



Elbaman - Ironman Women
Campo nell'Elba (LI), 25/09/2016



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	ENGELKE-HORN, CAROLIN	M3	1	GER	11:42:44.90	01:06:52.99	99	1m 45s/100m	06:50:31.10	10	26.30 Km/h	03:37:27.90	90	5m 9 s/Km
2	TONETTI, EMANUELA SCILLA	M1	1	SAMVERGA TRI	12:39:45.93	01:21:52.98	98	2m 9.s/100m	07:01:50.50	50	25.60 Km/h	04:07:24.38	38	5m 51s/Km
3	POLI, FRANCESCA	S3	1	T3	12:46:12.02	01:06:45.33	33	1m 45s/100m	07:20:40.90	90	24.50 Km/h	04:11:52.98	98	5m 58s/Km
4	FONTANILLES, CATHERINE	M1	2	TRYLOGY	12:48:53.07	01:18:06.35	35	2m 3.s/100m	07:12:25.50	50	24.97 Km/h	04:06:51.24	24	5m 51s/Km
5	OTTRIA, MICHELA	M1	3	AIRONE TRIATHLON	12:49:28.73	01:34:45.32	26	2m 29s/100m	07:01:29.30	30	25.62 Km/h	04:01:12.33	33	5m 42s/Km
6	ANGIONI, MARIA	M1	4	A.S.D. TORINO TRIATH	13:00:59.64	01:31:31.52	24	2m 24s/100m	07:21:43.10	10	24.45 Km/h	03:56:37.72	72	5m 36s/Km
7	CONTARDI, FRANCESCA	M1	5	ELBAMAN TEAM	13:57:59.87	01:19:11.92	22	2m 5.s/100m	08:01:32.50	50	22.42 Km/h	04:25:24.57	57	6m 17s/Km
8	SCALA, MARIA ANTONIETTA	S3	2	WOMAN TRIATHLON ITAL	14:12:55.56	-	-1	--	-	-1	--	04:34:51.58	--	--
9	GARAU, LUISA	M1	6	TEAM BIKE GUSSAGO AS	14:27:55.61	01:30:40.09	22	2m 23s/100m	08:11:56.90	90	21.95 Km/h	04:35:56.39	39	6m 32s/Km
10	HARDMAN, JACKIE	M5	1	GBR	14:48:26.44	01:33:16.36	65	2m 27s/100m	08:07:23.40	40	22.15 Km/h	04:58:39.34	40	7m 4 s/Km
11	SGUAZZA, RAFFAELLA	M1	7	A TEAM	14:58:50.17	01:25:37.16	16	2m 15s/100m	08:17:23.50	00	21.71 Km/h	05:04:24.37	22	7m 12s/Km
12	DIETZ, ALEXANDRA	M1	8	GER	15:01:36.81	01:07:41.79	79	1m 46s/100m	08:37:51.30	10	20.85 Km/h	05:03:23.61	11	7m 11s/Km
13	KOHOUTKOVA, SARKA	M3	2	CZE	15:56:40.65	01:24:25.70	70	2m 13s/100m	08:45:00.90	04	20.57 Km/h	05:32:49.53	53	7m 53s/Km
14	LEONE, SIMONA	M1	9	ROAD RUNNERS	16:00:57.98	01:25:23.52	20	2m 14s/100m	08:42:16.30	03	20.67 Km/h	05:40:19.18	18	8m 3 s/Km
15	BONUS, KATHRIN	S4	1	GER	16:08:49.12	01:14:10.46	46	1m 57s/100m	08:46:47.50	05	20.50 Km/h	05:50:09.25	25	8m 17s/Km
16	GNUDI, CLAUDIA	M1	10	I.T.A.	16:29:56.09	01:31:13.99	33	2m 24s/100m	08:41:39.50	02	20.70 Km/h	06:01:39.96	96	8m 34s/Km
DNF	LOSURDO, PASQUALINA	-	0	TRIATHLON FAENZA	DNF	01:18:37.36	--	--	-	-1	--	-	-1	--
DNS	BIKOF, MANIA	-	0	GRE	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	VALENZANO, PAOLA	-	0	ELBAMAN TEAM	DNS	-	-1	--	-	-1	--	-	-1	--