



# Roma Duathlon Sprint - Maschile

## Roma Labaro (RM), 29/11/2009



| Pos | Atleta                   | Cat | P.Cat | Team                 | Tempo       | Run      | Pos | Media     | Bike     | Pos | Media      | Run      | Pos | Media     |
|-----|--------------------------|-----|-------|----------------------|-------------|----------|-----|-----------|----------|-----|------------|----------|-----|-----------|
| 1   | PALMUCCI, DANILO         | M2  | 1     | S.S.LAZIO            | 01:04:14.50 | 00:19.30 | 1   | 3m 53s/Km | 00:34.58 | 4   | 34.31 Km/h | 00:09.05 | 1   | 3m 37s/Km |
| 2   | BENTIVEGNA, ENRICO       | JU  | 1     | NEW GREEN HILL       | 01:04:23.60 | 00:19.30 | 2   | 3m 53s/Km | 00:34.56 | 3   | 34.35 Km/h | 00:09.14 | 2   | 3m 41s/Km |
| 3   | SIBILIO, SILVANO         | M1  | 1     | T.D. RIMINI          | 01:06:52.40 | 00:19.58 | 4   | 3m 59s/Km | 00:35.55 | 6   | 33.41 Km/h | 00:10.05 | 4   | 4m 1 s/Km |
| 4   | AMBROSI, LEONARDO        | S3  | 1     | S.S.LAZIO            | 01:07:36.50 | 00:20.43 | 5   | 4m 8 s/Km | 00:34.51 | 2   | 34.43 Km/h | 00:10.29 | 6   | 4m 11s/Km |
| 5   | PUCCINI, MICHELE         | M2  | 2     | TORRINO TRI TEAM     | 01:08:35.60 | 00:20.59 | 8   | 4m 11s/Km | 00:35.48 | 5   | 33.51 Km/h | 00:10.37 | 8   | 4m 14s/Km |
| 6   | RISTUCCIA, RENZO         | M2  | 3     | JHONNY TRI FORHANS   | 01:09:35.60 | 00:21.19 | 13  | 4m 15s/Km | 00:36.45 | 10  | 32.65 Km/h | 00:10.44 | 10  | 4m 17s/Km |
| 7   | AMATO, LUIGI             | M2  | 4     | S.S.LAZIO            | 01:10:25.50 | 00:21.32 | 15  | 4m 18s/Km | 00:36.17 | 7   | 33.07 Km/h | 00:11.28 | 16  | 4m 35s/Km |
| 8   | GRENGA, VINCENZO         | M4  | 1     | S.S.LAZIO            | 01:10:52.50 | 00:21.18 | 12  | 4m 15s/Km | 00:37.12 | 12  | 32.25 Km/h | 00:11.12 | 14  | 4m 28s/Km |
| 9   | BUSSOLETTI, ANDREA       | M2  | 5     | S.S.LAZIO            | 01:10:53.20 | 00:21.05 | 10  | 4m 13s/Km | 00:37.16 | 13  | 32.20 Km/h | 00:10.59 | 12  | 4m 23s/Km |
| 10  | BALDI, MARCO             | M2  | 6     | JHONNY TRI FORHANS   | 01:11:24.00 | 00:21.33 | 16  | 4m 18s/Km | 00:36.20 | 8   | 33.02 Km/h | 00:12.25 | 24  | 4m 58s/Km |
| 11  | BENETTI, MASSIMO         | S4  | 1     | JHONNY TRI FORHANS   | 01:11:30.60 | 00:21.01 | 9   | 4m 12s/Km | 00:38.15 | 15  | 31.37 Km/h | 00:10.26 | 5   | 4m 10s/Km |
| 12  | VIALI, FRANCO            | M1  | 2     | JHONNY TRI FORHANS   | 01:12:02.20 | 00:22.36 | 21  | 4m 31s/Km | 00:36.23 | 9   | 32.98 Km/h | 00:11.41 | 17  | 4m 40s/Km |
