



Duathlon Sprint di Terni - Femminile
Terni (TR), 05/02/2017



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	TERRINONI, SOFIA	YA	1	GREEN HILL	00:35:26.60	00:09:31.25	25	3m 48s/Km	00:21:11.00	20	28.32 Km/h	00:04:43.60	30	4m 43s/Km
2	CICCHETTI, VIRGINIA	YA	2	A.S.MINERVA ROMA	00:35:43.60	00:09:33.22	22	3m 49s/Km	00:21:10.00	20	28.34 Km/h	00:04:59.60	30	4m 59s/Km
3	TEMPIO, GIULIA	YA	3	A.S.MINERVA ROMA	00:37:19.40	00:10:10.26	26	4m 3 s/Km	00:21:28.10	10	27.95 Km/h	00:05:40.30	30	5m 40s/Km
4	ANTENUCCI, BEATRICE	YB	1	B4S-TTT	00:38:32.60	00:10:12.76	76	4m 4 s/Km	00:22:55.96	36	26.18 Km/h	00:05:23.80	30	5m 23s/Km
5	MASSARI, CHIARA	YB	2	LEONE	00:38:46.20	00:10:10.96	96	4m 3 s/Km	00:22:58.16	16	26.12 Km/h	00:05:37.16	16	5m 36s/Km
6	TIBERTI, ANNALISA	YA	4	A.S.MINERVA ROMA	00:39:18.50	00:10:39.47	47	4m 15s/Km	00:22:27.70	70	26.72 Km/h	00:06:11.00	44	6m 11s/Km
7	CARNEVALI, ALICE	YA	5	LEONE	00:39:35.80	00:10:53.51	51	4m 21s/Km	00:23:02.10	10	26.04 Km/h	00:05:40.16	16	5m 40s/Km
8	BIANCHI, GIULIA	YA	6	GREEN HILL	00:39:44.50	00:10:53.45	50	4m 21s/Km	00:23:20.30	11	25.71 Km/h	00:05:29.30	30	5m 29s/Km
9	GACUSAN, KHAZSANDRA CLAIRE	YA	7	SABINA TEVERE	00:39:50.50	00:10:45.29	29	4m 17s/Km	00:23:16.90	30	25.78 Km/h	00:05:48.20	00	5m 47s/Km
10	PIETRAFORTE, MARIA CHIARA	YA	8	SABINA TEVERE	00:39:58.30	00:10:36.96	96	4m 14s/Km	00:23:17.50	00	25.76 Km/h	00:06:03.80	22	6m 2 s/Km
11	SALERNO, ALICE	YA	9	GREEN HILL	00:40:32.00	00:11:15.91	91	4m 30s/Km	00:23:21.40	22	25.69 Km/h	00:05:54.20	11	5m 54s/Km
12	CIANCI, LUDOVICA	YA	10	B4S-TTT	00:40:56.20	00:10:40.98	98	4m 15s/Km	00:24:29.20	8	24.50 Km/h	00:05:46.00	30	5m 46s/Km
13	MAZZETTI, ALICE	YB	3	ROMA TRIATHLON	00:41:05.70	00:11:20.59	59	4m 31s/Km	00:23:56.30	5	25.06 Km/h	00:05:48.10	10	5m 47s/Km
14	RIGHETTI, ELENA	YA	11	THE HURRICANE S.S.D.	00:41:38.70	00:11:39.59	55	4m 39s/Km	00:23:37.10	3	25.40 Km/h	00:06:21.70	5	6m 20s/Km
15	DIAZ, AMANDA	YA	12	ROMA TRIATHLON	00:41:59.30	00:11:37.10	4	4m 38s/Km	00:24:11.50	6	24.81 Km/h	00:06:09.30	3	6m 9 s/Km
16	DI LUCENTE, MARIA GIULIA	YB	4	GREEN HILL	00:42:21.40	00:12:15.43	37	4m 54s/Km	00:23:38.20	4	25.38 Km/h	00:06:27.40	6	6m 27s/Km
17	GUARINO, ELISABETTA GUILIA	YA	13	SABINA TEVERE	00:42:31.50	00:11:41.39	6	4m 40s/Km	00:24:12.20	7	24.79 Km/h	00:06:37.07	3	6m 36s/Km
18	RAFFAELLI, GIULIA	YA	14	GREEN HILL	00:42:58.50	00:12:40.31	8	5m 3 s/Km	00:23:08.30	30	25.93 Km/h	00:07:08.30	8	7m 8 s/Km
19	LABATE, ELISA	YB	5	GREEN HILL	00:47:38.80	00:14:37.13	39	5m 50s/Km	00:24:59.40	9	24.01 Km/h	00:08:02.10	9	8m 1 s/Km
20	FRACASSI, GIORGIA	YB	6	TOTAL FITNESS TRI	00:54:07.30	00:16:00.32	20	6m 24s/Km	00:29:34.20	20	20.29 Km/h	00:08:32.30	20	8m 31s/Km
DNS	FORNIERI, EVA	-	0	GREEN HILL	DNS	-	-1	--	-	-1	--	-	-1	--