



Triathlon Super Sprint di Candia - Cadetti Femminile

Candia (TO), 03/10/2009



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	VISAGGI, SILVIA	CA	1	TORINO 3	00:34:57.60	00.05.45	2	1m 26s/100m	00.18.47	6	31.94 Km/h	00.09.39	1	3m 51s/Km
2	CAMPANER, NICOLE	CA	2	TORINO 3	00:35:47.40	00.05.58	6	1m 29s/100m	00.18.36	3	32.25 Km/h	00.10.25	4	4m 10s/Km
3	SFORZA, GIULIA	CA	3	ATLBELLINZAGO	00:35:55.20	00.06.20	10	1m 34s/100m	00.18.34	2	32.31 Km/h	00.10.20	3	4m 8 s/Km
4	OLIVARI, NICOLE	CA	4	OLIMPIA GAGGIO	00:36:29.60	00.05.54	5	1m 28s/100m	00.18.39	5	32.17 Km/h	00.11.10	12	4m 28s/Km
5	GRASSI, MYRIAM	CA	5	LA FENICE TRI	00:36:47.50	00.06.09	7	1m 32s/100m	00.19.39	14	30.53 Km/h	00.10.09	2	4m 3 s/Km
6	VARBELLA, FEDERICA	CA	6	TORINO 3	00:36:55.40	00.05.51	3	1m 27s/100m	00.18.37	4	32.22 Km/h	00.11.34	16	4m 37s/Km
7	STEINHAUSER, VERENA	CA	7	BRESSANONE NUOTO	00:37:13.80	00.06.19	9	1m 34s/100m	00.18.28	1	32.49 Km/h	00.11.34	15	4m 37s/Km
8	CONTU, ISABELLA	CA	8	VALLE D' AOSTA	00:37:16.10	00.06.59	20	1m 44s/100m	00.19.00	7	31.57 Km/h	00.10.25	5	4m 10s/Km
9	PAPAI, SARA	CA	9	CUS UDINE	00:37:39.90	00.05.51	4	1m 27s/100m	00.19.54	16	30.15 Km/h	00.11.03	10	4m 25s/Km
10	IOGNA-PRAT, LUISA	CA	10	CUS UDINE	00:37:49.20	00.06.51	19	1m 42s/100m	00.19.15	9	31.16 Km/h	00.10.53	7	4m 21s/Km
11	GELMINI, LILLI	CA	11	FUMANE TRIATHLON	00:38:00.00	00.05.40	1	1m 25s/100m	00.19.28	12	30.82 Km/h	00.12.03	20	4m 49s/Km
12	BARONCHELLI, VALENTINA	CA	12	DDS	00:38:31.40	00.06.27	12	1m 36s/100m	00.20.07	19	29.82 Km/h	00.11.01	9	4m 24s/Km
13	AMBROSTOLO, GLORIA	CA	13	A.S. VIRTUS	00:38:33.40	00.07.37	31	1m 54s/100m	00.19.13	8	31.22 Km/h	00.10.54	8	4m 21s/Km
14	SOFFIATI, GIULIA	CA	14	VALLE D' AOSTA	00:38:59.50	00.07.23	26	1m 50s/100m	00.19.25	11	30.90 Km/h	00.11.23	14	4m 33s/Km
15	FIORAVANTI, ILARIA	CA	15	ATL TRIATHL M ROTOND	00:39:03.70	00.07.04	23	1m 46s/100m	00.20.25	21	29.38 Km/h	00.10.39	6	4m 15s/Km
16	VITALI, CLEMENTINA	CA	16	NEW GREEN HILL	00:39:16.00	00.06.46	17	1m 41s/100m	00.19.49	15	30.27 Km/h	00.11.42	18	4m 40s/Km
17	CONVALLE, FRANCESCA	CA	17	LA FENICE TRI	00:39:44.20	00.06.28	13	1m 37s/100m	00.20.04	17	29.90 Km/h	00.12.13	23	4m 53s/Km
18	FAIDUTTI, CAMILLA	CA	18	UDINE TRIATHLON	00:39:52.90	00.07.35	30	1m 53s/100m	00.19.15	10	31.16 Km/h	00.12.07	22	4m 50s/Km
