



Triathlon Promo, Kids e Youth di Vallecrosia - Giovani Femminile
Vallecrosia (IM), 23/09/2012



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	VOLPI, ELENA	CU	1	TRI TEAM BRIANZA	00:04:55.30	00:01:47	1	3m 34s/100m	00:03:03	1	39.34 Km/h	00:00:05	1	0m 10s/Km
2	PIERANGELI, ISABELLA	CU	2	FRIESIAN TEAM	00:05:37.00	00:01:50	2	3m 39s/100m	00:03:17	2	36.54 Km/h	00:00:30	3	1m 0 s/Km
3	PERTICATI, CHIARA	CU	3	FRIESIAN TEAM	00:05:50.40	00:02:00	6	4m 0.s/100m	00:03:20	3	36.0 Km/h	00:00:30	6	1m 0 s/Km
4	GRILLO, VERONICA	CU	4	A.S. VIRTUS	00:05:51.00	00:01:58	5	3m 55s/100m	00:03:24	4	35.29 Km/h	00:00:29	2	0m 57s/Km
5	GATTI, GIULIA ANDRE	CU	5	A.S.D. TORINO TRIATH	00:06:00.90	00:01:56	4	3m 52s/100m	00:03:34	5	33.64 Km/h	00:00:30	5	1m 0 s/Km
6	VACCHINI, MATILDE	CU	6	JCT VIGEVANO	00:06:32.70	00:01:54	3	3m 47s/100m	00:03:59	8	30.12 Km/h	00:00:39	12	1m 18s/Km
7	GIOGA', MARGHERITA	CU	7	ASD CNM TRIATHLON	00:06:39.60	00:02:14	8	4m 28s/100m	00:03:48	7	31.57 Km/h	00:00:37	10	1m 14s/Km
8	PASSERINI, ARIANNA	CU	8	ASD CNM TRIATHLON	00:06:44.60	00:02:07	7	4m 14s/100m	00:04:04	10	29.50 Km/h	00:00:33	8	1m 6 s/Km
9	DELAIDINI, ALICE	CU	9	FRIESIAN TEAM	00:06:45.30	00:02:31	13	5m 1.s/100m	00:03:36	6	33.33 Km/h	00:00:38	11	1m 15s/Km
10	MARZELLA, LUCREZIA	CU	10	PIANETA ACQUA	00:07:05.00	00:02:33	15	5m 5.s/100m	00:04:02	9	29.75 Km/h	00:00:30	4	1m 0 s/Km
11	TANONI, GIORGIA	CU	11	TRIATHLON CREMONA ST	00:07:05.60	00:02:25	12	4m 49s/100m	00:04:08	11	29.03 Km/h	00:00:32	7	1m 3 s/Km
12	SALI, FRANCESCA	CU	12	TRIATHLON CREMONA ST	00:07:08.10	00:02:20	10	4m 40s/100m	00:04:12	12	28.57 Km/h	00:00:36	9	1m 11s/Km
13	POZZI, ALICE	ES	1	FRIESIAN TEAM	00:09:11.10	00:02:32	14	5m 3.s/100m	00:05:02	13	23.84 Km/h	00:01:37	20	3m 14s/Km
14	CAPROTTI, SOFIA	ES	2	TRI TEAM BRIANZA	00:09:24.60	00:02:35	16	5m 10s/100m	00:05:16	14	22.78 Km/h	00:01:33	16	3m 6 s/Km
15	TURBIGLIO, BIANCA	ES	3	A.S.D. TORINO TRIATH	00:09:29.00	00:02:45	20	5m 30s/100m	00:05:21	15	22.42 Km/h	00:01:23	13	2m 46s/Km
16	MAFFIO, MARIAGIULIA	ES	4	ASD CNM TRIATHLON	00:09:37.80	00:02:19	9	4m 38s/100m	00:05:35	16	21.49 Km/h	00:01:43	24	3m 25s/Km
17	GATTI, LUDOVICA MAR	ES	5	A.S.D. TORINO TRIATH	00:09:45.30	00:02:36	17	5m 12s/100m	00:05:37	18	21.36 Km/h	00:01:32	15	3m 4 s/Km
18	GOTTARDI, SOFIA	ES	6	A.S. VIRTUS	00:09:51.20	00:02:22	11	4m 44s/100m	00:05:55	19	20.28 Km/h	00:01:34	17	3m 7 s/Km
19	VENTURA, ELISABETH	ES	7	A.S. VIRTUS	00:10:01.20	00:02:41	18	5m 21s/100m	00:05:37	17	21.36 Km/h	00:01:43	25	3m 25s/Km
