



Triathlon Olimpico di Ostia - Femminile  
Lido di Ostia (RM), 09/10/2022



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	CASCIOTTI, MARIA	S4	1	CESENA TRIATHLON	02:15:14.71	00:26:43	2	01:46	01:08:48	1	34.88	00:39:43	1	03:58
2	NERI, FRANCESCA ROMANA	S3	1	IRONTEAM ITALIA A.S.	02:21:58.65	00:26:14	1	01:44	01:09:32	3	34.51	00:46:11	3	04:37
3	TRABUCCO, GIULIANA	M2	1	TORRINO-ROMA TRIATHL	02:33:43.78	00:33:41	3	02:14	01:14:00	6	32.43	00:46:01	2	04:36
4	MAIO, SIMONA	M1	1	DOLOTEAM	02:34:44.69	00:35:07	5	02:20	01:11:08	4	33.73	00:48:28	6	04:50
5	CARANCINI, AZZURRA	PARA	1	TEAM LADISPOLI TRIAT	02:38:03.64	00:36:04	7	02:24	01:08:50	2	34.86	00:53:08	12	05:18
6	REA, FRANCESCA	S3	2	PODISTICA SOLIDARIET	02:38:21.66	00:34:05	4	02:16	01:16:43	12	31.28	00:47:32	4	04:45
7	DI POPPA, ELENA	M2	2	SAROLI TRIATHLON	02:39:14.14	00:36:11	8	02:24	01:13:35	5	32.61	00:49:27	7	04:56
8	MENICHELLI, FRANCESCA	S3	3	TEAM PANDA	02:42:18.45	00:36:12	9	02:24	01:18:00	14	30.77	00:48:05	5	04:48
9	MIGNOGNA, MARIA GRAZIA	M4	1	TEAM LADISPOLI TRIAT	02:46:01.75	00:38:48	11	02:35	01:15:19	7	31.86	00:51:53	9	05:11
10	MELLONI, VITTORIA	M1	2	IRONTEAM ITALIA A.S.	02:47:36.66	00:40:09	13	02:40	01:15:54	11	31.61	00:51:32	8	05:09
11	PACETTI, SARAH	M2	3	IRONTEAM ITALIA A.S.	02:50:52.52	00:35:23	6	02:21	01:16:51	13	31.23	00:58:37	15	05:51
12	TENORIO DE MOURA, MARTA	M3	1	F.I.TRI.	02:51:15.86	00:40:38	15	02:42	01:15:30	9	31.79	00:55:07	14	05:30
13	MARRAS, MANUELA	M3	2	LBM SPORT TEAM	02:53:00.76	00:38:21	10	02:33	01:21:41	17	29.38	00:52:57	11	05:17
14	APPOLLONI, DANIELA	M1	3	LBM SPORT TEAM	02:55:05.17	00:38:50	12	02:35	01:15:23	8	31.84	01:00:51	17	06:05
15	CATTANEO, MONICA	M3	3	ROMA ROAD RUNNERS CL	02:55:33.93	00:41:09	16	02:44	01:19:51	16	30.05	00:54:33	13	05:27
16	FRISINA, SIMONA	M3	4	FERRARA TRIATHLON	02:58:08.39	00:49:45	19	03:19	01:15:52	10	31.63	00:52:30	10	05:15
17	SGHEDONI, ANTONELLA	M5	1	A.S.D. T&P TEAM	03:09:01.42	00:46:04	18	03:04	01:22:58	18	28.93	00:59:58	16	05:59
18	PIGLIAPOCO, LAURA	M4	2	IRONTEAM ITALIA A.S.	03:09:13.94	00:45:22	17	03:01	01:19:42	15	30.11	01:04:08	18	06:24
19	CAPONI, MARIA RITA	M3	5	CASTELLI ROMANI TRI	03:11:52.24	00:40:23	14	02:41	01:26:12	19	27.84	01:05:15	19	06:31
DNF	CASASANTA, LAURA	M1	0	ASD 3.4 FUN	00:00:00.00	00:00:00	0		00:00:00	0		00:00:00	0	