



Triathlon Super Sprint di Tirrenia - SUPER SPRINT FEMMINILE

Tirrenia (PI), 20/10/2013



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	MENDITTO, MARTA	YA	1	SAI FRECCIE BIANCHE	00:38:41.90	00:07:31.08	28	1m 52s/100m	00:19:40.20	20	30.50 Km/h	00:10:16.40	40	4m 6 s/Km
2	JACCHERI, ELENA	M2	1	LA FENICE TRI	00:41:32.30	00:07:39.00	30	1m 54s/100m	00:22:06.40	40	27.14 Km/h	00:10:17.00	40	4m 6 s/Km
3	PARDI, ALESSIA	JU	1	LUCCA TRIATHLON ASD	00:42:06.40	00:07:45.80	36	1m 56s/100m	00:20:52.30	30	28.75 Km/h	00:12:10.30	30	4m 51s/Km
4	MOLENDI, CHIARA	S1	1	LUCCA TRIATHLON ASD	00:42:26.40	00:07:33.78	28	1m 53s/100m	00:21:01.40	40	28.54 Km/h	00:12:06.10	10	4m 50s/Km
5	VALDRIGHI, STEFANIA	S4	1	F.I.TRI.	00:42:31.80	00:07:51.26	26	1m 57s/100m	00:20:58.10	10	28.61 Km/h	00:11:35.30	30	4m 38s/Km
6	D'ANGELO, SERENA	YA	2	PHISIO SPORT LAB TRI	00:43:58.40	00:08:30.71	71	2m 7.s/100m	00:21:03.40	40	28.50 Km/h	00:12:29.20	20	4m 59s/Km
7	CAROLI, DANIELA	S4	2	LUCCA TRIATHLON ASD	00:56:50.20	00:11:29.90	90	2m 52s/100m	00:17:41.50	50	33.93 Km/h	00:24:56.10	10	9m 58s/Km
Sq.	FANCIULLACCI, FEDERICA	JU	0	LIVORNO TRIATHLON	00:34:28.90	00:06:33.50	50	1m 38s/100m	00:14:35.70	10	41.14 Km/h	00:11:41.10	10	4m 40s/Km