



Campionato Italiano Duathlon Ind. Giovani - Youth A Femminile
Capaccio (SA), 01/04/2017



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	TERRINONI, SOFIA	YA	1	GREEN HILL	00:24:11.80	00:07:14.56	36	3m 37s/Km	00:11:07.90	2	43.17 Km/h	00:04:19.30	30	4m 18s/Km
2	CICCHETTI, VIRGINIA	YA	2	A.S.MINERVA ROMA	00:24:16.80	00:07:13.05	35	3m 36s/Km	00:11:08.50	4	43.11 Km/h	00:04:22.10	10	4m 21s/Km
3	CEDDIA, LAURA	YA	3	TRI TEAM BRIANZA	00:24:23.60	00:07:16.96	36	3m 37s/Km	00:11:07.30	0	43.17 Km/h	00:04:26.70	70	4m 26s/Km
4	GRECO, MYRAL	YA	4	POL. RICCIONE	00:24:29.30	00:07:14.52	37	3m 37s/Km	00:11:02.50	6	43.50 Km/h	00:04:28.40	40	4m 28s/Km
5	RONCAGLIA, MATILDE	YA	5	AMICI DEL NUOTO VVF	00:24:48.80	00:07:22.59	39	3m 40s/Km	00:11:13.30	20	42.79 Km/h	00:04:27.50	50	4m 27s/Km
6	STRINGA, BEATRICE	YA	6	ASD CNM TRIATHLON	00:24:55.90	00:07:32.57	43	3m 46s/Km	00:11:03.70	70	43.43 Km/h	00:04:34.10	10	4m 33s/Km
7	GHINELLI, GEMMA	YA	7	PIACENZA TRI VIVO	00:24:58.20	00:07:31.33	32	3m 45s/Km	00:11:02.40	0	43.50 Km/h	00:04:36.40	40	4m 35s/Km
8	MANGIULLO, MADDALENA	YA	8	ASD NEST	00:25:07.90	00:07:30.71	11	3m 44s/Km	00:11:07.90	3	43.17 Km/h	00:04:44.00	00	4m 44s/Km
9	CANCILLA, GAIA	YA	9	A.S.D. TORINO TRIATH	00:25:09.90	00:07:27.79	79	3m 43s/Km	00:11:11.00	6	42.92 Km/h	00:04:48.00	2	4m 47s/Km
10	CARDINALI, LAURA	YA	10	CUS PARMA ASD	00:25:11.00	00:07:28.24	0	3m 44s/Km	00:11:07.30	1	43.17 Km/h	00:04:48.30	1	4m 47s/Km
11	SACCHI, PAOLA	YA	11	PIANETA ACQUA	00:25:21.80	00:07:16.33	33	3m 37s/Km	00:11:20.70	3	42.35 Km/h	00:04:35.50	50	4m 34s/Km
12	SEVERI, LUDOVICA	YA	12	AMICI DEL NUOTO VVF	00:25:22.90	00:07:24.78	38	3m 42s/Km	00:11:12.10	8	42.85 Km/h	00:04:53.30	5	4m 53s/Km
13	BROZZI, LUCREZIA	YA	13	CUS PARMA ASD	00:25:26.40	00:07:55.32	32	3m 57s/Km	00:10:41.10	10	44.92 Km/h	00:05:03.30	4	5m 2 s/Km
14	BIZ, VALENTINA	YA	14	SILCA ULTRALITE	00:25:27.70	00:07:43.75	56	3m 51s/Km	00:10:49.50	50	44.37 Km/h	00:04:56.30	9	4m 56s/Km
15	PRESTIA, ANGELICA	YA	15	PIANETA ACQUA	00:25:28.70	00:07:16.45	35	3m 37s/Km	00:11:21.00	4	42.29 Km/h	00:05:04.70	5	5m 3 s/Km
