



Duathlon Sprint di Platamona Lido - Maschile

Platamona Lido (SS), 27/03/2010



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	TRAMONTE, FABIO	S2	1	MENS SANA	00:55:17.90	00.15.14	1	3m 2 s/Km	00.31.21	4	38.27 Km/h	00.07.41	1	3m 4 s/Km
2	CURRIDORI, GIOVANNI	S3	1	FUEL TRIATHLON	00:55:33.40	00.15.15	2	3m 2 s/Km	00.31.19	3	38.31 Km/h	00.07.58	2	3m 11s/Km
3	CASSESE, PASQUALE	S3	2	TRI TEAM SASSARI	00:56:41.30	00.15.16	3	3m 3 s/Km	00.31.18	2	38.33 Km/h	00.08.56	13	3m 34s/Km
4	AMBU, WALTER	M1	1	RARINANTES	00:57:20.80	00.15.44	4	3m 8 s/Km	00.32.10	11	37.30 Km/h	00.08.18	3	3m 19s/Km
5	SABA, CORRADO	M1	2	CERBERO	00:57:25.60	00.15.49	5	3m 9 s/Km	00.32.04	9	37.42 Km/h	00.08.25	4	3m 22s/Km
6	PODDA, ANTONIO	M1	3	FUEL TRIATHLON	00:57:27.80	00.15.50	8	3m 9 s/Km	00.32.03	8	37.44 Km/h	00.08.30	5	3m 23s/Km
7	LISCI, FEDERICO	S4	1	FUEL TRIATHLON	00:57:40.90	00.16.08	10	3m 13s/Km	00.31.34	6	38.01 Km/h	00.08.37	6	3m 26s/Km
8	BARRA, SIMONE	S3	3	TRI TEAM SASSARI	00:57:44.50	00.15.50	9	3m 9 s/Km	00.32.00	7	37.5 Km/h	00.08.45	8	3m 30s/Km
9	ERBIÀ, MARCO	S3	4	VILLACIDRO TRIATHLON	00:58:19.70	00.15.49	6	3m 9 s/Km	00.32.07	10	37.36 Km/h	00.09.15	17	3m 42s/Km
10	SANNA, ANTONIO	S3	5	TRI TEAM SASSARI	00:58:47.70	00.16.22	19	3m 16s/Km	00.31.18	1	38.33 Km/h	00.09.38	21	3m 51s/Km
11	ARGIOLAS, MASSIMO	M2	1	RARINANTES	00:58:57.30	00.16.22	20	3m 16s/Km	00.31.30	5	38.09 Km/h	00.09.43	24	3m 53s/Km
12	PIRODDI, ROBERTO	M2	2	TRI TEAM SASSARI	01:00:00.90	00.16.19	17	3m 15s/Km	00.33.36	22	35.71 Km/h	00.08.57	14	3m 34s/Km
13	SECCHI, GIOVANNI RAFFAELE	S1	1	ISLAND TEAM	01:00:13.70	00.16.37	23	3m 19s/Km	00.33.35	21	35.73 Km/h	00.08.45	7	3m 30s/Km
14	ROMAGNANI, ALBERTO	M1	4	SURVIVAL	01:00:25.60	00.16.17	14	3m 15s/Km	00.33.50	27	35.46 Km/h	00.08.54	11	3m 33s/Km
15	USAI, NICOLA	M1	5	TRI TEAM SASSARI	01:00:27.80	00.16.18	16	3m 15s/Km	00.34.02	29	35.25 Km/h	00.08.48	9	3m 31s/Km
16	MEDDE, ROBERTO	M1	6	TRI TEAM SASSARI	01:00:31.90	00.16.21	18	3m 16s/Km	00.33.39	23	35.66 Km/h	00.08.54	12	3m 33s/Km
17	CURRIDORI, VALERIO	M4	1	FUEL TRIATHLON	01:00:34.20	00.16.36	22	3m 19s/Km	00.33.26	15	35.89 Km/h	00.08.52	10	3m 32s/Km
18	PUTZOLU, ALESSANDRO	S4	2	NUOTO LIVORNO 3	01:00:42.20	00.16.16	12	3m 15s/Km	00.33.29	20	35.83 Km/h	00.09.43	23	3m 53s/Km
19	SCHIAVINO, ANDREA	S1	2	MULTISPORT CATANIA	01:01:07.50	00.16.37	24	3m 19s/Km	00.33.43	24	35.59 Km/h	00.09.33	20	3m 49s/Km
20	SARTORI, STEFANO	M1	7	TRI TEAM SASSARI	01:01:14.90	00.16.16	13	3m 15s/Km	00.33.28	18	35.85 Km/h	00.09.15	16	3m 42s/Km
21	PAZZOLA, STEFANO	S4	3	TRI TEAM SASSARI	01:01:21.10	00.17.11	26	3m 26s/Km	00.32.53	13	36.49 Km/h	00.09.41	22	3m 52s/Km
22	SPINA, ANDREA ROBERTO	M2	3	TRI TEAM SASSARI	01:01:26.90	00.16.34	21	3m 18s/Km	00.33.47	26	35.52 Km/h	00.09.47	25	3m 54s/Km
23	DESSI, BRUNO	M2	4	VILLACIDRO TRIATHLON	01:01:42.00	00.17.49	34	3m 33s/Km	00.33.28	19	35.85 Km/h	00.09.24	18	3m 45s/Km
24	CASU, ANTONIO	S4	4	TRI TEAM SASSARI	01:01:48.50	00.16.12	11	3m 14s/Km	00.34.07	30	35.17 Km/h	00.09.07	15	3m 38s/Km
25	LEONI, GIAN CARLO	M2	5	TRI TEAM SASSARI	01:02:07.00	00.17.33	29	3m 30s/Km	00.32.41	12	36.71 Km/h	00.10.23	38	4m 9 s/Km
26	LURANI, PAOLO	M3	1	TRI TEAM SASSARI	01:02:27.00	00.17.38	32	3m 31s/Km	00.33.22	14	35.96 Km/h	00.09.48	27	3m 55s/Km
27	CONGIATU, UMBERTO	M1	8	TRI TEAM SASSARI	01:02:43.50	00.17.07	25	3m 25s/Km	00.34.00	28	35.29 Km/h	00.10.09	33	4m 3 s/Km
28	PINNA, PIERGIOVANNI	M1	9	TRI TEAM SASSARI	01:02:58.60	00.17.33	30	3m 30s/Km	00.33.44	25	35.57 Km/h	00.10.22	36	4m 8 s/Km
29	SAIU, DAVIDE	M1	10	VILLACIDRO TRIATHLON	01:03:08.80	00.17.35	31	3m 30s/Km	00.33.27	17	35.87 Km/h	00.10.30	39	4m 12s/Km
30	PATITUCCI, FRANCESCO	S4	5	TRI TEAM SASSARI	01:03:09.80	00.17.43	33	3m 32s/Km	00.33.26	16	35.89 Km/h	00.10.34	40	4m 13s/Km
31	SPANO, ANTONIO LORENZO	S3	6	TRI TEAM SASSARI	01:03:27.50	00.17.31	28	3m 30s/Km	00.34.13	31	35.07 Km/h	00.10.21	35	4m 8 s/Km
32	DENOTTI, GIANLUCA	M1	11	MENS SANA	01:04:02.50	00.17.52	36	3m 34s/Km	00.34.51	34	34.43 Km/h	00.09.47	26	3m 54s/Km
33	MAXIA, ANTONIO	M2	6	TRISARCA	01:04:20.10	00.18.36	42	3m 43s/Km	00.34.43	32	34.56 Km/h	00.09.49	28	3m 55s/Km
34	PINTUS, MARIO	M1	12	TRI TEAM SASSARI	01:04:33.90	00.18.20	40	3m 39s/Km	00.34.50	33	34.44 Km/h	00.10.03	30	4m 1 s/Km
35	VIGLIOTTA, MARCELLO	M2	7	SURVIVAL	01:04:43.00	00.17.59	38	3m 35s/Km	00.35.04	36	34.22 Km/h	00.09.33	19	3m 49s/Km
36	SAIU, GIORGIO	M2	8	VILLACIDRO TRIATHLON	01:04:59.60	00.17.50	35	3m 34s/Km	00.35.04	35	34.22 Km/h	00.10.09	32	4m 3 s/Km
37	DEMONDIS, ALDO	M3	2	TRISARCA	01:07:06.30	00.18.37	43	3m 43s/Km	00.36.56	37	32.49 Km/h	00.10.05	31	4m 1 s/Km
38	PORCU, GIUSEPPE	M1	13	ISLAND TEAM	01:09:18.50	00.17.54	37	3m 34s/Km	00.40.15	42	29.81 Km/h	00.09.52	29	3m 56s/Km



