



TRYtoTRI - Individuale
Cremona (CR), 30/04/2017



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	OLMO, ANGELICA	W	1	CARABINIERI	00:23:16.70	00:04:32.30	30	1m 30s/100m	00:09:55.90	90	48.40 Km/h	00:08:48.30	30	4m 24s/Km
2	SEREGNI, BIANCA	W	2	TRIATHLON CREMONA ST	00:23:40.40	00:04:32.13	13	1m 30s/100m	00:11:03.70	70	43.43 Km/h	00:08:04.20	20	4m 1 s/Km
3	PRESTIA, ANGELICA	W	3	PIANETA ACQUA	00:23:41.70	00:04:37.38	38	1m 32s/100m	00:10:57.00	00	43.83 Km/h	00:08:06.40	40	4m 2 s/Km
4	SACCHI, PAOLA	W	4	PIANETA ACQUA	00:25:31.10	00:04:38.54	54	1m 32s/100m	00:11:19.30	30	42.41 Km/h	00:09:32.50	50	4m 46s/Km
5	MANGIULLO, MARIA	W	5	NEST	00:27:10.60	00:05:35.90	80	1m 51s/100m	00:12:07.20	20	39.61 Km/h	00:09:26.30	30	4m 43s/Km
6	SALVIANI, ANNA	W	6	CUNEO TRI	00:27:12.20	00:05:04.90	00	1m 41s/100m	00:12:41.90	03	37.84 Km/h	00:09:25.30	30	4m 42s/Km
7	BONUOMO, BENEDETTA	W	7	INDIVIDUALE	00:27:16.70	00:05:26.90	00	1m 48s/100m	00:12:21.00	00	38.86 Km/h	00:09:28.00	00	4m 44s/Km
8	ZELIOLI, MARIA GIOVANNA	W	8	APD ANDREANA SACRA F	00:28:01.30	00:06:23.32	25	2m 7.s/100m	00:12:07.50	50	39.61 Km/h	00:09:30.20	20	4m 44s/Km
9	NIZZOLA, FEDERICA	W	9	TRIATHLON CREMONA ST	00:28:11.10	00:06:02.32	23	2m 0.s/100m	00:12:25.00	01	38.65 Km/h	00:09:42.50	10	4m 50s/Km
10	GALLI, PAOLA	W	10	TRIATHLON CREMONA ST	00:29:01.00	00:06:58.30	30	2m 19s/100m	00:12:28.30	02	38.50 Km/h	00:09:33.30	00	4m 46s/Km
11	FOGLINO, ENRICA	W	11	LOS TIGRES	00:29:15.20	00:06:39.70	8	2m 13s/100m	00:12:12.90	00	39.34 Km/h	00:10:21.50	05	5m 10s/Km
12	GILIOLI, MARIANNA ANGELICA	W	12	TRIATHLON COLLI VELO	00:29:23.70	00:07:08.02	1	2m 22s/100m	00:12:08.00	00	39.56 Km/h	00:10:07.50	04	5m 3 s/Km
13	SALA, LAURA	W	13	TRIATHLON CREMONA ST	00:29:26.70	00:05:57.10	12	1m 59s/100m	00:12:51.50	04	37.35 Km/h	00:10:37.10	08	5m 18s/Km
14	GARBARINO, MARTINA	W	14	WOMAN TRIATHLON ITALIA	00:29:29.70	00:06:37.97	17	2m 12s/100m	00:12:59.70	05	36.97 Km/h	00:09:51.40	03	4m 55s/Km
15	PINCELLA, SIVELLI	W	15	INDIVIDUALE	00:30:19.80	00:05:17.00	00	1m 45s/100m	00:13:46.40	08	34.86 Km/h	00:11:16.20	02	5m 38s/Km
16	FUMASOLI, ALESSIA	W	16	INDIVIDUALE	00:30:20.00	00:05:17.00	00	1m 45s/100m	00:13:49.20	09	34.74 Km/h	00:11:13.40	09	5m 36s/Km
17	TOGNAZZO, ELETTRA	W	17	TRIBÙ	00:31:38.50	00:07:07.33	00	2m 22s/100m	00:14:04.90	01	34.12 Km/h	00:10:25.50	06	5m 12s/Km
18	FERRARESI, FRANCESCA VITTORIA	W	18	TRIATHLON CREMONA ST	00:31:44.30	00:07:42.99	99	2m 34s/100m	00:13:25.20	06	35.77 Km/h	00:10:35.30	07	5m 17s/Km
19	ZANBELLA, SILVIA	W	19	INDIVIDUALE	00:31:46.30	00:07:25.00	06	2m 28s/100m	00:14:37.00	06	32.83 Km/h	00:09:43.30	02	4m 51s/Km
