



Duathlon Sprint di Ostia - Femminile

Ostia (RM), 05/03/2017



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	TAMBURRI, ALESSANDRA	S1	1	A.S.MINERVA ROMA	01:01:59.60	00:17:55.32	32	3m 35s/Km	00:34:23.30	30	34.90 Km/h	00:09:39.30	30	3m 51s/Km
2	ROMANO, GIADA	YB	1	G.S. FF.OO.	01:02:23.60	00:17:55.33	33	3m 35s/Km	00:34:23.70	70	34.90 Km/h	00:10:03.20	20	4m 1 s/Km
3	POZZUOLI, MICHELA	S1	2	A.S.MINERVA ROMA	01:04:44.40	00:18:43.30	30	3m 44s/Km	00:35:49.50	50	33.50 Km/h	00:10:10.30	30	4m 3 s/Km
4	WOJCIESZEK STROJNY, EWA MARZENA	M2	1	FORHANS TEAM	01:06:10.30	00:20:03.24	24	4m 0 s/Km	00:35:04.40	40	34.22 Km/h	00:11:02.20	20	4m 24s/Km
5	RODOLFI, VALERIA	YB	2	SABINA TEVERE	01:08:25.50	00:20:27.57	57	4m 5 s/Km	00:36:18.70	70	33.05 Km/h	00:11:38.30	30	4m 39s/Km
6	MANCINI, MONICA	JU	1	LEONE	01:09:40.00	00:21:17.38	38	4m 15s/Km	00:35:59.90	90	33.34 Km/h	00:12:22.50	50	4m 56s/Km
7	ARQUILLA, ROBERTA	M1	1	PODISTICA SOLIDARIET	01:10:28.60	00:21:26.50	50	4m 17s/Km	00:36:22.30	30	32.99 Km/h	00:12:38.40	3	5m 3 s/Km
8	BRUNETTI, MAYA	S4	1	F.I.TRI.	01:11:46.50	00:21:57.04	44	4m 23s/Km	00:37:51.90	02	31.70 Km/h	00:11:57.20	20	4m 46s/Km
9	FRANZIN, SOFIA	JU	2	LEONE	01:12:06.60	00:22:34.33	36	4m 30s/Km	00:37:07.40	40	32.33 Km/h	00:12:23.50	1	4m 57s/Km
10	PIGNA, EVA	S2	1	FORHANS TEAM	01:12:11.70	00:21:56.36	36	4m 23s/Km	00:37:50.50	01	31.71 Km/h	00:12:23.40	0	4m 57s/Km
11	FRATTAROLI, EMANUELA	S4	2	TERNI TRIATHLON	01:12:35.60	00:22:42.39	99	4m 32s/Km	00:37:02.50	50	32.40 Km/h	00:12:50.70	6	5m 8 s/Km
12	VANNI, FEDERICA	S1	3	LEONE	01:12:39.40	00:22:36.05	57	4m 31s/Km	00:37:19.90	00	32.15 Km/h	00:12:43.40	4	5m 5 s/Km
13	PALLOTTI, ROMINA	M2	2	CASTELLI ROMANI TRI	01:12:41.60	00:20:22.76	76	4m 4 s/Km	00:41:12.30	08	29.12 Km/h	00:11:06.00	0	4m 26s/Km
14	ANTENUCCI, BEATRICE	YB	3	B4S-TTT	01:13:16.40	00:21:28.36	61	4m 17s/Km	00:39:29.10	05	30.39 Km/h	00:12:18.40	40	4m 55s/Km
15	MASSARI, CHIARA	YB	4	LEONE	01:14:12.10	00:21:28.09	90	4m 17s/Km	00:39:28.50	04	30.40 Km/h	00:13:15.00	09	5m 17s/Km
16	ORSETTI, MARZIA	YB	5	SABINA TEVERE	01:14:23.50	00:22:40.11	8	4m 31s/Km	00:38:22.90	03	31.27 Km/h	00:13:19.70	0	5m 19s/Km
17	GIAMPA', MARIA GRAZIA	M1	2	F.I.TRI.	01:16:34.50	00:23:11.58	0	4m 38s/Km	00:40:28.10	07	29.65 Km/h	00:12:54.70	07	5m 9 s/Km
18	VACCARO, CLARA	M4	1	ROMA TRIATHLON	01:16:34.60	00:22:29.31	5	4m 29s/Km	00:41:18.50	00	29.05 Km/h	00:12:45.00	5	5m 5 s/Km
19	MANCINI, PAMELA	M1	3	TERNI TRIATHLON	01:17:56.40	00:24:26.52	21	4m 53s/Km	00:40:17.00	06	29.78 Km/h	00:13:12.10	08	5m 16s/Km
20	LAZZAROTTO, LAURA	S4	3	CASTELLI ROMANI TRI	01:19:26.40	00:21:54.58	2	4m 22s/Km	00:45:03.20	05	26.63 Km/h	00:12:28.10	2	4m 59s/Km
21	MAZZETTI, ALICE	YB	6	ROMA TRIATHLON	01:20:45.00	00:25:32.52	3	5m 6 s/Km	00:41:18.30	09	29.05 Km/h	00:13:53.30	1	5m 33s/Km
22	BRANZANTI, MARA	S3	1	SVIZZERA	01:21:13.30	00:25:17.40	2	5m 3 s/Km	00:41:36.70	01	28.84 Km/h	00:14:18.90	2	5m 43s/Km
23	MARIANI, SILVIA	M3	1	GRANBIKE TRIATHLON	01:22:48.10	00:26:30.59	4	5m 17s/Km	00:41:38.50	02	28.82 Km/h	00:14:38.10	3	5m 51s/Km
24	PIOLA, GRETA	YB	7	ROMA TRIATHLON	01:26:18.90	00:27:31.52	6	5m 30s/Km	00:42:55.30	03	27.96 Km/h	00:15:51.70	4	6m 20s/Km
25	FIorentini, PATRIZIA	M3	2	ROMA TRIATHLON	01:27:49.00	00:27:29.30	5	5m 29s/Km	00:44:24.30	04	27.02 Km/h	00:15:54.20	5	6m 21s/Km
DNF	DESIDERI, FRANCESCA	-	0	A.S.MINERVA ROMA	DNF	00:20:11.35	--	--	-	-1	--	-	-1	--
DNS	PINNA, SILVIA	-	0	F.I.TRI.	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	PAGANELLI, STEFANIA	-	0	FORHANS TEAM	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	PINTO, VANESSA	-	0	IRONTEAM ITALIA A.S.	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	PIGNATELLI, MARGHERITA	-	0	TRIATHLON TARANTO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CATERINI, FULVIA	-	0	A.S.MINERVA ROMA	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	ORLANDI, ALESSANDRA	-	0	ASD 3.4 FUN	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CASASANTA, LAURA	-	0	ASD 3.4 FUN	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	LOVISCO, SANDRA	-	0	A.S.MINERVA ROMA	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	BOLOGNA, LARA	-	0	SBR 3	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	MAZZONI, BRUNA	-	0	PODISTICA SOLIDARIET	DNS	-	-1	--	-	-1	--	-	-1	--