



Triathlon Olimpico di Ostia - Femminile
Ostia (RM), 24/09/2017



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	CASASANTA, LAURA	S4	1	ASD 3.4 FUN	02:16:53.62	00:30:43.46	14	2m 2.s/100m	01:01:56.14	14	38.75 Km/h	00:44:13.80	30	4m 25s/Km
2	ASCOLI, MANUELA	M1	1	A.S.MINERVA ROMA	02:20:08.06	00:27:06.22	22	1m 48s/100m	01:03:48.50	50	37.61 Km/h	00:49:12.52	52	4m 55s/Km
3	MANZO, LINA	S2	1	CHIMERA TRIATHLON	02:20:23.52	00:24:05.38	38	1m 36s/100m	01:06:44.93	93	35.96 Km/h	00:49:32.43	43	4m 57s/Km
4	WOJCIESZEK STROJNY, EWA MARZENA	M2	1	FORHANS TEAM	02:22:39.71	00:30:46.56	56	2m 3.s/100m	01:02:15.52	52	38.55 Km/h	00:49:36.94	94	4m 57s/Km
5	KACZKO, SARA	S4	2	GREEN HILL	02:23:38.00	00:30:07.33	33	2m 0.s/100m	01:02:43.70	70	38.26 Km/h	00:50:45.79	79	5m 4 s/Km
6	BRUNETTI, MAYA	S4	3	FORUM SPORT CENTER	02:30:52.52	00:31:03.40	40	2m 4.s/100m	01:05:32.75	75	36.62 Km/h	00:54:16.33	33	5m 25s/Km
7	TRABUCCO, GIULIANA	M1	2	TORRINO-B4S	02:32:09.89	00:30:48.30	30	2m 3.s/100m	01:06:51.38	38	35.90 Km/h	00:54:28.38	38	5m 26s/Km
8	MANCINI, PAMELA	M1	3	TERNI TRIATHLON	02:34:58.50	00:30:32.72	72	2m 2.s/100m	01:06:14.56	56	36.23 Km/h	00:58:10.33	31	5m 48s/Km
9	PIACENTINI, FRANCESCA	M2	2	PODISTICA SOLIDARIET	02:43:06.03	00:34:43.92	92	2m 18s/100m	01:14:36.20	3	32.17 Km/h	00:53:45.96	96	5m 22s/Km
10	LA MANNA, VALENTINA	S4	4	ASD 3.4 FUN	02:50:22.02	00:35:55.03	03	2m 23s/100m	01:17:04.23	35	31.14 Km/h	00:57:22.15	50	5m 44s/Km
11	MARCONI, SIMONA	S3	1	HAPPINESS GROUP	02:50:24.97	00:39:06.35	55	2m 36s/100m	01:14:58.03	34	32.01 Km/h	00:56:19.39	39	5m 37s/Km
12	CEPOLLARO, CRISTIANA	M1	4	LATINA TRIATHLON	02:51:50.09	00:36:06.73	34	2m 24s/100m	01:08:52.39	39	34.84 Km/h	01:06:50.32	25	6m 41s/Km
13	RUFFA, FRANCESCA	M1	5	FORUM SPORT CENTER	02:52:44.30	00:33:25.79	79	2m 13s/100m	01:14:14.50	2	32.33 Km/h	01:05:03.12	12	6m 30s/Km
14	MAIOLI, ARIANNA	S1	1	F.I.TRI.	02:52:56.62	00:34:15.47	70	2m 16s/100m	01:12:49.44	11	32.95 Km/h	01:05:50.90	3	6m 34s/Km
15	GIARDI, VALENTINA	M3	1	F.I.TRI.	02:52:56.82	00:34:17.31	11	2m 17s/100m	01:12:46.90	00	32.98 Km/h	01:05:51.94	44	6m 35s/Km
DNS	FRATTAROLI, EMANUELA	-	0	TERNI TRIATHLON	DNS	-	-1	--	-	-1	--	-	-1	--
Sq.	BENDINELLI, MARIA	-	0	F.I.TRI.	DNS	-	-1	--	-	-1	--	-	-1	--