19	PRAMSTALLER, SABRINA	CA	19	ALTA PUSTERIA	00:40:14.20	00.07.29	28	1m 52s/100m	00.20.41	24	29.00 Km/h	00.11.08	11	4m 27s/Km
20	SCHIANCHI, FEDERICA	CA	20	CUS PARMA MEDEL	00:40:24.60	00.07.09	24	1m 47s/100m	00.20.06	18	29.85 Km/h	00.12.04	21	4m 49s/Km
21	FASCETTI, SVEVA	CA	21	NEW GREEN HILL	00:40:38.20	00.07.20	25	1m 49s/100m	00.21.00	27	28.57 Km/h	00.11.18	13	4m 31s/Km
22	UGOLINI, MARTINA	CA	22	T.D. RIMINI	00:40:45.00	00.07.25	27	1m 51s/100m	00.20.18	20	29.55 Km/h	00.12.15	25	4m 54s/Km
23	PATTARINI, GAIA	CA	23	PIACENZA TRI VIVO	00:40:51.20	00.07.30	29	1m 52s/100m	00.20.41	23	29.00 Km/h	00.11.36	17	4m 38s/Km
24	DADA, NADIA	CA	24	DDS	00:41:00.10	00.06.17	8	1m 34s/100m	00.21.32	28	27.86 Km/h	00.12.14	24	4m 53s/Km
25	SALVATORI, CRISTINA	CA	25	TORRINO TRI TEAM	00:41:09.70	00.07.04	22	1m 46s/100m	00.20.29	22	29.29 Km/h	00.12.20	27	4m 56s/Km
26	CHITTI, EMMA	CA	26	CUS PARMA MEDEL	00:41:23.60	00.06.33	16	1m 38s/100m	00.21.44	29	27.60 Km/h	00.12.15	26	4m 54s/Km
27	PUGLIESE, CECILIA	CA	27	TORRINO TRI TEAM	00:41:42.30	00.06.29	15	1m 37s/100m	00.22.21	31	26.84 Km/h	00.11.52	19	4m 44s/Km
28	MAMBRINI, IRENE	CA	28	PRO PATRIA ACROS	00:42:17.50	00.07.43	32	1m 55s/100m	00.20.54	26	28.70 Km/h	00.12.40	28	5m 3 s/Km
29	VEZZULLI, FOSCA	CA	29	PIACENZA TRI VIVO	00:42:34.40	00.07.46	33	1m 56s/100m	00.20.54	25	28.70 Km/h	00.12.53	29	5m 9 s/Km
30	MANTOVA, MARTINA	CA	30	A.S.MINERVA ROMA	00:43:01.10	00.06.48	18	1m 42s/100m	00.21.56	30	27.35 Km/h	00.13.20	30	5m 19s/Km
31	SCARPA, STEFANIA	CA	31	PIACENZA TRI VIVO	00:46:11.20	00.07.02	21	1m 45s/100m	00.22.37	32	26.52 Km/h	00.15.24	31	6m 9 s/Km
DNF	SOFFIATI, ALICE	-	0	VALLE D' AOSTA	DNF	00.06.29	14	--	00.19.33	13	--	-	-1	--
DNF	NARDELLI, MARTINA	-	0	TORINO 3	DNF	00.06.24	11	--	-	-1	--	-	-1	--
DNS	DELLA PASQUA, ELENA	-	0	T.D. RIMINI	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	DE QUARTO, CHIARA	-	0	NEW GREEN HILL	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	MURA, MARINA	-	0	FUEL TRIATHLON	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	BLANDA, BEATRICE	-	0	NEW GREEN HILL	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	FIORIN, GIULIA	-	0	FUMANE TRIATHLON	DNS	-	-1	--	-	-1	--	-	-1	--