20	ELEZI, ERIDA	W	20	ATLETICA MANARA	00:31:47.30	00:08:47.35	1	2m 55s/100m	00:13:38.20	07	35.20 Km/h	00:09:20.30	00	4m 40s/Km
21	STRAZZI, SABRINA	W	21	TRIATHLON CREMONA ST	00:32:31.60	00:06:45.02	00	2m 15s/100m	00:14:21.70	03	33.44 Km/h	00:11:24.50	03	5m 42s/Km
22	LODOLO, PAOLA	W	22	INDIVIDUALE	00:32:35.00	00:06:43.25	59	2m 14s/100m	00:13:51.30	00	34.65 Km/h	00:11:59.60	00	5m 59s/Km
23	BRANCA, SABRINA	W	23	LOS TIGRES	00:32:50.00	00:08:10.54	3	2m 43s/100m	00:12:14.50	50	39.23 Km/h	00:12:24.20	05	6m 12s/Km
24	MARNINI, DEBORAH	W	24	INDIVIDUALE	00:32:51.30	00:06:03.34	4	2m 0.s/100m	00:14:42.20	00	32.65 Km/h	00:12:05.50	01	6m 2 s/Km
25	BACCALI, GHISOLFI	W	25	INDIVIDUALE	00:32:53.30	00:05:32.50	00	1m 50s/100m	00:16:04.50	08	29.87 Km/h	00:11:15.90	01	5m 37s/Km
26	BUSCICCHIO, FRANCESCA	W	26	ATLETICA MANARA	00:33:58.20	00:06:50.72	23	2m 16s/100m	00:15:24.40	03	31.16 Km/h	00:11:42.30	05	5m 50s/Km
27	IANNUCILLI, PATRIZIA	W	27	LOS TIGRES	00:34:22.90	-	-1	--	00:21:18.75	54	--	00:13:03.50	03	--
28	SILVESTRI, TANIA	W	28	TRIATHLON CREMONA ST	00:34:23.90	00:06:34.56	66	2m 11s/100m	00:15:39.00	04	30.67 Km/h	00:12:09.30	02	6m 4 s/Km
29	MONTUORI, MIRIAM	W	29	DDS	00:34:25.30	00:07:22.23	4	2m 27s/100m	00:14:37.00	07	32.83 Km/h	00:12:25.20	06	6m 12s/Km
30	LOCATELI, VALENTINA	W	30	INDIVIDUALE	00:34:25.40	00:07:22.03	03	2m 27s/100m	00:14:38.70	08	32.80 Km/h	00:12:24.10	04	6m 12s/Km
31	CARTA, GIADA	W	31	INDIVIDUALE	00:34:26.20	00:07:23.15	55	2m 27s/100m	00:14:35.30	05	32.91 Km/h	00:12:27.70	09	6m 13s/Km
32	MOROSATO, MARIA STEFANIA	W	32	TRIATHLON CREMONA ST	00:34:38.50	-	-1	--	00:22:48.15	66	--	00:11:50.10	09	--
33	TOGNATO, MARIA LUISA	W	33	SCHIO	00:35:17.60	00:07:55.97	2	2m 38s/100m	00:14:22.30	04	33.41 Km/h	00:12:58.90	01	6m 29s/Km
34	MIGLIORATI, LARA	W	34	INDIVIDUALE	00:35:19.60	00:07:40.87	00	2m 33s/100m	00:15:51.50	05	30.28 Km/h	00:11:46.90	06	5m 53s/Km
35	BIAZZI, DEBORA	W	35	K3	00:35:51.50	-	-1	--	00:22:06.15	55	--	00:13:44.90	08	--
36	MAINARDI, ATTILIA	W	36	K3	00:35:52.20	00:06:53.30	05	2m 17s/100m	00:14:54.50	02	32.21 Km/h	00:14:03.30	00	7m 1 s/Km
37	SCAGLIA, BARBARA	W	37	INDIVIDUALE	00:35:53.20	00:08:23.00	07	2m 47s/100m	00:16:13.50	01	29.59 Km/h	00:11:15.30	00	5m 37s/Km
38	BOIS, GABRIELLA	W	38	CUNEO TRI	00:36:02.00	00:08:20.58	5	2m 46s/100m	00:14:39.40	09	32.76 Km/h	00:13:01.70	02	6m 30s/Km



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39	RINCO, FRANCESCA	W	39	WOMAN TRIATHLON	00:36:18.50	00:07:50.380	2m 36s/100m	00:14:15.302	33.68 Km/h	00:14:12.262	7m 5 s/Km			