| 13  | ROMEO, FRANCESCO         | M1  | 3     | TRI TEAM LEPROTTI    | 01:13:10.80 | 00:20.54 | 7   | 4m 10s/Km | 00:40.57 | 19  | 29.30 Km/h | 00:10.30 | 7   | 4m 12s/Km |
| 14  | SCAFFIDI MUTA, BENEDETTO | JU  | 2     | ATL TRIATHL M ROTOND | 01:14:04.30 | -        | -1  | --        | -        | -1  | --         | 01:14.04 | 38  | --        |
| 15  | ALESSANDRINI, MIRKO      | S4  | 2     | S.S.LAZIO            | 01:14:19.80 | 00:22.44 | 22  | 4m 32s/Km | 00:37.36 | 14  | 31.91 Km/h | 00:12.34 | 25  | 5m 1 s/Km |
| 16  | PIAGENTINI, MARCO        | S4  | 3     | JHONNY TRI FORHANS   | 01:15:08.50 | 00:21.47 | 17  | 4m 21s/Km | 00:41.04 | 20  | 29.22 Km/h | 00:11.17 | 15  | 4m 30s/Km |
| 17  | GIORDANI, ALFREDO        | M2  | 7     | PETERPAN TRIATHL     | 01:15:53.90 | 00:23.05 | 27  | 4m 36s/Km | 00:38.59 | 16  | 30.78 Km/h | 00:12.23 | 23  | 4m 57s/Km |
| 18  | REDAELLI, ANDREA         | M1  | 4     | TRI TEAM LEPROTTI    | 01:16:29.70 | 00:21.08 | 11  | 4m 13s/Km | 00:42.53 | 24  | 27.98 Km/h | 00:10.41 | 9   | 4m 16s/Km |
| 19  | DAVID, ROBERTO           | M1  | 5     | JHONNY TRI FORHANS   | 01:16:43.20 | 00:23.16 | 28  | 4m 39s/Km | 00:40.02 | 17  | 29.97 Km/h | 00:11.58 | 21  | 4m 47s/Km |
| 20  | BELOCCHI, LORENZO        | M1  | 6     | S.S.LAZIO            | 01:16:52.40 | 00:23.03 | 24  | 4m 36s/Km | 00:40.08 | 18  | 29.90 Km/h | 00:11.54 | 20  | 4m 45s/Km |
| 21  | ASCENZI, MASSIMO         | M1  | 7     | JHONNY TRI FORHANS   | 01:19:38.50 | 00:22.29 | 20  | 4m 29s/Km | 00:43.36 | 29  | 27.52 Km/h | 00:12.38 | 26  | 5m 3 s/Km |
| 22  | RISI, UMBERTO            | M6  | 1     | C.C. ANIENE          | 01:19:41.70 | 00:22.46 | 23  | 4m 33s/Km | 00:43.25 | 28  | 27.63 Km/h | 00:11.53 | 19  | 4m 45s/Km |
| 23  | BALDI, GUIDO             | M1  | 8     | JHONNY TRI FORHANS   | 01:19:50.00 | 00:23.38 | 30  | 4m 43s/Km | 00:41.08 | 21  | 29.17 Km/h | 00:13.52 | 32  | 5m 32s/Km |
| 24  | CARBONE, MASSIMO         | M1  | 9     | S.S.LAZIO            | 01:19:55.50 | 00:23.53 | 31  | 4m 46s/Km | 00:41.21 | 22  | 29.02 Km/h | 00:13.32 | 31  | 5m 24s/Km |
| 25  | SAMEK, ALESSANDRO        | M3  | 1     | TRI TEAM LEPROTTI    | 01:20:19.20 | 00:23.04 | 26  | 4m 36s/Km | 00:42.59 | 25  | 27.91 Km/h | 00:13.02 | 28  | 5m 12s/Km |
| 26  | LEONE, GIANCARLO         | M1  | 10    | S.S.LAZIO            | 01:21:05.90 | 00:24.27 | 33  | 4m 53s/Km | 00:41.38 | 23  | 28.82 Km/h | 00:13.16 | 29  | 5m 18s/Km |
| 27  | SICILIANO, MARIO         | M2  | 8     | ATLAS TRIATHLON CS   | 01:21:32.10 | 00:23.55 | 32  | 4m 46s/Km | 00:43.22 | 27  | 27.67 Km/h | 00:13.18 | 30  | 5m 19s/Km |