20	BARUFFOLO, ELISA	ES	8	PIANETA ACQUA	00:10:30.00	00:02:49	21	5m 38s/100m	00:06:06	20	19.67 Km/h	00:01:35	18	3m 9 s/Km
21	GRILLO, VIRGINIA	ES	9	A.S. VIRTUS	00:10:38.50	00:02:42	19	5m 24s/100m	00:06:14	21	19.25 Km/h	00:01:42	22	3m 23s/Km
22	GERMANI, ELEONORA	ES	10	ASD CNM TRIATHLON	00:11:02.20	00:02:55	24	5m 49s/100m	00:06:20	22	18.94 Km/h	00:01:47	26	3m 34s/Km
23	LUINETTI, LAURA	ES	11	FRIESIAN TEAM	00:11:57.50	00:03:33	31	7m 5.s/100m	00:06:34	23	18.27 Km/h	00:01:50	28	3m 39s/Km
24	ROSSI, IRENE	ES	12	JCT VIGEVANO	00:12:05.60	00:03:45	37	7m 30s/100m	00:06:49	24	17.60 Km/h	00:01:31	14	3m 1 s/Km
25	D'ANTINO, FABIOLA	RA	1	TRIATHLON CREMONA ST	00:13:50.60	00:02:54	23	5m 47s/100m	00:09:21	26	12.83 Km/h	00:01:35	19	3m 9 s/Km
26	MISSAGLIA, CARLOTTA	RA	2	CUS PRO PATRIA SCOTT	00:14:09.50	00:02:57	25	5m 54s/100m	00:09:20	25	12.85 Km/h	00:01:52	29	3m 44s/Km
27	TACCONE, SILVIA	RA	3	FRIESIAN TEAM	00:14:52.20	00:03:19	26	6m 38s/100m	00:09:51	27	12.18 Km/h	00:01:42	23	3m 23s/Km
28	MARZELLA, AURORA LISA	RA	4	PIANETA ACQUA	00:14:57.60	00:02:52	22	5m 44s/100m	00:10:17	31	11.66 Km/h	00:01:48	27	3m 36s/Km
29	CHIODO, IRENE	RA	5	A.S. VIRTUS	00:15:05.50	00:03:24	29	6m 47s/100m	00:10:00	28	12.0 Km/h	00:01:41	21	3m 22s/Km
30	PITONZO, VERONICA	RA	6	ASD CNM TRIATHLON	00:15:42.10	00:03:35	32	7m 10s/100m	00:10:11	29	11.78 Km/h	00:01:56	32	3m 52s/Km
31	BONACINA, CARLOTTA	RA	7	CUS PRO PATRIA SCOTT	00:15:44.40	00:03:21	28	6m 42s/100m	00:10:28	32	11.46 Km/h	00:01:55	30	3m 50s/Km
32	SCALA, MARGHERITA	RA	8	ASD CNM TRIATHLON	00:16:08.80	00:03:36	33	7m 12s/100m	00:10:15	30	11.70 Km/h	00:02:17	36	4m 33s/Km
33	REVELLI, VERONICA	RA	9	RIVTRI92	00:16:23.60	00:03:40	35	7m 19s/100m	00:10:47	34	11.12 Km/h	00:01:56	31	3m 52s/Km
34	MANTOVANI, FEDERICA	RA	10	PIANETA ACQUA	00:16:26.10	00:03:20	27	6m 40s/100m	00:10:57	35	10.95 Km/h	00:02:09	34	4m 17s/Km
35	CANTU', GIORGIA	RA	11	ASD CNM TRIATHLON	00:16:30.50	00:03:43	36	7m 26s/100m	00:10:47	33	11.12 Km/h	00:02:00	33	4m 0 s/Km
36	VAGHI, VALERIA	RA	12	FRIESIAN TEAM	00:16:53.70	00:03:32	30	7m 3.s/100m	00:11:10	36	10.74 Km/h	00:02:11	35	4m 21s/Km
37	REDAELLI, SOPHIA	RA	13	TRIATHLON TEAM BRIANZA	00:18:47.10	00:03:38	34	7m 15s/100m	00:12:46	37	9.399 Km/h	00:02:23	37	4m 46s/Km
38	SFORZA, GIULIA	YB	1	ATLBELLINZAGO	00:25:29.40	00:03:46	38	7m 31s/100m	00:16:31	39	7.265 Km/h	00:05:12	39	10m 24s/Km



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39	CONTU, MANUELA	YA	1	VALLE D'AOSTA	00:26:20.80	00:04:31	45	9m 1.s/100m	00:16:49	43	7.135 Km/h	00:05:00	38	10m 0 s/Km
40	CONTU, ISABELLA	YB	2	VALLE D'AOSTA	00:26:22.80	00:04:17	43	8m 33s/100m	00:16:27	38	7.294 Km/h	00:05:38	40	11m 16s/Km
