



Campionato Italiano Duathlon Ind. Giovani - Ragazzi Femminile
Capaccio (SA), 01/04/2017



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media	
1	GERMANI, VALENTINA	RA	1	ASD CNM TRIATHLON	00:12:59.80	00:02:45.18	3m 26s/Km	00:06:31.500	27.62 Km/h	00:02:07.40	5m 17s/Km				
2	DAL MAS, MATILDE	RA	2	SILCA ULTRALITE	00:13:05.90	00:02:49.16	3m 31s/Km	00:06:19.90	28.49 Km/h	00:02:22.307	5m 54s/Km				
3	CROCIANI, SARA	RA	3	POL. RICCIONE	00:13:06.10	00:02:47.50	3m 28s/Km	00:06:29.20	27.76 Km/h	00:02:12.00	5m 29s/Km				
4	GOBBI, ALICE	RA	4	T.D. RIMINI	00:13:12.80	00:02:45.24	3m 26s/Km	00:06:24.90	28.12 Km/h	00:02:26.201	6m 4 s/Km				
5	ALESSANDRI, ALICE	RA	5	T.D. RIMINI	00:13:16.40	00:02:50.50	3m 32s/Km	00:06:26.80	27.97 Km/h	00:02:23.008	5m 57s/Km				
6	CASADEI, GIULIA	RA	6	T.D. RIMINI	00:13:22.10	00:02:53.402	3m 36s/Km	00:06:22.00	28.27 Km/h	00:02:24.009	5m 59s/Km				
7	FAVILLI, SARA	RA	7	CUS PARMA ASD	00:13:26.00	00:02:48.57	3m 29s/Km	00:06:27.90	27.90 Km/h	00:02:28.004	6m 9 s/Km				
8	TERRINONI, SUSANNA	RA	8	GREEN HILL	00:13:27.90	00:02:57.446	3m 41s/Km	00:06:34.503	27.41 Km/h	00:02:18.003	5m 44s/Km				
9	BIZ, ELEONORA	RA	9	SILCA ULTRALITE	00:13:33.10	00:02:44.50	3m 24s/Km	00:06:53.506	26.15 Km/h	00:02:19.005	5m 47s/Km				
10	PIRODDI, ALICE	RA	10	SABINA TEVERE	00:13:34.00	00:02:57.397	3m 41s/Km	00:06:38.006	27.13 Km/h	00:02:14.302	5m 34s/Km				
11	VOLIANI, MARGHERITA	RA	11	NUOTO LIVORNO 3	00:13:34.70	00:02:45.75	3m 26s/Km	00:06:51.204	26.27 Km/h	00:02:12.100	5m 29s/Km				
12	SALVAGNO, MATILDE	RA	12	CUNEO1198 TRITEAM	00:13:36.90	00:02:57.105	3m 41s/Km	00:06:40.108	27.0 Km/h	00:02:18.504	5m 44s/Km				
13	SAIU, GIULIA	RA	13	VILLACIDRO TRIATHLON	00:13:42.40	00:02:58.399	3m 42s/Km	00:06:16.10	28.72 Km/h	00:02:47.165	6m 57s/Km				
14	DUTTO, MARIA	RA	14	CUNEO1198 TRITEAM	00:13:43.00	00:02:58.238	3m 42s/Km	00:06:37.505	27.20 Km/h	00:02:20.006	5m 49s/Km				
15	ROSSI, GIULIA	RA	15	NUOTO LIVORNO 3	00:13:43.60	00:03:00.421	3m 44s/Km	00:06:31.00	27.62 Km/h	00:02:31.206	6m 17s/Km				
16	BADIOLI, CAMILLA	RA	16	T.D. RIMINI	00:13:49.60	00:02:55.344	3m 38s/Km	00:06:46.001	26.60 Km/h	00:02:25.500	6m 2 s/Km				
17	PECORARI, IRIS	RA	17	CSA GORIZIA	00:13:58.00	00:03:05.425	3m 51s/Km	00:06:33.802	27.48 Km/h	00:02:32.309	6m 19s/Km				
18	ORSOLINI, ZOE	RA	18	CSD YMCA	00:14:04.70	00:03:07.300	3m 53s/Km	00:06:30.30	27.69 Km/h	00:02:40.405	6m 39s/Km				
