



Triathlon Olimpico del Lago del Salto - AgeGroup Femminile
Petrella Salto (RI), 19/07/2009



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	ASCOLI, MANUELA	S4	1	A.S.MINERVA ROMA	02:11:53.20	00.27.52	2	1m 51s/100m	01.07.47	2	35.40 Km/h	00.36.14	1	3m 37s/Km
2	MENEGON, MICHELA	S3	1	TRIATH SIENA NUOTO	02:23:35.90	00.27.11	1	1m 48s/100m	01.15.39	6	31.72 Km/h	00.40.45	4	4m 4 s/Km
3	PALAZZO, LAVINIA	S4	2	TOP TRIATHLON	02:28:31.40	00.32.02	4	2m 8.s/100m	01.11.36	3	33.51 Km/h	00.44.53	9	4m 29s/Km
4	DE VITO, MANUELA	S2	1	ERMES CAMPANIA	02:29:28.50	00.30.55	3	2m 3.s/100m	01.16.02	9	31.56 Km/h	00.42.31	5	4m 15s/Km
5	MELE, RAFFAELLA	S4	3	JHONNY TRI FORHANS	02:31:13.00	00.35.28	5	2m 21s/100m	01.13.01	5	32.86 Km/h	00.42.44	6	4m 16s/Km
6	MANCINI, MONIKA MANUE	M1	1	PESCARA TRIATHLON	02:32:11.30	00.40.35	11	2m 42s/100m	01.06.34	1	36.05 Km/h	00.45.02	10	4m 30s/Km
7	MIGNOGNA, MARIA GRAZIA	M2	1	JHONNY TRI FORHANS	02:37:19.80	00.44.28	13	2m 57s/100m	01.12.51	4	32.94 Km/h	00.40.00	2	4m 0 s/Km
8	SOSSI, RAFFAELLA	M1	2	S.S.LAZIO	02:37:36.50	00.38.25	8	2m 33s/100m	01.15.46	8	31.67 Km/h	00.43.25	8	4m 20s/Km
9	AZZARO, FRANCESCA	S3	2	JHONNY TRI FORHANS	02:37:47.80	00.38.49	10	2m 35s/100m	01.18.29	11	30.57 Km/h	00.40.29	3	4m 2 s/Km
10	BETTOLI, CHIARA	M2	2	TRIATHLON FAENZA	02:44:50.60	00.44.40	14	2m 58s/100m	01.16.58	10	31.18 Km/h	00.43.12	7	4m 19s/Km
11	GENTILE, NELITA	S4	4	A.S. TRIATH OSTIA	02:45:42.70	00.38.32	9	2m 34s/100m	01.15.39	7	31.72 Km/h	00.51.31	12	5m 9 s/Km
12	MELE, SIMONA	M2	3	A.S. TRIATH OSTIA	02:51:08.30	00.38.17	7	2m 33s/100m	01.23.20	14	28.8 Km/h	00.49.31	11	4m 57s/Km
13	TRIBUZIO, ROSA	S3	3	CUS BARI	02:51:43.30	00.36.25	6	2m 25s/100m	01.19.26	12	30.21 Km/h	00.55.52	14	5m 35s/Km
14	GNUDI, CLAUDIA	S3	4	INUIT	02:56:15.50	00.40.41	12	2m 42s/100m	01.22.58	13	28.92 Km/h	00.52.36	13	5m 15s/Km
DNF	GALASSO, FRANCA	-	0	MGP TRIATHLON	DNF	00.57.35	15	--	01.23.39	15	--	-	-1	--
DNS	CARPENTIERI, ANNUNZIATA	-	0	JHONNY TRI FORHANS	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CAGGIATI, LUISA	-	0	SANDRO CABASSI TRI	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	DI MARCO, GIULIA	-	0	TRIATHLON TRASIMENO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	MARTINELLI, CAMILLA	-	0	A.S.MINERVA ROMA	DNS	-	-1	--	-	-1	--	-	-1	--