



Elbaman - Half Ironman Women

Campo nell'Elba (LI), 25/09/2016



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	PERONCINI, ELEONORA	S3	1	CUS PARMA ASD	05:37:58.83	00:31:13.92	32	1m 38s/100m	03:25:43.50	50	26.24 Km/h	01:36:59.53	53	4m 37s/Km
2	SELLA, MARIA ALFONSA	S4	1	F.I.TRI.	05:46:58.12	00:35:36.005	05	1m 52s/100m	03:30:47.20	20	25.61 Km/h	01:35:39.52	52	4m 33s/Km
3	REATI, ALESSANDRA	S4	2	PHISIO SPORT LAB TRI	05:52:19.36	00:34:50.992	12	1m 49s/100m	03:30:54.50	50	25.60 Km/h	01:40:52.16	16	4m 48s/Km
4	THUNER, BABA	M2	1	SUI	06:02:45.45	00:32:44.36	36	1m 43s/100m	03:37:01.50	50	24.88 Km/h	01:47:20.750	750	5m 6 s/Km
5	AVISON, SHANNON	S3	2	FRA	06:02:58.20	00:31:27.48	48	1m 39s/100m	03:31:24.20	20	25.54 Km/h	01:53:40.906	906	5m 24s/Km
6	SCRIVANI, MARIA TERESA	S4	3	ROAD RUNNERS	06:03:35.07	00:29:53.99	99	1m 34s/100m	03:37:23.40	40	24.84 Km/h	01:51:31.875	875	5m 18s/Km
7	DERME, ALESSANDRA	S2	1	CUS TORINO TRIATHLON	06:07:45.61	00:33:44.59	59	1m 46s/100m	03:41:11.50	50	24.41 Km/h	01:48:33.411	411	5m 10s/Km
8	MAROCCI, ELENA EMILIA	M3	1	ASD CNM TRIATHLON	06:08:31.90	00:38:14.992	92	2m 0.s/100m	03:45:55.504	04	23.90 Km/h	01:39:03.00	00	4m 43s/Km
9	BONFRESCHI, PAOLA	M2	2	ATL. MDS PANARIAGROU	06:10:00.01	00:33:42.16	16	1m 46s/100m	03:44:36.702	02	24.04 Km/h	01:46:41.39	39	5m 4 s/Km
10	RESTANI, SARA	M1	1	T3	06:10:32.10	00:38:16.195	95	2m 0.s/100m	03:45:44.903	03	23.92 Km/h	01:41:45.10	10	4m 50s/Km
11	BERNARDINI, CRISTINA	M2	3	I.T.A.	06:10:37.45	00:45:22.985	85	2m 23s/100m	03:30:25.00	00	25.66 Km/h	01:49:00.453	453	5m 11s/Km
12	MONTRASIO, ELISA	M1	2	OXYGEN TRIATHLON	06:15:16.42	00:34:41.771	71	1m 49s/100m	03:51:21.708	08	23.34 Km/h	01:43:33.42	42	4m 55s/Km
13	GRASSIA, VALERIA	S3	3	CUS PROPATRIA MILANO	06:19:44.69	00:38:13.791	91	2m 0.s/100m	03:50:06.507	07	23.46 Km/h	01:45:53.20	20	5m 2 s/Km
14	SILVESTRI, ILARIA	S3	4	AVIA PERVIA	06:22:47.47	00:34:57.143	43	1m 50s/100m	03:47:38.905	05	23.72 Km/h	01:54:10.720	720	5m 26s/Km
15	PYTLIKOVA, SANDRA	S3	5	CZE	06:24:02.22	00:39:04.862	62	2m 3.s/100m	03:44:28.901	01	24.05 Km/h	01:54:58.421	421	5m 28s/Km
16	MEYER, DEANNA	M2	4	USA	06:25:11.03	00:32:22.35	35	1m 42s/100m	03:57:42.504	04	22.71 Km/h	01:49:02.734	734	5m 11s/Km
17	FUSCONI, GIORGIA	M1	3	T.T. CESENATICO	06:28:00.81	00:38:37.089	89	2m 1.s/100m	03:52:44.501	01	23.20 Km/h	01:48:39.512	512	5m 10s/Km
18	DE CESARIS, FRANCESCA	S4	4	CUS PROPATRIA MILANO	06:28:12.56	00:41:22.738	38	2m 10s/100m	03:44:06.500	00	24.09 Km/h	01:57:11.484	484	5m 34s/Km
19	DAL MASO, ALESSANDRA	S4	5	OXYGEN TRIATHLON	06:31:02.13	00:33:41.39	39	1m 46s/100m	03:51:41.909	09	23.30 Km/h	02:00:08.028	58	5m 43s/Km
