



Triathlon Sprint Porto Sant'Elpidio - Femminile

Porto Sant'Elpidio (FM), 02/06/2016



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	FERLAZZO, FRANCESCA	S1	1	TTS	01:05:09.90	00:09:12.40	40	1m 13s/100m	00:35:14.70	70	34.05 Km/h	00:19:23.40	40	3m 52s/Km
2	CAMERA, TEODOLINDA	S1	2	A.S. VIRTUS	01:05:30.80	00:09:43.92	92	1m 17s/100m	00:35:27.50	50	33.85 Km/h	00:19:21.30	30	3m 52s/Km
3	SAARNIO, JANINA SUSANNA EMILI	S1	3	PADOVANUOTO FIDIA	01:06:15.30	00:10:17.70	70	1m 22s/100m	00:34:30.10	10	34.78 Km/h	00:20:12.90	30	4m 2 s/Km
4	FIORIN, GIULIA	S1	4	PADOVANUOTO FIDIA	01:07:23.40	00:09:38.50	50	1m 17s/100m	00:36:29.30	00	32.89 Km/h	00:19:55.90	90	3m 59s/Km
5	SCHIANCHI, FEDERICA	S1	5	CUS PROPATRIA MILANO	01:07:41.70	00:09:32.10	10	1m 16s/100m	00:35:59.30	30	33.34 Km/h	00:20:51.10	10	4m 10s/Km
6	GELMINI, LILLI	S1	6	T.D. RIMINI	01:08:29.70	00:09:13.22	22	1m 13s/100m	00:36:23.10	10	32.98 Km/h	00:21:38.00	04	4m 19s/Km
7	CARGNINO, SIMONA	S1	7	CUS TORINO TRIATHLON	01:09:15.50	00:12:00.53	38	1m 36s/100m	00:36:28.50	50	32.90 Km/h	00:19:15.30	30	3m 51s/Km
8	HERGUIDO SIFRE, YAZMINA	S4	1	CUS PARMA ASD	01:10:16.30	00:12:45.30	66	1m 42s/100m	00:34:52.50	50	34.41 Km/h	00:21:13.90	01	4m 14s/Km
9	TONTI, SILVIA	S1	8	A.S.MINERVA ROMA	01:10:20.10	00:09:28.33	33	1m 15s/100m	00:39:06.50	77	30.69 Km/h	00:20:25.90	90	4m 4 s/Km
10	MONACCHINI, ELISA	S1	9	DERMOVITAMINA B) SID	01:10:23.80	00:09:36.96	96	1m 16s/100m	00:38:23.10	04	31.26 Km/h	00:21:01.30	30	4m 12s/Km
11	SERAFINI, SILVIA	M2	1	POL. RICCIONE	01:10:54.60	00:11:57.01	17	1m 35s/100m	00:35:18.10	10	33.99 Km/h	00:22:04.50	77	4m 24s/Km
12	GRENTI, VERONICA	S1	10	CUS PARMA ASD	01:11:30.20	00:10:31.90	90	1m 24s/100m	00:38:04.30	01	31.52 Km/h	00:21:26.40	03	4m 17s/Km
13	ASCOLI, MANUELA	M1	1	A.S.MINERVA ROMA	01:11:49.60	00:10:58.13	12	1m 27s/100m	00:37:54.70	09	31.66 Km/h	00:21:22.30	02	4m 16s/Km
14	CAVARISCHIA, CATERINA	M2	2	OLIMPIA CAMERINO	01:12:09.30	00:11:27.30	65	1m 31s/100m	00:37:28.30	05	32.02 Km/h	00:20:30.10	10	4m 5 s/Km
15	TAPPATA', DENISE	S4	2	CIVITANOVA TRIATHLON	01:12:56.30	00:12:08.70	11	1m 37s/100m	00:37:15.50	04	32.21 Km/h	00:21:04.50	00	4m 12s/Km