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39	RIVA, GIOVANNI	S3	7	TRI TEAM SASSARI	01:09:27.10	00.18.21	41	3m 40s/Km	00.39.24	40	30.45 Km/h	00.10.11	34	4m 4 s/Km
40	LATTE, VITTORIO	M2	9	TRI TEAM SASSARI	01:10:51.10	00.20.01	47	4m 0 s/Km	00.37.38	39	31.88 Km/h	00.11.06	44	4m 26s/Km
41	FRESI, STEFANO	S4	6	TRI TEAM SASSARI	01:11:08.80	00.19.27	45	3m 53s/Km	00.39.38	41	30.27 Km/h	00.10.35	41	4m 14s/Km
42	BOI, ROBERTO	M1	14	ISLAND TEAM	01:11:52.90	00.17.12	27	3m 26s/Km	00.37.30	38	32.0 Km/h	00.14.22	45	5m 44s/Km
43	GARAU, FRANCESCO	M3	3	TRI TEAM SASSARI	01:14:01.60	00.19.40	46	3m 55s/Km	00.41.25	44	28.97 Km/h	00.11.02	43	4m 24s/Km
44	DEFFENU, DANIELE	M1	15	TRI TEAM SASSARI	01:14:02.10	00.20.01	48	4m 0 s/Km	00.40.58	43	29.29 Km/h	00.10.56	42	4m 22s/Km
45	NORI, ALBERTO	S3	8	VILLACIDRO TRIATHLON	01:15:57.50	00.18.55	44	3m 46s/Km	00.44.06	45	27.21 Km/h	00.10.22	37	4m 8 s/Km
DNF	MORO, ROBERTO	-	0	TRISARCA	DNF	00.15.49	7	--	-	-1	--	-	-1	--
DNF	SCANU, GIUSEPPE	-	0	TRI TEAM SASSARI	DNF	00.18.10	39	--	-	-1	--	-	-1	--
DNF	SCANU, MARCO	-	0	TRI TEAM SASSARI	DNF	00.16.18	15	--	-	-1	--	-	-1	--