40	FAZZI, BARBARA	W	40	TRIATHLON CREMONA ST	00:36:55.10	00:08:31.589	2m 50s/100m	00:16:34.508	28.97 Km/h	00:11:48.088	5m 54s/Km			
41	INZANI, FULVIA	W	41	INDIVIDUALE	00:36:55.40	00:08:21.086	2m 46s/100m	00:16:02.387	29.93 Km/h	00:12:31.500	6m 15s/Km			
42	SARNATARO, MARTINA	W	42	FITRI	00:36:55.50	00:07:53.541	2m 37s/100m	00:16:34.107	28.97 Km/h	00:12:27.588	6m 13s/Km			
43	PROCOPIO, CARMELA	W	43	INDIVIDUALE	00:36:55.90	00:10:29.093	3m 29s/100m	00:14:53.901	32.25 Km/h	00:11:32.504	5m 46s/Km			
44	ARDUINI, ISABELLA	W	44	INDIVIDUALE	00:36:57.10	00:08:27.188	2m 49s/100m	00:16:10.300	29.69 Km/h	00:12:19.483	6m 9 s/Km			
45	GALLI, FRANCESCA	W	45	TRIATHLON CREMONA ST	00:36:57.90	00:08:14.944	2m 44s/100m	00:16:17.502	29.47 Km/h	00:12:25.387	6m 12s/Km			
46	BASOLA, GIORGIA	W	46	INDIVIDUALE	00:37:01.00	00:07:04.288	2m 21s/100m	00:16:18.503	29.44 Km/h	00:13:37.307	6m 48s/Km			
47	ROSSI, MADDALENA	W	47	INDIVIDUALE	00:37:01.10	00:07:04.429	2m 21s/100m	00:16:18.304	29.44 Km/h	00:13:37.406	6m 48s/Km			
48	TORCHIO, BETTINA	W	48	INDIVIDUALE	00:37:04.60	00:06:46.321	2m 15s/100m	00:16:53.062	28.43 Km/h	00:13:24.304	6m 42s/Km			
49	TOSETTI, DONATELLA	W	49	TRIATHLON CREMONA ST	00:37:46.60	-	-1	--	00:24:17.297	--	00:13:28.405	--		
50	DELLA GIOVANNA, GRECA	W	50	INDIVIDUALE	00:39:01.70	00:07:42.438	2m 34s/100m	00:16:48.561	28.57 Km/h	00:14:30.584	7m 15s/Km			
51	BRESCIANI, MONICA	W	51	INDIVIDUALE	00:39:02.20	00:08:35.750	2m 51s/100m	00:16:29.105	29.12 Km/h	00:13:57.209	6m 58s/Km			
52	CAPELLI, CHIARA	W	52	INDIVIDUALE	00:39:33.30	00:06:47.522	2m 15s/100m	00:18:27.063	26.01 Km/h	00:14:17.963	7m 8 s/Km			
53	BOCCHI, SILVIA	W	53	ATLETICA MANARA	00:39:40.00	00:11:15.154	3m 44s/100m	00:16:37.309	28.88 Km/h	00:11:46.907	5m 53s/Km			
54	MAGARINI, MAURIN	W	54	INDIVIDUALE	00:39:42.90	00:07:19.562	2m 26s/100m	00:16:47.380	28.59 Km/h	00:15:34.965	7m 46s/Km			
55	BASSI, BARBARA	W	55	INDIVIDUALE	00:41:07.60	-	-1	--	00:27:01.598	--	00:14:05.481	--		
56	GARINI, MARIA ELENA	W	56	TRIATHLON CREMONA ST	00:41:09.90	00:07:00.407	2m 20s/100m	00:16:00.506	30.0 Km/h	00:18:08.187	9m 3 s/Km			
57	ARTONI, MARTA	W	57	N.D.	00:41:28.60	00:06:53.324	2m 17s/100m	00:16:07.589	29.78 Km/h	00:18:27.188	9m 13s/Km			
58	LEPORE, SABRINA	W	58	INDIVIDUALE	00:42:00.30	00:09:08.552	3m 2.s/100m	00:16:30.506	29.09 Km/h	00:16:20.366	8m 9 s/Km			
DNF	LOSACCO, ANNALISA	-	0	INDIVIDUALE	DNF	00:05:36.911	--	-	-1	--	-	-1	--	
DNS	DE NICOLA, FEDERICA	-	0	DDS	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	SCIGLITANO, LAURA	-	0	DDS	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	ZAMPIERI, ALESSIA	-	0	TRIATHLON ALTO ADIGE	DNS	-	-1	--	-	-1	--	-	-1	--