19	VAGHI, SARA	RA	19	FRIESIAN TEAM	00:14:10.70	00:03:07.321	3m 53s/Km	00:06:36.204	27.27 Km/h	00:02:37.506	6m 32s/Km				
20	PIATTI, ELISA	RA	20	FRIESIAN TEAM	00:14:13.50	00:03:09.566	3m 56s/Km	00:06:39.107	27.06 Km/h	00:02:37.507	6m 32s/Km				
21	MANCINI, MARTINA	RA	21	LEONE	00:14:14.00	00:02:51.100	3m 33s/Km	00:07:05.102	25.41 Km/h	00:02:30.405	6m 14s/Km				
22	KOVIC, SARA	RA	22	CSA GORIZIA	00:14:16.00	00:02:51.471	3m 33s/Km	00:06:59.409	25.77 Km/h	00:02:38.902	6m 34s/Km				
23	LASCHI, RACHELE	RA	23	NUOTO LIVORNO 3	00:14:16.40	00:03:06.326	3m 52s/Km	00:06:52.105	26.21 Km/h	00:02:31.308	6m 17s/Km				
24	CASTALDO, FRANCESCA	RA	24	GREEN HILL	00:14:20.00	00:02:59.230	3m 43s/Km	00:06:32.501	27.55 Km/h	00:02:58.103	7m 24s/Km				
25	GREGANTI, NICOLE	RA	25	A.S.MINERVA ROMA	00:14:22.80	00:03:07.427	3m 53s/Km	00:06:49.303	26.40 Km/h	00:02:37.708	6m 32s/Km				
26	RUZZO, EMMA	RA	26	DDS	00:14:24.00	00:03:01.482	3m 46s/Km	00:06:42.900	26.86 Km/h	00:02:37.909	6m 32s/Km				
27	CADEDDU, MARTA	RA	27	VILLACIDRO TRIATHLON	00:14:31.60	00:03:03.184	3m 48s/Km	00:06:47.902	26.53 Km/h	00:02:51.908	7m 7 s/Km				
28	PUCCI, ALESSANDRA	RA	28	ATLAS TRIATHLON CS	00:14:35.30	00:03:22.466	4m 12s/Km	00:06:40.709	27.0 Km/h	00:02:47.004	6m 57s/Km				
29	RIMONDI, ANNA	RA	29	CUS PARMA ASD	00:14:41.60	00:03:12.399	3m 59s/Km	00:06:57.508	25.89 Km/h	00:02:43.100	6m 47s/Km				
30	LOMBARDO, ELENA	RA	30	CUNEO1198 TRITEAM	00:14:43.90	00:03:15.085	4m 3 s/Km	00:07:11.508	25.05 Km/h	00:02:26.703	6m 4 s/Km				
31	RESEN, GIORGIA	RA	31	CSA GORIZIA	00:14:45.50	00:03:13.373	4m 1 s/Km	00:07:05.903	25.41 Km/h	00:02:31.307	6m 17s/Km				
32	TONON, SOFIA	RA	32	SILCA ULTRALITE	00:14:45.60	00:02:44.28	3m 24s/Km	00:08:04.303	22.31 Km/h	00:02:12.301	5m 29s/Km				
33	FABBI, GIULIA	RA	33	CUS PARMA ASD	00:14:46.20	00:03:11.237	3m 58s/Km	00:06:55.107	26.02 Km/h	00:02:41.006	6m 42s/Km				
34	CORTI, ELEONORA	RA	34	PROPATRIA MILANO	00:14:47.00	00:03:08.432	3m 54s/Km	00:07:16.506	24.77 Km/h	00:02:26.502	6m 4 s/Km				
35	MALMESI, COSTANZA	RA	35	CUS PARMA ASD	00:14:48.10	00:03:11.308	3m 58s/Km	00:07:08.105	25.23 Km/h	00:02:33.502	6m 22s/Km				
36	BERANGER, ALICE	RA	36	ASD CNM TRIATHLON	00:14:50.40	00:03:07.528	3m 53s/Km	00:07:04.301	25.47 Km/h	00:02:41.908	6m 42s/Km				
37	VITTOZZI, DARIA	RA	37	LEONE	00:14:52.10	-	-1	--	00:07:09.207	--	00:02:38.100	--			