20	BONOMI, ANNACHIARA	S4	6	SGM TRIATHLON	06:35:45.34	00:38:10.339	39	2m 0.s/100m	03:54:35.503	03	23.01 Km/h	01:57:16.385	385	5m 35s/Km
21	AMBROGI, ALESSANDRA	M1	4	OXYGEN TRIATHLON	06:42:12.11	00:43:24.280	280	2m 17s/100m	03:58:10.906	06	22.67 Km/h	01:54:00.418	418	5m 25s/Km
22	ANDORLINI, CRISTINA	M3	2	FIRENZE TRI	06:45:10.53	00:38:33.928	28	2m 1.s/100m	04:03:34.901	01	22.17 Km/h	01:55:36.432	432	5m 30s/Km
23	CANOVESE, SILVIA	M1	5	1A MISTRAL TRIATHLON	06:46:56.50	00:35:10.584	84	1m 51s/100m	03:52:09.900	00	23.26 Km/h	02:13:43.208	208	6m 22s/Km
24	CAVALLIN, PRISCA	S3	6	TRIBU'	06:48:06.81	00:40:22.385	35	2m 7.s/100m	04:02:31.408	08	22.26 Km/h	01:58:42.027	27	5m 39s/Km
25	COLOMBO, LAURA	M1	6	TRIATHLON BERGAMO	06:48:41.92	00:44:43.402	402	2m 21s/100m	04:03:26.000	00	22.18 Km/h	01:53:48.927	927	5m 25s/Km
26	BENZI, FRANCESCA	M2	5	IMOLA TRIATHLON	06:49:12.38	00:38:09.498	98	2m 0.s/100m	04:02:46.909	09	22.24 Km/h	02:02:55.289	289	5m 51s/Km
27	MARTINO, STEFANIA	M1	7	ASD CNM TRIATHLON	06:49:52.10	00:39:31.253	53	2m 4.s/100m	04:22:43.705	05	20.55 Km/h	01:41:00.20	20	4m 48s/Km
28	GALIMBERTI, ALESSANDRA	M2	6	ASD CNM TRIATHLON	06:50:34.52	00:38:32.997	97	2m 1.s/100m	04:06:09.403	03	21.93 Km/h	01:57:40.326	326	5m 36s/Km
29	SOLDANO, KATHRYN	M4	1	USA	06:56:30.13	00:43:25.581	81	2m 17s/100m	03:49:55.506	06	23.48 Km/h	02:10:37.335	335	6m 13s/Km
30	GUALENI, VIRGINIA	M1	8	ASD 226 TRIATHLON V.	06:57:05.42	00:38:11.120	20	2m 0.s/100m	04:04:24.702	02	22.09 Km/h	02:06:59.122	122	6m 2 s/Km
31	BLOHME, STEPHANIE	S2	2	GER	06:57:13.83	00:38:08.567	67	2m 0.s/100m	03:53:55.102	02	23.08 Km/h	02:19:14.581	581	6m 37s/Km
32	GARAMPELLI, STEFANIA	M3	3	ASD CNM TRIATHLON	07:01:46.20	00:38:18.626	26	2m 0.s/100m	04:07:28.904	04	21.82 Km/h	02:10:30.904	904	6m 12s/Km
33	PAVESI, ELENA	M1	9	RASCHIANI TRI PAVESE	07:02:39.14	00:44:54.373	73	2m 21s/100m	04:00:01.107	07	22.49 Km/h	02:08:26.583	583	6m 6 s/Km
34	CASALI, SIMONA	M2	7	ASD CNM TRIATHLON	07:07:36.59	00:45:25.346	46	2m 23s/100m	04:18:16.904	04	20.90 Km/h	01:56:40.493	493	5m 33s/Km
35	BERTONCINI, LETIZIA	M1	10	1A MISTRAL TRIATHLON	07:09:06.02	00:39:46.734	74	2m 5.s/100m	04:16:49.101	01	21.02 Km/h	02:04:44.320	320	5m 56s/Km
36	PETERSON, JODEE	M3	4	USA	07:09:10.10	00:41:39.539	39	2m 11s/100m	04:14:52.908	08	21.18 Km/h	02:05:17.001	001	5m 57s/Km
37	VITELLI, FRANCESCA	M2	8	T3	07:12:39.48	00:41:00.097	97	2m 9.s/100m	04:09:29.906	06	21.64 Km/h	02:16:09.089	089	6m 29s/Km
38	GUZZUVAGLIA, CINZIA	M3	5	TRITALY ASD	07:13:04.29	00:51:57.781	81	2m 44s/100m	04:17:57.503	03	20.93 Km/h	01:54:08.499	499	5m 26s/Km