41	ZANLUNGO, CECILIA	YA	2	PIANETA ACQUA	00:26:24.80	00:03:54	39	7m 47s/100m	00:16:49	42	7.135 Km/h	00:05:41	41	11m 22s/Km
42	CASSINARI, CATERINA	YA	3	PIANETA ACQUA	00:27:21.70	00:04:14	40	8m 28s/100m	00:17:11	45	6.983 Km/h	00:05:56	43	11m 52s/Km
43	BARRERA, GIORGIA	YA	4	JCT VIGEVANO	00:27:31.80	00:04:16	42	8m 31s/100m	00:17:06	44	7.017 Km/h	00:06:09	44	12m 18s/Km
44	MASSANO, FRANCESCA	YB	3	A.S. VIRTUS	00:27:55.00	00:04:16	41	8m 31s/100m	00:17:14	46	6.963 Km/h	00:06:25	46	12m 50s/Km
45	DIANIN, NICOLE	YB	4	ATLBELLINZAGO	00:28:14.90	-	-1	--	-	-1	--	00:28:14	55	--
46	TAVERNA, BEATRICE	YA	5	FRIESIAN TEAM	00:28:18.80	00:04:46	48	9m 31s/100m	00:17:42	48	6.779 Km/h	00:05:50	42	11m 39s/Km
47	POLLICINI, SILVIA	YA	6	ASD CNM TRIATHLON	00:28:41.50	00:04:41	46	9m 22s/100m	00:16:48	41	7.142 Km/h	00:07:12	51	14m 24s/Km
48	GAMBARO, FEDERICA	YB	5	ATLBELLINZAGO	00:29:00.40	00:04:48	49	9m 35s/100m	00:17:42	47	6.779 Km/h	00:06:30	49	13m 0 s/Km
49	GALEAZZI, GIUDITTA	YB	6	A.S. VIRTUS	00:29:50.50	00:06:46	53	13m 31s/100m	00:16:47	40	7.149 Km/h	00:06:17	45	12m 33s/Km
50	INTROINI, EUGENIA	YA	7	JCT VIGEVANO	00:29:57.90	00:04:18	44	8m 35s/100m	00:19:10	50	6.260 Km/h	00:06:29	47	12m 58s/Km
51	GIANGOLINI, MARTINA	YB	7	FRIESIAN TEAM	00:29:58.20	00:04:43	47	9m 26s/100m	00:17:48	49	6.741 Km/h	00:07:27	52	14m 54s/Km
52	CAPOZUCCA, LARA	YA	8	RIVTRI92	00:32:19.00	00:04:56	50	9m 52s/100m	00:19:37	51	6.117 Km/h	00:07:46	53	15m 31s/Km
53	DE BONA, VALERIA	YA	9	VALLE D'AOSTA	00:35:47.50	00:05:33	51	11m 5.s/100m	00:23:06	54	5.194 Km/h	00:07:08	50	14m 16s/Km
54	BACCHELLA, JULIANA	YA	10	JCT VIGEVANO	00:35:56.60	00:06:39	52	13m 18s/100m	00:21:23	52	5.611 Km/h	00:07:54	54	15m 48s/Km
55	BACCHELLA, NORMA	YA	11	JCT VIGEVANO	00:37:18.40	00:08:25	54	16m 49s/100m	00:22:24	53	5.357 Km/h	00:06:29	48	12m 58s/Km
DNS	ACARNE, MATILDE	-	0	A.S. VIRTUS	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	BUSO, NORA	-	0	DORIA NUOTO LOANO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	VALLETTI, GIORGIA	-	0	ASD CNM TRIATHLON	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	ACARNE, MATILDE	-	0	A.S. VIRTUS	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	DI PRIMA, VALENTINA	-	0	A.S. VIRTUS	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	SANA, CHARLOTTE	-	0	CUS PRO PATRIA SCOTT	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	GRADIZZI, CHIARA	-	0	VALLE D'AOSTA	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	GENOVESE, CAMILLA	-	0	DDS	DNS	-	-1	--	-	-1	--	-	-1	--