38	FORZATO, MARTINA	RA	38	CUS UDINE	00:14:54.20	00:03:07.529	3m 53s/Km	00:07:15.001	24.82 Km/h	00:02:38.401	6m 34s/Km				



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39	TANARA, SOFIA	RA	39	CUS PARMA ASD	00:14:56.90	00:03:12.480	3m 59s/Km	00:07:07.584	25.29 Km/h	00:02:43.261	6m 47s/Km
40	BRUNO, MIKAELA	RA	40	ATLAS TRIATHLON CS	00:14:57.30	00:03:08.583	3m 54s/Km	00:07:16.104	24.77 Km/h	00:02:41.507	6m 42s/Km
41	QUAGLIA, CARLOTTA	RA	41	AZZURRA TRIATHLON TE	00:15:06.20	00:03:19.351	4m 8 s/Km	00:07:16.405	24.77 Km/h	00:02:39.083	6m 37s/Km
42	DALMASSO, CHIARA	RA	42	CUNEO1198 TRITEAM	00:15:08.50	00:03:18.349	4m 7 s/Km	00:07:04.300	25.47 Km/h	00:02:52.389	7m 9 s/Km
43	DE REMIGIS, GIULIA	RA	43	TERAMO TRIATHLON	00:15:10.40	00:03:15.546	4m 3 s/Km	00:07:26.300	24.21 Km/h	00:02:35.984	6m 27s/Km
44	VICINI, DARIA	RA	44	PHISIO SPORT LAB TRI	00:15:12.00	00:03:15.348	4m 3 s/Km	00:07:13.109	24.94 Km/h	00:02:32.700	6m 19s/Km
45	BOLOGNINI, ARIANNA	RA	45	TERAMO TRIATHLON	00:15:14.20	00:03:15.347	4m 3 s/Km	00:07:29.502	24.05 Km/h	00:02:32.901	6m 19s/Km
46	PERINA, GIULIA	RA	46	B4S-TTT	00:15:18.90	00:03:13.702	4m 1 s/Km	00:07:29.303	24.05 Km/h	00:02:37.005	6m 32s/Km
47	BERNARDI, SARA	RA	47	CUNEO1198 TRITEAM	00:15:24.70	00:03:21.954	4m 11s/Km	00:07:22.509	24.43 Km/h	00:02:43.502	6m 47s/Km
48	DI VITTORIO, CHIARA	RA	48	CUS PARMA ASD	00:15:26.90	00:03:09.424	3m 56s/Km	00:07:15.503	24.82 Km/h	00:03:00.204	7m 29s/Km
49	MAZZOCCO, ALICE	RA	49	THE HURRICANE S.S.D.	00:15:28.40	00:03:09.535	3m 56s/Km	00:07:27.401	24.16 Km/h	00:02:49.407	7m 2 s/Km
50	BACCARO, CARLOTTA	RA	50	CSA GORIZIA	00:15:31.70	00:03:25.297	4m 16s/Km	00:07:17.507	24.71 Km/h	00:02:53.001	7m 12s/Km
51	TERZI, RACHELE	RA	51	PHISIO SPORT LAB TRI	00:15:36.70	00:03:31.201	4m 23s/Km	00:07:20.508	24.54 Km/h	00:02:43.009	6m 47s/Km
52	MOCCI, ALESSIA	RA	52	VILLACIDRO TRIATHLON	00:15:39.90	00:03:26.509	4m 17s/Km	00:07:29.304	24.05 Km/h	00:02:45.303	6m 52s/Km
53	SANTORO, LINDA	RA	53	PHISIO SPORT LAB TRI	00:15:41.20	00:03:30.300	4m 22s/Km	00:07:15.002	24.82 Km/h	00:02:49.106	7m 2 s/Km
54	MARGARIA, GAIA	RA	54	CUNEO1198 TRITEAM	00:15:43.80	00:03:37.307	4m 31s/Km	00:07:08.406	25.23 Km/h	00:03:01.406	7m 32s/Km
55	IOIME, ANTONIETTA	RA	55	CENTRO ESTER TT	00:15:51.60	00:03:18.500	4m 7 s/Km	00:07:14.300	24.88 Km/h	00:03:07.508	7m 47s/Km
