



Triathlon Olimpico di Ostia - Femminile
Lido di Ostia (RM), 09/10/2022



| Pos | Atleta | Cat | P.Cat | Team | Tempo | Swim | Pos | Media | Bike | Pos | Media | Run | Pos | Media |
|-----|-------------------------|------|-------|----------------------|-------------|----------|-----|-------|----------|-----|-------|----------|-----|-------|
| 1 | CASCIOTTI, MARIA | S4 | 1 | CESENA TRIATHLON | 02:15:14.71 | 00:26:43 | 2 | 01:46 | 01:08:48 | 1 | 34.88 | 00:39:43 | 1 | 03:58 |
| 2 | NERI, FRANCESCA ROMANA | S3 | 1 | IRONTEAM ITALIA A.S. | 02:21:58.65 | 00:26:14 | 1 | 01:44 | 01:09:32 | 3 | 34.51 | 00:46:11 | 3 | 04:37 |
| 3 | TRABUCCO, GIULIANA | M2 | 1 | TORRINO-ROMA TRIATHL | 02:33:43.78 | 00:33:41 | 3 | 02:14 | 01:14:00 | 6 | 32.43 | 00:46:01 | 2 | 04:36 |
| 4 | MAIO, SIMONA | M1 | 1 | DOLOTEAM | 02:34:44.69 | 00:35:07 | 5 | 02:20 | 01:11:08 | 4 | 33.73 | 00:48:28 | 6 | 04:50 |
| 5 | CARANCINI, AZZURRA | PARA | 1 | TEAM LADISPOLI TRIAT | 02:38:03.64 | 00:36:04 | 7 | 02:24 | 01:08:50 | 2 | 34.86 | 00:53:08 | 12 | 05:18 |
| 6 | REA, FRANCESCA | S3 | 2 | PODISTICA SOLIDARIET | 02:38:21.66 | 00:34:05 | 4 | 02:16 | 01:16:43 | 12 | 31.28 | 00:47:32 | 4 | 04:45 |
| 7 | DI POPPA, ELENA | M2 | 2 | SAROLI TRIATHLON | 02:39:14.14 | 00:36:11 | 8 | 02:24 | 01:13:35 | 5 | 32.61 | 00:49:27 | 7 | 04:56 |
| 8 | MENICHELLI, FRANCESCA | S3 | 3 | TEAM PANDA | 02:42:18.45 | 00:36:12 | 9 | 02:24 | 01:18:00 | 14 | 30.77 | 00:48:05 | 5 | 04:48 |
| 9 | MIGNOGNA, MARIA GRAZIA | M4 | 1 | TEAM LADISPOLI TRIAT | 02:46:01.75 | 00:38:48 | 11 | 02:35 | 01:15:19 | 7 | 31.86 | 00:51:53 | 9 | 05:11 |
| 10 | MELLONI, VITTORIA | M1 | 2 | IRONTEAM ITALIA A.S. | 02:47:36.66 | 00:40:09 | 13 | 02:40 | 01:15:54 | 11 | 31.61 | 00:51:32 | 8 | 05:09 |
| 11 | PACETTI, SARAH | M2 | 3 | IRONTEAM ITALIA A.S. | 02:50:52.52 | 00:35:23 | 6 | 02:21 | 01:16:51 | 13 | 31.23 | 00:58:37 | 15 | 05:51 |
| 12 | TENORIO DE MOURA, MARTA | M3 | 1 | F.I.TRI. | 02:51:15.86 | 00:40:38 | 15 | 02:42 | 01:15:30 | 9 | 31.79 | 00:55:07 | 14 | 05:30 |
| 13 | MARRAS, MANUELA | M3 | 2 | LBM SPORT TEAM | 02:53:00.76 | 00:38:21 | 10 | 02:33 | 01:21:41 | 17 | 29.38 | 00:52:57 | 11 | 05:17 |
| 14 | APPOLLONI, DANIELA | M1 | 3 | LBM SPORT TEAM | 02:55:05.17 | 00:38:50 | 12 | 02:35 | 01:15:23 | 8 | 31.84 | 01:00:51 | 17 | 06:05 |
| 15 | CATTANEO, MONICA | M3 | 3 | ROMA ROAD RUNNERS CL | 02:55:33.93 | 00:41:09 | 16 | 02:44 | 01:19:51 | 16 | 30.05 | 00:54:33 | 13 | 05:27 |
| 16 | FRISINA, SIMONA | M3 | 4 | FERRARA TRIATHLON | 02:58:08.39 | 00:49:45 | 19 | 03:19 | 01:15:52 | 10 | 31.63 | 00:52:30 | 10 | 05:15 |
| 17 | SGHEDONI, ANTONELLA | M5 | 1 | A.S.D. T&P TEAM | 03:09:01.42 | 00:46:04 | 18 | 03:04 | 01:22:58 | 18 | 28.93 | 00:59:58 | 16 | 05:59 |
| 18 | PIGLIAPOCO, LAURA | M4 | 2 | IRONTEAM ITALIA A.S. | 03:09:13.94 | 00:45:22 | 17 | 03:01 | 01:19:42 | 15 | 30.11 | 01:04:08 | 18 | 06:24 |
| 19 | CAPONI, MARIA RITA | M3 | 5 | CASTELLI ROMANI TRI | 03:11:52.24 | 00:40:23 | 14 | 02:41 | 01:26:12 | 19 | 27.84 | 01:05:15 | 19 | 06:31 |
| DNF | CASASANTA, LAURA | M1 | 0 | ASD 3.4 FUN | 00:00:00.00 | 00:00:00 | 0 | | 00:00:00 | 0 | | 00:00:00 | 0 | |