



Triathlon Sprint Città di Faenza - Promo Femminile
Faenza (RA), 30/08/2009



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	STEFANELLI, DANIELA	S3	1	UDACE PESARO	00:46:08.20	00.05.49	1	0m 46s/100m	00.26.25	1	45.42 Km/h	00.11.13	3	2m 14s/Km
2	SANTINI, SABRINA	M1	1	UDACE PESARO	00:51:21.70	00.06.47	5	0m 54s/100m	00.30.17	2	39.62 Km/h	00.10.33	1	2m 6 s/Km
3	MAMBELLI, CONSUELO	NC	1	INDIVIDUALE	00:54:09.70	00.07.05	8	0m 56s/100m	00.30.26	3	39.43 Km/h	00.13.19	5	2m 39s/Km
4	VALGIMIGLI, CRISTINA	S4	1	INDIVIDUALE	00:54:25.80	00.06.59	6	0m 55s/100m	00.31.25	4	38.19 Km/h	00.12.49	4	2m 33s/Km
5	ZAMPIGHI, ALESSANDRA	M1	2	G.S. DRAGO MARINA RAV.	00:55:47.90	00.07.26	9	0m 59s/100m	00.33.05	6	36.27 Km/h	00.10.56	2	2m 11s/Km
6	ARGINELLI, VALENTINA	S3	2	CURITOS	00:56:08.10	00.05.56	2	0m 47s/100m	00.33.33	7	35.76 Km/h	00.13.28	6	2m 41s/Km
7	CAVINA, ALESSANDRA	S4	2	INDIVIDUALE	00:56:49.40	00.07.57	10	1m 3.s/100m	00.32.19	5	37.13 Km/h	00.13.47	7	2m 45s/Km
8	PIANCASTELLI, MANUELA	M1	3	INDIVIDUALE	00:58:45.90	00.07.03	7	0m 56s/100m	00.34.07	8	35.17 Km/h	00.13.54	8	2m 46s/Km
9	GIGLIO, FRANCESCA	S1	1	INDIVIDUALE	01:01:16.80	00.06.23	4	0m 51s/100m	00.35.02	9	34.25 Km/h	00.14.49	11	2m 57s/Km
10	LANZONI, ELISA	M1	4	INDIVIDUALE	01:01:44.40	00.07.59	11	1m 3.s/100m	00.36.16	10	33.08 Km/h	00.14.01	9	2m 48s/Km
11	SCARDOVI, SILVA MARINA	M2	1	FAENZA TRIATHLON [F] 3	01:02:11.00	00.06.08	3	0m 49s/100m	00.38.36	12	31.08 Km/h	00.14.48	10	2m 57s/Km
12	ORLANDI, LUCIANA	M2	2	INDIVIDUALE	01:09:20.90	-	-1	--	00.37.46	11	--	00.18.06	12	--
13	BERTONI, LUISA	M1	5	BCC	01:18:58.80	00.10.55	12	1m 27s/100m	00.42.31	13	28.22 Km/h	00.20.57	13	4m 11s/Km