16	GATTI, GIULIA ANDREA	YA	16	A.S.D. TORINO TRIATH	00:25:32.40	00:07:44.91	18	3m 52s/Km	00:11:04.30	30	43.37 Km/h	00:04:56.10	7	4m 56s/Km
17	LOCATELLI, MATILDE	YA	17	TRI TEAM BRIANZA	00:25:34.90	00:07:36.30	5	3m 47s/Km	00:11:27.10	7	41.92 Km/h	00:04:48.30	3	4m 47s/Km
18	PAVARANI, ANNA	YA	18	CUS PARMA ASD	00:25:38.50	00:08:00.12	29	4m 0 s/Km	00:11:04.10	10	43.37 Km/h	00:04:46.70	0	4m 46s/Km
19	MACCI, LAVINIA	YA	19	B4S-TTT	00:25:45.50	00:07:47.72	0	3m 53s/Km	00:11:10.50	5	42.98 Km/h	00:04:50.30	4	4m 49s/Km
20	CHIESI, MADDALENA	YA	20	CUS PARMA ASD	00:25:48.70	00:07:57.33	6	3m 58s/Km	00:11:06.19	3	43.24 Km/h	00:04:56.70	8	4m 56s/Km
21	RIGHETTI, ALESSIA	YA	21	POL. RICCIONE	00:25:56.40	00:07:44.01	17	3m 52s/Km	00:11:22.30	6	42.22 Km/h	00:04:57.50	0	4m 57s/Km
22	GERMANI, ELEONORA	YA	22	ASD CNM TRIATHLON	00:25:59.60	00:07:34.71	14	3m 46s/Km	00:11:35.30	8	41.43 Km/h	00:05:07.10	6	5m 6 s/Km
23	CASTAGNA, MONICA	YA	23	LEOSPORT	00:26:03.00	00:07:53.39	1	3m 56s/Km	00:11:11.30	7	42.92 Km/h	00:05:00.10	1	5m 0 s/Km
24	SALERNO, ALICE	YA	24	GREEN HILL	00:26:08.10	00:07:56.03	3	3m 58s/Km	00:11:15.40	1	42.66 Km/h	00:05:16.00	4	5m 15s/Km
25	CARLINI, ELISA	YA	25	DDS	00:26:21.20	00:07:47.54	9	3m 53s/Km	00:11:13.10	9	42.79 Km/h	00:05:21.00	7	5m 20s/Km
26	BROZZI, VIRGINIA	YA	26	CUS PARMA ASD	00:26:35.20	00:07:59.48	8	3m 59s/Km	00:11:38.30	0	41.26 Km/h	00:05:02.30	3	5m 1 s/Km
27	TEMPIO, GIULIA	YA	27	A.S.MINERVA ROMA	00:26:37.30	00:08:08.49	0	4m 3 s/Km	00:11:48.30	2	40.67 Km/h	00:04:56.00	6	4m 56s/Km
28	CIANCI, LUDOVICA	YA	28	B4S-TTT	00:26:39.70	00:07:57.23	4	3m 58s/Km	00:11:42.20	1	41.02 Km/h	00:05:09.20	9	5m 9 s/Km
29	FERRARESI, ELEONORA	YA	29	SWEET TEAM MODENA	00:26:47.60	00:07:59.23	7	3m 59s/Km	00:12:02.10	1	39.88 Km/h	00:05:07.50	7	5m 6 s/Km
30	TIBERTI, ANNALISA	YA	30	A.S.MINERVA ROMA	00:26:55.90	00:07:57.33	5	3m 58s/Km	00:11:35.30	9	41.43 Km/h	00:05:22.10	8	5m 21s/Km
31	REPETTO, MARTA	YA	31	A.S. VIRTUS	00:26:58.50	00:08:33.17	4	4m 16s/Km	00:11:22.30	5	42.22 Km/h	00:05:11.70	1	5m 11s/Km
32	RUFFILLI, VITTORIA	YA	32	AZZURRA TRIATHLON TE	00:27:27.00	00:08:37.30	5	4m 18s/Km	00:11:19.30	2	42.41 Km/h	00:05:45.30	0	5m 44s/Km
