



Triathlon Olimpico del Lago del Salto - Age Group Women
Lago del Salto (RI), 23/07/2006



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	STAMPI, ELISABETTA	S4	1	C.U.S. FERRARA	02:20:10.20	00.27.32	4	1m 50s/100m	01.10.41	1	33.95 Km/h	00.41.57	2	4m 11s/Km
2	ASCOLI, MANUELA	S3	1	ASD MINERVA ROMA - SEZ. TRIATHLON	02:23:36.60	00.23.44	1	1m 34s/100m	01.13.34	5	32.62 Km/h	00.46.18	6	4m 37s/Km
3	IANESI, DANIELA	M1	1	LAUFERCLUB BOZEN - SEZ. TRIATHLON	02:25:32.20	00.27.27	2	1m 49s/100m	01.12.03	4	33.31 Km/h	00.46.02	4	4m 36s/Km
4	BRUNELLI, ALESSANDRA	M1	2	A.S.D. JHONNY TRIATHLON	02:25:52.20	00.27.30	3	1m 49s/100m	01.11.56	2	33.36 Km/h	00.46.26	7	4m 38s/Km
5	GUIDOTTI, OLGA	M2	1	FLIPPER TRIATHLON ASCOLI ASD	02:33:43.20	00.32.50	7	2m 11s/100m	01.16.39	7	31.31 Km/h	00.44.14	3	4m 25s/Km
6	COCCIA, VALERIA M.	S3	2	FLIPPER TRIATHLON ASCOLI ASD	02:35:49.20	00.34.26	11	2m 17s/100m	01.15.05	6	31.96 Km/h	00.46.18	5	4m 37s/Km
7	GUBBIOTTI, VALERIA	S3	3	ASD LIBERTAS TRIATHLON TERNI	02:47:51.20	00.33.19	8	2m 13s/100m	01.23.19	9	28.80 Km/h	00.51.13	10	5m 7 s/Km
8	RENGO, AGOSTINA	M3	1	ASD TRIATHLON OSTIA	02:51:48.20	00.33.45	10	2m 15s/100m	01.27.53	10	27.30 Km/h	00.50.10	9	5m 0 s/Km
9	BELLUCCI, MICHELA	S3	4	ASD TRIATHLON ALTO TEVERE ASA	02:55:09.20	00.39.22	15	2m 37s/100m	01.27.54	11	27.30 Km/h	00.47.53	8	4m 47s/Km
10	CARFAGNA, ELVIRA	M2	2	RHO TRIATHLON CLUB	03:03:25.20	00.35.05	12	2m 20s/100m	01.31.50	14	26.13 Km/h	00.56.30	12	5m 39s/Km
11	MELE, SIMONA	M1	3	ASD TRIATHLON OSTIA	03:10:18.20	00.33.41	9	2m 14s/100m	01.30.04	13	26.64 Km/h	01.06.33	14	6m 39s/Km
12	ARENDT, A. CHRISTINE	M1	4	ASD NEW GREEN HILL	03:11:37.20	00.36.48	14	2m 27s/100m	01.28.24	12	27.14 Km/h	01.06.25	13	6m 38s/Km
13	RODILOSSI, MAIDA	JU	1	FLIPPER TRIATHLON ASCOLI ASD	03:19:05.80	00.31.16	5	2m 5.s/100m	01.34.06	15	25.50 Km/h	01.13.43	17	7m 22s/Km
14	BATTAGLINI, SANDRA	M1	5	ASD TRIATHLON OSTIA	03:31:30.00	00.39.59	17	2m 39s/100m	01.41.44	16	23.59 Km/h	01.09.47	16	6m 58s/Km
15	DELLA RATTA, PAOLA	M1	6	ASD TRIATHLON OSTIA	03:37:35.00	00.39.45	16	2m 38s/100m	01.48.31	17	22.11 Km/h	01.09.19	15	6m 55s/Km
Sq.	PACCA, STEFANIA	M1	0	S.S. LAZIO TRIATHLON	02:25:46.20	00.32.39	6	2m 10s/100m	01.12.00	3	33.33 Km/h	00.41.07	1	4m 6 s/Km
Sq.	ROSSATO, BERTILLA	M2	0	ASD VTB ATOMICA TRIATHLON	02:49:56.20	00.35.25	13	2m 21s/100m	01.18.44	8	30.48 Km/h	00.55.47	11	5m 34s/Km