| 28  | RUSSO, MARCELLO          | M1  | 11    | PETERPAN TRIATHL     | 01:21:38.20 | 00:23.36 | 29  | 4m 43s/Km | 00:43.08 | 26  | 27.82 Km/h | 00:12.51 | 27  | 5m 8 s/Km |
| 29  | CASTELLANO, GIANCARLO    | S3  | 2     | PETERPAN TRIATHL     | 01:21:43.50 | 00:21.21 | 14  | 4m 16s/Km | 00:47.58 | 34  | 25.01 Km/h | 00:10.48 | 11  | 4m 19s/Km |
| 30  | LAMANNA, FRANCESCO       | M1  | 12    | TORRINO TRI TEAM     | 01:22:11.20 | 00:22.14 | 19  | 4m 26s/Km | 00:45.16 | 31  | 26.50 Km/h | 00:11.11 | 13  | 4m 28s/Km |
| 31  | LIVERANI, LUCA           | M2  | 9     | TRI TEAM LEPROTTI    | 01:23:04.30 | 00:23.04 | 25  | 4m 36s/Km | 00:46.40 | 32  | 25.71 Km/h | 00:12.13 | 22  | 4m 53s/Km |
| 32  | BOTTI, MAURO             | M4  | 2     | JHONNY TRI FORHANS   | 01:28:51.00 | 00:24.49 | 34  | 4m 57s/Km | 00:48.25 | 36  | 24.78 Km/h | 00:14.19 | 33  | 5m 43s/Km |
| 33  | FULLONI, ALESSANDRO      | M1  | 13    | A.S. TRIATH OSTIA    | 01:30:32.40 | 00:28.35 | 36  | 5m 43s/Km | 00:44.18 | 30  | 27.08 Km/h | 00:15.17 | 34  | 6m 6 s/Km |
| 34  | BRUNO, LUCA              | M2  | 10    | JHONNY TRI FORHANS   | 01:36:14.10 | 00:29.39 | 38  | 5m 55s/Km | 00:48.49 | 37  | 24.58 Km/h | 00:15.47 | 36  | 6m 18s/Km |
| 35  | IENCENELLI, FABIO        | S3  | 3     | S.S.LAZIO            | 01:36:56.00 | -        | -1  | --        | -        | -1  | --         | 01:36.56 | 39  | --        |
| DNF | MASSARUCCI, ERNELIO      | -   | 0     | JHONNY TRI FORHANS   | DNF         | 00:20.45 | 6   | --        | -        | -1  | --         | -        | -1  | --        |
| Sq. | PELLEGRINO, MICHELE      | S4  | 0     | PETERPAN TRIATHL     | 01:31:27.40 | 00:25.03 | 35  | 5m 0 s/Km | 00:46.55 | 33  | 25.57 Km/h | 00:15.44 | 35  | 6m 17s/Km |
| Sq. | SPINA, STEFANO           | M1  | 0     | JHONNY TRI FORHANS   | 01:07:30.60 | 00:19.47 | 3   | 3m 57s/Km | 00:37.06 | 11  | 32.34 Km/h | 00:09.50 | 3   | 3m 55s/Km |



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|     |                    |    |   |           |             |          |    |           |          |    |            |          |    |           |
|-----|--------------------|----|---|-----------|-------------|----------|----|-----------|----------|----|------------|----------|----|-----------|
| Sq. | BOMBINI, GIANCARLO | S4 | 0 | S.S.LAZIO | 01:07:07.40 | 00.22.13 | 18 | 4m 26s/Km | 00.31.58 | 1  | 37.53 Km/h | 00.11.42 | 18 | 4m 40s/Km |
| Sq. | NERI, MASSIMILIANO | S4 | 0 | S.S.LAZIO | 01:34:34.80 | 00.28.46 | 37 | 5m 45s/Km | 00.48.11 | 35 | 24.90 Km/h | 00.16.33 | 37 | 6m 37s/Km |