33	RAVIOLO, MARIA	YA	33	A.S.D. TORINO TRIATH	00:27:32.50	00:08:20.31	3	4m 10s/Km	00:12:01.30	0	39.94 Km/h	00:05:08.30	8	5m 8 s/Km
34	DONDI, VALENTINA	YA	34	CUS PARMA ASD	00:27:34.40	00:08:29.39	9	4m 14s/Km	00:11:56.00	5	40.22 Km/h	00:05:15.30	3	5m 15s/Km
35	PESCE, MARTINA	YA	35	CUNEO1198 TRITEAM	00:27:37.80	00:08:23.12	4	4m 11s/Km	00:11:59.50	8	40.05 Km/h	00:05:23.10	9	5m 23s/Km
36	CARNEVALI, ALICE	YA	36	LEONE	00:27:40.10	00:08:26.37	7	4m 13s/Km	00:11:56.00	4	40.22 Km/h	00:05:23.90	0	5m 23s/Km
37	PIN, ALICE	YA	37	SILCA ULTRALITE	00:27:44.80	00:08:21.33	3	4m 10s/Km	00:12:00.70	9	40.0 Km/h	00:05:17.90	6	5m 16s/Km
38	GRIGNAFFINI, SOFIA	YA	38	CUS PARMA ASD	00:27:55.40	00:08:28.38	8	4m 14s/Km	00:11:54.50	3	40.33 Km/h	00:05:34.10	5	5m 33s/Km



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39	BRAMBILLASCA, FIAMMETTA	YA	39	ASD CNM TRIATHLON	00:27:57.90	00:08:21.732	4m 10s/Km	00:12:32.463	38.29 Km/h	00:05:12.582	5m 12s/Km
40	PIETRAFORTE, MARIA CHIARA	YA	40	SABINA TEVERE	00:28:01.20	00:08:23.756	4m 11s/Km	00:11:56.986	40.22 Km/h	00:05:40.487	5m 40s/Km
41	MERLI, FRANCESCA	YA	41	TRIATHLON CREMONA ST	00:28:03.90	00:08:29.380	4m 14s/Km	00:12:35.384	38.14 Km/h	00:05:01.022	5m 0 s/Km
42	SPREAFICO, SOFIA	YA	42	ASD CNM TRIATHLON	00:28:04.40	00:08:40.466	4m 19s/Km	00:12:15.106	39.18 Km/h	00:05:11.380	5m 11s/Km
43	SALVATI, LUDOVICA	YA	43	ROMA TRIATHLON	00:28:05.80	00:08:48.329	4m 24s/Km	00:11:57.787	40.16 Km/h	00:05:30.782	5m 30s/Km
44	BIANCHI, GIULIA	YA	44	GREEN HILL	00:28:15.60	00:08:23.625	4m 11s/Km	00:12:24.581	38.70 Km/h	00:05:31.983	5m 30s/Km
45	PACE, MARIANNA	YA	45	AZZURRA TRIATHLON TE	00:28:20.80	00:08:41.517	4m 20s/Km	00:12:06.283	39.66 Km/h	00:05:32.984	5m 31s/Km
46	MENEGUZZO CERIOTTI, LUISA FERNANDA	YA	46	LEOSPORT	00:28:24.30	00:08:30.161	4m 15s/Km	00:12:18.087	39.02 Km/h	00:05:29.381	5m 29s/Km
47	CARLESÌ, ALESSIA	YA	47	NUOTO LIVORNO 3	00:28:29.10	00:08:51.380	4m 25s/Km	00:12:31.782	38.34 Km/h	00:05:16.285	5m 15s/Km
48	SANT, BEATRICE	YA	48	SILCA ULTRALITE	00:28:30.20	00:08:48.778	4m 24s/Km	00:12:03.082	39.83 Km/h	00:05:38.586	5m 38s/Km