56	IACHETTA, REBECCA	RA	56	LEONE	00:15:53.70	00:03:22.105	4m 12s/Km	00:07:30.706	24.0 Km/h	00:03:00.505	7m 29s/Km
57	DUCA, VIRGINIA	RA	57	ROMA TRIATHLON	00:16:06.70	00:03:13.301	4m 1 s/Km	00:07:39.409	23.52 Km/h	00:03:04.507	7m 39s/Km
58	SERAFINI, VALENTINA	RA	58	POL. RICCIONE	00:16:16.40	00:03:19.703	4m 8 s/Km	00:08:18.407	21.68 Km/h	00:02:34.703	6m 24s/Km
59	BISI, EMMA	RA	59	PHISIO SPORT LAB TRI	00:16:30.60	00:03:33.903	4m 26s/Km	00:08:18.006	21.68 Km/h	00:02:40.004	6m 39s/Km
60	SESSINI, GIULIA	RA	60	VILLACIDRO TRIATHLON	00:16:31.90	00:03:37.206	4m 31s/Km	00:07:40.500	23.47 Km/h	00:02:56.502	7m 19s/Km
61	GUERRA, GIULIA	RA	61	DDS	00:16:37.90	00:03:19.408	4m 8 s/Km	00:08:17.405	21.73 Km/h	00:02:52.500	7m 9 s/Km
62	ANNUNZIATA, EMANUELA	RA	62	CENTRO ESTER TT	00:16:42.70	00:03:40.108	4m 34s/Km	00:07:38.708	23.58 Km/h	00:03:10.309	7m 54s/Km
63	FERRARI, ELIANA	RA	63	CUS UDINE	00:16:46.00	00:03:40.309	4m 34s/Km	00:07:32.707	23.89 Km/h	00:03:31.301	8m 47s/Km
64	RICCOBONO, AURORA	RA	64	NUOTO LIVORNO 3	00:17:00.90	00:03:54.301	4m 52s/Km	00:07:30.505	24.0 Km/h	00:03:17.500	8m 12s/Km
65	VALLEGGI, ANITA	RA	65	PHISIO SPORT LAB TRI	00:18:29.00	00:03:51.400	4m 48s/Km	00:08:12.404	21.95 Km/h	00:04:01.202	10m 2 s/Km
DNF	PASSONE, AGNESE	-	0	SILCA ULTRALITE	DNF	00:02:55.213	--	-	-1	-	-1
DNF	IORIO, MARTINA	-	0	SABINA TEVERE	DNF	00:03:02.503	--	-	-1	-	-1
DNS	G?LLER, LENA	-	0	KSV TRIATHLON	DNS	-	-1	-	-1	-	-1
DNS	MALACALZA, DEUSA	-	0	PIACENZA TRI VIVO	DNS	-	-1	-	-1	-	-1
DNS	CAPUTO, GAIA	-	0	ATLAS TRIATHLON CS	DNS	-	-1	-	-1	-	-1
Sq.	GHIRO, MARIA	RA	0	PROPATRIA MILANO	00:14:09.50	00:03:25.358	4m 16s/Km	00:07:54.002	22.78 Km/h	00:00:40.700	1m 39s/Km
Sq.	POMPEI, ALICE	RA	0	A.S.MINERVA ROMA	00:15:05.20	00:03:35.205	4m 28s/Km	00:08:29.909	21.21 Km/h	00:00:50.500	2m 4 s/Km
Sq.	VELARDITA, NOEMI	RA	0	MAGMA TEAM	00:15:02.40	00:03:33.102	4m 26s/Km	00:08:21.308	21.55 Km/h	00:00:48.900	1m 59s/Km
Sq.	MIGNANO, ASSUNTA	RA	0	CENTRO ESTER TT	00:17:52.30	00:04:28.302	5m 34s/Km	00:09:35.201	18.78 Km/h	00:01:06.300	2m 44s/Km
Sq.	VINCH, LILY	RA	0	UNICUSANO POSILLIPO	00:13:48.40	00:03:14.344	4m 2 s/Km	00:07:49.501	23.02 Km/h	00:00:42.000	1m 44s/Km
Sq.	LEONE, ANNA MARIA	RA	0	CENTRO ESTER TT	00:18:13.00	00:05:05.793	6m 21s/Km	00:08:37.500	20.88 Km/h	00:01:23.400	3m 27s/Km
Sq.	CASSARINO, MIRIAM FLAMINIA	RA	0	MAGMA TEAM	00:16:21.20	00:03:34.004	4m 27s/Km	00:09:38.002	18.68 Km/h	00:00:53.300	2m 12s/Km