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39	DAMATO, SIMONA	M2	9	ASD CNM TRIATHLON	07:14:35.75	00:45:18.744	2m 23s/100m	03:58:08.505	22.67 Km/h	02:23:41.485	6m 50s/Km
40	BAGGIO, GIORGIA ROBERTA	S2	3	CASTELFRANCO TRIATHL	07:17:16.53	00:29:36.58	1m 33s/100m	04:14:32.507	21.21 Km/h	02:24:15.788	6m 52s/Km
41	SCHININA', CINZIA	M1	11	ROAD RUNNERS	07:19:13.21	00:48:03.409	2m 31s/100m	04:08:24.505	21.73 Km/h	02:13:09.237	6m 20s/Km
42	FRANKFURTH, INGRID	M1	12	GER	07:22:56.37	00:38:42.200	2m 2.s/100m	04:17:12.702	20.99 Km/h	02:16:29.770	6m 29s/Km
43	SENDEN, MARINE	S2	4	FRA	07:25:19.49	00:38:58.351	2m 3.s/100m	04:16:26.100	21.05 Km/h	02:20:23.102	6m 41s/Km
44	FATTORI, CRISTINA	M2	10	SCGS BULLRING	07:34:25.40	00:49:58.550	2m 37s/100m	04:15:41.009	21.11 Km/h	02:20:28.303	6m 41s/Km
45	COMUNIAN, ELISA	S3	7	PADOVA TRIATHLON	07:41:00.92	00:46:37.207	2m 27s/100m	04:35:40.008	19.58 Km/h	02:12:06.226	6m 17s/Km
46	CHIARELLI, GIULIA	M1	13	PORTA SARAGOZZA BO	07:46:02.81	00:46:58.248	2m 28s/100m	04:24:56.306	20.38 Km/h	02:23:22.544	6m 49s/Km
47	SCHASCHINEK, REGINE	M4	2	GER	08:02:45.52	00:55:39.953	2m 55s/100m	04:31:07.907	19.91 Km/h	02:29:30.429	7m 7 s/Km
48	JOBARD SOMMER, CECILE	M1	14	FRA	08:08:28.05	00:38:15.523	2m 0.s/100m	04:43:15.509	19.06 Km/h	02:39:52.550	7m 36s/Km
49	CASTELLI, PAOLA STEFANIA	M1	15	ASD CNM TRIATHLON	08:12:49.69	00:35:57.976	1m 53s/100m	05:05:04.101	17.70 Km/h	02:24:04.407	6m 51s/Km
50	STENGHEL, ALESSANDRA	S3	8	ASD CNM TRIATHLON	08:23:09.17	00:40:23.456	2m 7.s/100m	05:06:15.103	17.63 Km/h	02:23:52.176	6m 51s/Km
51	BONOMI, CHIARA	M1	16	WOMAN TRIATHLON ITAL	09:07:53.25	00:38:15.924	2m 0.s/100m	04:56:25.700	18.21 Km/h	03:24:48.353	9m 45s/Km
52	MORONE, LAURA	S2	5	F.I.TRI.	09:25:36.34	00:52:41.582	2m 46s/100m	05:40:20.204	15.86 Km/h	02:42:52.781	7m 45s/Km
53	STRATA, MARGHERITA	M6	1	ELBAMAN TEAM	09:27:36.27	01:01:49.084	3m 15s/100m	05:06:06.482	17.64 Km/h	03:09:07.552	9m 0 s/Km
DNF	OVERBECK, WIEBKE	-	0	GER	DNF	00:34:33.050	--	03:37:56.50	--	-	-1 --
DNS	CARLIN, MONICA	-	0	FERSENTRI A.S.D.	DNS	-	-1 --	-	-1 --	-	-1 --
DNS	SCHILLACI, SABRINA	-	0	3 LIFE	DNS	-	-1 --	-	-1 --	-	-1 --
DNS	INNERHOFER, ANDREA	-	0	SSV BRUNECK TRIATHLO	DNS	-	-1 --	-	-1 --	-	-1 --
DNS	HUTTON, JOCELYN	-	0	AUS	DNS	-	-1 --	-	-1 --	-	-1 --
DNS	TEZZELE, MICHELA	-	0	F.I.TRI.	DNS	-	-1 --	-	-1 --	-	-1 --
DNS	LEUCARI, VALENTINA	-	0	CUS PROPATRIA MILANO	DNS	-	-1 --	-	-1 --	-	-1 --
DNS	GATELLI, CHIARA	-	0	FERALPI TRIATHLON	DNS	-	-1 --	-	-1 --	-	-1 --
DNS	MANTOVANI, ILARIA	-	0	DUEMMECORSE	DNS	-	-1 --	-	-1 --	-	-1 --
DNS	BRIZIARELLI, BARBARA	-	0	TRIATHLON TRASIMENO	DNS	-	-1 --	-	-1 --	-	-1 --