16	MATTELICCHIO, SERENELLA	S3	1	CUS UDINE	01:14:06.90	00:12:44.50	55	1m 41s/100m	00:36:58.50	02	32.46 Km/h	00:22:33.10	08	4m 30s/Km
17	MANGIULLO, MARIA	JU	1	ASD NEST	01:14:40.90	00:11:24.23	34	1m 31s/100m	00:40:25.50	02	29.69 Km/h	00:21:41.50	05	4m 20s/Km
18	MANGIULLO, ANNA	JU	2	ASD NEST	01:14:48.80	00:10:20.90	90	1m 22s/100m	00:39:38.30	00	30.27 Km/h	00:23:17.20	11	4m 39s/Km
19	SOLDATI, LIVIA MARIA	S1	11	T.D. RIMINI	01:14:57.40	00:11:05.50	03	1m 28s/100m	00:38:14.10	02	31.38 Km/h	00:24:17.40	77	4m 51s/Km
20	PELAFIOCCHIE, MONIA	M2	3	PERUGIA TRIATHLON	01:15:01.20	00:12:33.52	24	1m 40s/100m	00:37:37.10	07	31.90 Km/h	00:22:48.40	09	4m 33s/Km
21	CICCARELLI, PAOLA	M1	2	AMA TRIATHLON	01:15:16.10	00:12:05.10	10	1m 36s/100m	00:37:14.90	03	32.22 Km/h	00:23:22.90	03	4m 40s/Km
22	TALLEVI, DOMITILLA	S1	12	ARIA SPORT	01:16:09.00	00:12:11.10	12	1m 37s/100m	00:39:36.10	08	30.30 Km/h	00:23:01.00	00	4m 36s/Km
23	SVETINA, DANA	M1	3	CUS PARMA ASD	01:16:16.70	00:14:37.10	65	1m 56s/100m	00:36:36.90	01	32.78 Km/h	00:23:18.00	02	4m 39s/Km
24	GIANNINI, LUISA	S4	3	ST MODA HAIR GALLERY	01:17:14.80	00:14:02.30	90	1m 52s/100m	00:38:20.30	03	31.30 Km/h	00:22:01.50	06	4m 24s/Km
25	MORI, ALESSANDRA	M1	4	CUS PARMA ASD	01:18:26.40	00:13:28.42	28	1m 47s/100m	00:39:05.10	06	30.70 Km/h	00:24:11.70	06	4m 50s/Km
26	VANNI, FEDERICA	S1	13	ARIA SPORT	01:18:29.10	00:10:38.41	11	1m 25s/100m	00:37:56.90	00	31.63 Km/h	00:28:23.10	07	5m 40s/Km
27	MAMMY, CLAUDIA	M1	5	SMR TRIATHLON	01:18:37.60	00:12:21.12	13	1m 38s/100m	00:38:53.10	05	30.86 Km/h	00:25:19.10	02	5m 3 s/Km
28	BATTISTI, MARTINA	S3	2	CINGOLANI TRIATHLON	01:18:38.40	00:11:56.20	66	1m 35s/100m	00:39:37.10	09	30.29 Km/h	00:24:56.20	00	4m 59s/Km
29	PENNA, SIMONA	M2	4	A.S.D. FOLIGNO TRIAT	01:19:57.20	00:14:04.23	11	1m 52s/100m	00:37:53.70	08	31.67 Km/h	00:25:07.30	01	5m 1 s/Km
30	PAVONI, BARBARA	M2	5	CIVITANOVA TRIATHLON	01:20:01.40	00:13:28.40	99	1m 47s/100m	00:40:24.50	01	29.70 Km/h	00:23:50.50	05	4m 46s/Km
31	FOGLINO, ENRICA	M3	1	AQUATICA TORINO S.D.	01:20:18.20	00:14:10.95	12	1m 53s/100m	00:37:31.40	06	31.98 Km/h	00:26:36.70	04	5m 19s/Km
32	SCHIAVONI, ORIETTA	M3	2	HAPPINESS GROUP	01:20:29.80	00:14:17.43	13	1m 54s/100m	00:34:14.10	10	35.05 Km/h	00:29:02.50	08	5m 48s/Km
