10s/Km
25	PINTUS, ANDREA	C	2	TRI TEAM SASSARI	00:36:10.40	00:08.26	25	3m 22s/Km	00.19.00	25	31.57 Km/h	00.07.10	13	7m 10s/Km
26	RIVA, GIANNI	C	3	TRI TEAM SASSARI	00:36:10.70	00:08.26	24	3m 22s/Km	00.18.56	24	31.69 Km/h	00.07.09	12	7m 9 s/Km
27	FRESI, STEFANO	C	4	TRI TEAM SASSARI	00:36:31.20	00:12.06	35	4m 50s/Km	00.19.02	26	31.52 Km/h	00.07.31	27	7m 30s/Km
28	GARAU, FRANCESCO	D	1	TRI TEAM SASSARI	00:38:59.90	00:09.16	28	3m 42s/Km	00.19.30	31	30.76 Km/h	00.08.04	34	8m 3 s/Km
29	DEFFENU, DANIELE	D	2	TRI TEAM SASSARI	00:39:00.20	00:09.17	31	3m 42s/Km	00.19.30	30	30.76 Km/h	00.09.09	35	9m 9 s/Km
30	MANCA, ANTONIO	D	3	TRI TEAM SASSARI	00:39:00.40	00:09.14	27	3m 41s/Km	00.19.29	29	30.79 Km/h	00.07.51	28	7m 50s/Km
31	TOMA, ALEXANDRA	J	5	SINIS TRI	00:39:33.00	00:09.39	34	3m 51s/Km	00.19.57	33	30.07 Km/h	00.08.02	31	8m 1 s/Km
32	BRAVIN, GIORGIO	J	6	SINIS TRI	00:39:33.10	00:09.39	33	3m 51s/Km	00.19.56	32	30.10 Km/h	00.08.03	32	8m 3 s/Km
33	BOGO, ANTONIO	J	7	SINIS TRI	00:39:33.30	00:09.38	32	3m 51s/Km	00.19.27	28	30.84 Km/h	00.08.03	33	8m 3 s/Km
34	MASIA, GIAMPIERO	D	4	TRI TEAM SASSARI	00:41:06.80	00:09.16	29	3m 42s/Km	00.21.32	34	27.86 Km/h	00.07.59	30	7m 59s/Km
35	PIREDDA, MARCO	D	5	TRI TEAM SASSARI	00:41:06.90	00:09.17	30	3m 42s/Km	00.21.45	35	27.58 Km/h	00.07.59	29	7m 59s/Km