49	MEIER, ISABELLA	YA	49	PROPATRIA MILANO	00:29:04.40	00:08:32.383	4m 15s/Km	00:12:14.385	39.23 Km/h	00:05:58.783	5m 58s/Km
50	RIGHETTI, ELENA	YA	50	THE HURRICANE S.S.D.	00:29:07.90	00:09:08.955	4m 33s/Km	00:12:20.789	38.91 Km/h	00:05:42.788	5m 42s/Km
51	PERNA, DENISE	YA	51	MAGMA TEAM	00:29:18.70	00:08:58.551	4m 29s/Km	00:12:36.585	38.09 Km/h	00:05:45.389	5m 44s/Km
52	GUARINO, ELISABETTA GUILIA	YA	52	SABINA TEVERE	00:29:27.90	00:09:06.583	4m 32s/Km	00:12:12.584	39.34 Km/h	00:06:08.385	6m 8 s/Km
53	DIAZ, AMANDA	YA	53	ROMA TRIATHLON	00:29:33.70	00:09:03.082	4m 31s/Km	00:12:20.588	38.91 Km/h	00:06:12.986	6m 12s/Km
54	VIGNALI, GIORGIA	YA	54	T.D. RIMINI	00:29:45.20	00:09:07.384	4m 33s/Km	00:12:20.380	38.91 Km/h	00:06:00.584	6m 0 s/Km
55	FANTONI GUERCI, EMMA	YA	55	CUS PARMA ASD	00:30:18.40	00:09:14.386	4m 36s/Km	00:13:12.386	36.36 Km/h	00:05:47.081	5m 46s/Km
56	SANTOSPIRITO, LAURA	YA	56	TEAM MATERA	00:30:57.50	00:09:22.067	4m 41s/Km	00:13:25.388	35.77 Km/h	00:05:48.482	5m 47s/Km
57	GIANNONE, ALESSIA	YA	57	ASD NEST	00:31:52.60	00:09:26.268	4m 43s/Km	00:13:14.387	36.27 Km/h	00:06:50.788	6m 49s/Km
58	CIMAGLIA, ALESSIA	YA	58	CUS PARMA ASD	00:34:19.70	00:10:55.389	5m 27s/Km	00:15:00.389	32.0 Km/h	00:06:16.387	6m 15s/Km
DNS	ACARNE, MATILDE	-	0	A.S. VIRTUS	DNS	-	-1	--	-	-1	--
DNS	PIEROPAN, ASIA	-	0	THE HURRICANE S.S.D.	DNS	-	-1	--	-	-1	--
DNS	AGUIARI, SOLINDA	-	0	A.S. VIRTUS	DNS	-	-1	--	-	-1	--
DNS	BERTI, ALESSIA	-	0	NUOTO LIVORNO 3	DNS	-	-1	--	-	-1	--
DNS	BRUNNER, MAREN	-	0	KSV TRIATHLON	DNS	-	-1	--	-	-1	--
DNS	CECCHINI, MICHELLE ELENA	-	0	B4S-TTT	DNS	-	-1	--	-	-1	--
DNS	CHERCHI, ALICE	-	0	A.S. VIRTUS	DNS	-	-1	--	-	-1	--
DNS	MAGHENZANI, MADDALENA	-	0	CUS PARMA ASD	DNS	-	-1	--	-	-1	--
DNS	QUARTA, BARBARA	-	0	ASD NEST	DNS	-	-1	--	-	-1	--
DNS	VENERUSO, MARTINA	-	0	UNICUSANO POSILLIPO	DNS	-	-1	--	-	-1	--
Sq.	PIRODDI, ARIANNA	-	0	SABINA TEVERE	DNF	00:08:31.542	--	-	-1	--	-
Sq.	IACONA, CARLOTTA	YA	0	MAGMA TEAM	00:29:47.00	00:11:21.080	5m 40s/Km	00:07:16.180	66.05 Km/h	00:07:52.389	7m 51s/Km