33	ASSENTI, ALESSANDRA	S4	4	FLIPPER EIFFEL ASCOL	01:24:46.70	00:12:02.12	29	1m 36s/100m	00:42:00.50	03	28.57 Km/h	00:27:27.90	05	5m 29s/Km
34	VALDERRAMA ZAFRA, TERESA	M1	6	CUS PARMA ASD	01:26:22.10	00:15:00.53	27	2m 0.s/100m	00:43:47.20	08	27.40 Km/h	00:25:34.30	03	5m 6 s/Km
35	SARNARI, LARA	M2	6	AMA TRIATHLON	01:26:44.50	00:16:56.40	99	2m 15s/100m	00:42:30.30	04	28.23 Km/h	00:24:21.20	08	4m 52s/Km
36	DESIDERIO, LUCIA	S4	5	HAPPINESS GROUP	01:27:12.60	00:15:50.72	28	2m 6.s/100m	00:43:41.40	07	27.47 Km/h	00:24:42.50	09	4m 56s/Km
37	LANCIONI, PATRIZIA	S3	3	FLIPPER EIFFEL ASCOL	01:27:35.80	00:14:21.58	4	--	-	-1	--	01:13:13.30	01	--
38	PAOLI, LAURA	M2	7	PERUGIA TRIATHLON	01:27:45.20	00:17:28.31	11	2m 19s/100m	00:42:53.50	06	27.98 Km/h	00:23:34.10	04	4m 42s/Km



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39	GIAMPAOLINI, LETIZIA	M1	7	AMA TRIATHLON	01:33:04.80	00:16:58.480	2m 15s/100m	00:42:33.285	28.20 Km/h	00:30:29.400	6m 5 s/Km
40	GRIMA, MARTA	S2	1	FLIPPER EIFFEL ASCOL	01:33:36.80	00:14:51.336	1m 58s/100m	00:47:22.200	25.33 Km/h	00:27:31.586	5m 30s/Km
41	CAILOTTO, ANDREA	S1	14	CUS PADOVA A.S.D.	01:34:23.50	00:18:03.562	2m 24s/100m	00:44:22.189	27.04 Km/h	00:29:39.389	5m 55s/Km
DNF	GIANNONE, CAROLA	-	0	ASD NEST	DNF	00:13:13.787	--	-	-1	--	--
DNS	FUSCONI, SARA	-	0	SURFING TRI ROMAGNA	DNS	-	-1	--	-	-1	--
DNS	DI GIACOMO, NICOLETTA	-	0	CANOTRIATHLON	DNS	-	-1	--	-	-1	--
DNS	BIENATI, ANNALISA	-	0	BUSTO ARSIZIO A.R.C.	DNS	-	-1	--	-	-1	--
DNS	PELO, ANNALISA	-	0	A.S.MINERVA ROMA	DNS	-	-1	--	-	-1	--
DNS	DIAMANTI, ANTONELLA	-	0	A.S.MINERVA ROMA	DNS	-	-1	--	-	-1	--
DNS	DE MATTEIS, VIVIANA	-	0	CANOTTIERI NAPOLI	DNS	-	-1	--	-	-1	--
DNS	DE MATTEIS, ROSSELLA	-	0	CANOTTIERI NAPOLI	DNS	-	-1	--	-	-1	--
DNS	LOMBARDI, CHIARA	-	0	CANOTTIERI NAPOLI	DNS	-	-1	--	-	-1	--
DNS	SAETTA, FEDERICA M.	-	0	FLIPPER EIFFEL ASCOL	DNS	-	-1	--	-	-1	--
DNS	SALTARELLI, ALICE	-	0	PIACENZA TRI VIVO	DNS	-	-1	--	-	-1	--
DNS	ROSSELLA, DE MATTEIS	-	0	F.I.TRI.	DNS	-	-1	--	-	-1	--
DNS	FONTANA, MARTA	-	0	WOMAN TRIATHLON ITAL	DNS	-	-1	--	-	-1	--
DNS	ZACCARDI, SIMONA	-	0	T.D. RIMINI	DNS	-	-1	--	-	-1	--
DNS	PANDOLFI, FRANCESCA	-	0	CIVITANOVA TRIATHLON	DNS	-	-1	--	-	-1	--
DNS	FIorentini, SILVIA	-	0	ROAD RUNNERS	DNS	-	-1	--	-	-1	--