



Triathlon del Drago - Femminile

Terni (TR), 20/09/2015



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	BONIN, CHARLOTTE	S2	1	G.S. FIAMME AZZURRE	01:01:11.50	00:09:27	1	1m 15s/100m	00:31:50	1	37.69 Km/h	00:19:54	1	3m 58s/Km
2	PETRINI, ELENA MARIA	S1	1	G.S. FIAMME AZZURRE	01:03:01.40	00:09:28	3	1m 15s/100m	00:33:06	3	36.25 Km/h	00:20:27	3	4m 5 s/Km
3	FIORAVANTI, ILARIA	S1	2	A.S.MINERVA ROMA	01:03:44.80	00:10:30	6	1m 23s/100m	00:33:08	4	36.21 Km/h	00:20:06	2	4m 1 s/Km
4	POZZUOLI, MICHELA	JU	1	A.S.MINERVA ROMA	01:04:27.60	00:10:15	4	1m 22s/100m	00:33:22	7	35.96 Km/h	00:20:50	4	4m 10s/Km
5	DE QUARTO, VALERIA	JU	2	A.S.MINERVA ROMA	01:05:07.90	00:09:28	2	1m 15s/100m	00:33:05	2	36.27 Km/h	00:22:34	7	4m 30s/Km
6	FOSCHI, SARA	YB	1	A.S.MINERVA ROMA	01:06:31.20	00:10:30	5	1m 23s/100m	00:33:08	5	36.21 Km/h	00:22:53	10	4m 34s/Km
7	ONORATI, SOFIA	S1	3	OLIMPIA CAMERINO	01:08:16.90	00:10:39	7	1m 25s/100m	00:35:24	8	33.89 Km/h	00:22:13	6	4m 26s/Km
8	ARPINELLI, LAVINIA	JU	3	A.S.MINERVA ROMA	01:09:05.60	00:11:03	8	1m 28s/100m	00:35:51	10	33.47 Km/h	00:22:11	5	4m 26s/Km
9	ASCOLI, MANUELA	M1	1	A.S.MINERVA ROMA	01:11:32.60	00:11:13	9	1m 29s/100m	00:35:47	9	33.53 Km/h	00:24:32	12	4m 54s/Km
10	SCASSINI, ILARIA	S4	1	PERUGIA TRIATHLON	01:12:34.80	00:11:48	10	1m 34s/100m	00:37:53	12	31.67 Km/h	00:22:53	9	4m 34s/Km
11	LUCCHETTI, SILVIA	S3	1	FORHANS TEAM	01:16:26.50	00:15:03	14	2m 0.s/100m	00:37:24	11	32.08 Km/h	00:23:59	11	4m 47s/Km
12	OSTILI, PAOLA	M1	2	F.I.TRI.	01:18:40.40	00:15:54	16	2m 7.s/100m	00:40:10	20	29.87 Km/h	00:22:36	8	4m 31s/Km
13	PELO, ANNALISA	S3	2	A.S.MINERVA ROMA	01:18:42.80	00:13:09	11	1m 45s/100m	00:38:50	15	30.90 Km/h	00:26:43	13	5m 20s/Km
14	MANCINI, PAMELA	S4	2	A.S. G.S. TRIATHLON	01:19:49.00	00:14:11	13	1m 53s/100m	00:38:50	16	30.90 Km/h	00:26:48	14	5m 21s/Km
15	DIAMANTI, ANTONELLA	M1	3	A.S.MINERVA ROMA	01:19:58.20	00:14:10	12	1m 53s/100m	00:38:51	17	30.88 Km/h	00:26:57	15	5m 23s/Km
16	SEVERINI, SARITA	M2	1	TRIATHLON TRASIMENO	01:24:22.60	00:18:53	19	2m 31s/100m	00:38:04	14	31.52 Km/h	00:27:25	16	5m 29s/Km
17	PENNA, SIMONA	M1	4	F.I.TRI.	01:25:28.40	00:18:52	18	2m 30s/100m	00:38:03	13	31.53 Km/h	00:28:33	19	5m 42s/Km
18	PAVONI, BARBARA	M2	2	CIVITANOVA TRIATHLON	01:27:11.80	00:15:44	15	2m 5.s/100m	00:41:50	23	28.68 Km/h	00:29:37	20	5m 55s/Km
19	PERRONE, CHIARA	S3	3	PERUGIA TRIATHLON	01:27:58.70	00:21:24	23	2m 51s/100m	00:38:55	18	30.83 Km/h	00:27:39	17	5m 31s/Km
20	ANGELELLI, CLAUDIA	M2	3	TERNI TRIATHLON	01:28:04.80	00:24:31	25	3m 16s/100m	00:33:15	6	36.09 Km/h	00:30:18	21	6m 3 s/Km
21	SARNARI, LARA	M1	5	CIVITANOVA TRIATHLON	01:28:11.70	00:20:42	22	2m 45s/100m	00:39:39	19	30.26 Km/h	00:27:50	18	5m 33s/Km
22	MARUCCI, ANTONIA	M4	1	ASD IL DELFINO SPOLE	01:30:33.20	00:17:17	17	2m 18s/100m	00:41:54	24	28.63 Km/h	00:31:22	22	6m 16s/Km
23	LIPPA, ALESSANDRA	M3	1	PODISTICA SOLIDARIET	01:31:17.50	00:18:55	20	2m 31s/100m	00:40:59	22	29.28 Km/h	00:31:23	23	6m 16s/Km
24	GIAMPAOLINI, LETIZIA	M1	6	CIVITANOVA TRIATHLON	01:35:00.80	00:19:05	21	2m 32s/100m	00:40:52	21	29.36 Km/h	00:35:03	24	7m 0 s/Km
25	VITALONI, RAFAELLA	M1	7	F.I.TRI.	01:48:31.90	00:22:31	24	3m 0.s/100m	00:48:50	25	24.57 Km/h	00:37:10	25	7m 26s/Km
DNS	DI COSIMO, ANNA	-	0	A.S.MINERVA ROMA	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	MORELLO, CLAUDIA	-	0	F.I.TRI.	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	ROSSI, GIOVANNA	-	0	CUS PROPATRIA MILANO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CICCARELLI, PAOLA	-	0	CIVITANOVA TRIATHLON	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	GOZZI, DIANA	-	0	G.S. FF.OO.	DNS	-	-1	--	-	-1	--	-	-1	--